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## **Rapid HTA report**

# **Implantable cardiac resynchronization therapy and defibrillator (CRT-D) in patient with heart failure**

**July 2014**



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Authors, Clinical expert and External Reviewers declare that they do not receive benefits or harms from the publication of this report. None of the authors have or have held shares, consultancies or personal relationships with any of the producers of the devices assessed in this document.

Dr. Luigi Padeletti declares to have participated as a member of the Steering Committee for researches on Respond trial, Dasap trial, Minerva trial and Curva Trial sponsored by Sorin, Medtronic, Boston and Curva. Dr. Luigi Padeletti declares that manufacturers (Sorin, MedTronic, Biotronic, Boston, Curva and S/M) have contributed to his travel expenses and his congressional expenses.

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## Sommario

In Italia, le malattie cardiovascolari sono una delle principali cause di mortalità, morbilità e disabilità. Tra tutte le malattie cardiovascolari, un ruolo importante è rappresentato dallo scompenso cardiaco (HF). In Italia ci sono circa 600.000 persone affette da HF (dopo i 65 anni la prevalenza si avvicina al 10%) e si stima il raddoppio della frequenza di questa patologia ogni dieci anni. Dal punto di vista clinico la limitata riserva cardiaca dei pazienti affetti da HF è dipendente dalla contrazione atriale, dalla sincronizzazione della contrazione del ventricolo sinistro e da un'anormale interazione tra il ventricolo destro e sinistro. Gli obiettivi del trattamento in pazienti con HF sono alleviare i sintomi e i segni (ad esempio l'edema), evitare il ricovero ospedaliero e migliorare la sopravvivenza. I pazienti ancora sintomatici in terapia medica ottimale sono quelli candidati al trattamento con device per la terapia di resincronizzazione (CRT-P). Alcuni pazienti con problemi di aritmia ventricolare possono invece necessitare del trattamento di defibrillazione. Nel presente report abbiamo confrontato gli effetti, ovvero: efficacia, effetti collaterali e la costo-efficacia del defibrillatore tricamerale (CRT-D), che combina entrambe le predette terapie, rispetto alla terapia con il solo dispositivo di risincronizzazione (CRT-P) o defibrillatore (ICD) nei pazienti con insufficienza cardiaca (QRS > 120 msec e bassa frazione di eiezione - EF). La ricerca in letteratura ha prodotto 1116 titoli che includono 8 revisioni sistematiche e 34 studi primari. Nel nostro studio abbiamo privilegiato l'analisi delle revisioni sistematiche più recenti e che coinvolgono popolazioni molto grandi di pazienti, la cui qualità metodologica è stata giudicata elevata utilizzando lo strumento AMSTAR. I pazienti con maggiore probabilità di trarre beneficio dall'impianto del CRT-D sono quelli con insufficienza cardiaca lieve o moderata. Lo studio di Chen et al ha esaminato i principali studi comparativi del CRT-D rispetto all'ICD indagando gli aspetti sopra descritti attraverso un'analisi effettuata per sottogruppi in base alla classe NYHA (New York Heart Association), alla durata del follow-up e alla progettazione dello studio. Seguendo questo approccio, lo studio di Chen et al mostra una significativa superiorità del CRT-D sull'ICD nel ridurre i ricoveri per insufficienza cardiaca e nel miglioramento della classe funzionale in tutti i sottogruppi. Ulteriori evidenze recenti mostrano l'efficacia del CRT-D nel blocco di branca, ma non analizzano gli altri disturbi della conduzione. Al momento non esiste una chiara evidenza circa l'efficacia della CRT-D nei pazienti con fibrillazione atriale (AF) o per quelli con QRS quasi normali. Tra i possibili rischi associati all'impianto e all'uso del dispositivo, gli studi MADIT-CRT e RAFT mostrano una maggiore incidenza di complicanze

procedurali come pneumotorace, infezioni, ematoma della tasca e problemi connessi al catetere nel gruppo dei pazienti con CRT-D rispetto a quelli con ICD. Chen et al, nello studio citato, registrano un aumento significativo nella dislocazione dei cateteri e nella dissezione del seno coronarico. Sebbene queste complicazioni non siano state fatali, tuttavia hanno determinato un aumento della durata della degenza, diminuendo, quindi, la qualità della vita. Le nostre osservazioni preliminari non sono dissimili da quelle del comitato di valutazione del NICE (June 2014) contenute nel recente documento preliminare di orientamento "Implantable cardioverter defibrillators and cardiac resynchronisation therapy for arrhythmias and heart failure" (review TA95 e TA120).

## Sintesi

In Italia, le malattie cardiovascolari sono una delle principali cause di mortalità, morbilità e disabilità. Tra tutte le malattie cardiovascolari, un ruolo importante è rappresentato dallo scompenso cardiaco (HF). La prevalenza di tale patologia in Italia è di circa 600.000 persone (dopo i 65 anni la prevalenza si avvicina al 10%), con un'incidenza destinata a raddoppiarsi ogni dieci anni. Il sesso femminile, tradizionalmente sottorappresentato negli studi clinici cardiovascolari, rappresenta circa il 40-50% dei pazienti ospedalizzati per HF.

Dal punto di vista clinico la limitata riserva cardiaca dei pazienti affetti da HF è dipendente dalla contrazione atriale, dalla sincronizzazione della contrazione dei ventricoli, e da un'anormale interazione tra il ventricolo destro e sinistro. Gli obiettivi del trattamento in pazienti con HF sono di alleviare i sintomi e i segni (ad esempio dispnea, congestione), evitare il ricovero ospedaliero, e migliorarne la sopravvivenza. L'inibizione dell'attivazione neuro-ormonale (renin-angiotensin-aldosterone system [RAAS] e del sistema nervoso simpatico) mediante ACEI/ARB, beta-bloccanti e antagonisti dell'aldosterone, conferisce un beneficio sulla sopravvivenza a lungo termine. I pazienti ancora sintomatici in terapia medica ottimale e con evidenza elettrocardiografica di disturbi della conduzione intraventricolare ( $QRS > 120$  ms) possono essere candidati a terapia di resincronizzazione cardiaca (CRT-P). Tale terapia ha dimostrato, in diversi trials clinici e metanalisi, di migliorare la prognosi complessiva del paziente con HF (riduzione della mortalità, miglioramento della classe funzionale e della qualità di vita, miglioramento della tolleranza allo sforzo) attraverso anche un miglioramento funzionale a livello cardiaco con riduzione delle volumetrie ventricolari (rimodellamento inverso) ed incremento della frazione di eiezione (EF). La terapia elettrica con defibrillatore (ICD) non migliora la funzione cardiaca, ma ha invece lo scopo di prevenire la morte aritmica in questi pazienti.

Nel presente report abbiamo confrontato gli effetti, ovvero: efficacia, effetti collaterali e la costo-efficacia del defibrillatore tricamerale (resincronizzazione+defibrillatore [CRT-D]) rispetto alla terapia con solo dispositivo di terapia di resincronizzazione (CRT-P) o defibrillatore (ICD), nei pazienti con insufficienza cardiaca:  $QRS > 120$  msec e ridotta frazione di eiezione ( $EF \leq 35\%$ ).

La ricerca in letteratura ha prodotto 1116 titoli che includono 8 revisioni sistematiche e 34 studi primari. Nel nostro studio abbiamo privilegiato l'analisi delle revisioni sistematiche più recenti, che hanno coinvolto popolazioni molto grandi di pazienti, la cui qualità metodologica è stata giudicata elevata utilizzando lo strumento AMSTAR. Da questi studi si evince che, nonostante l'avanzamento della terapia farmacologica, la prognosi dei pazienti con insufficienza cardiaca non

è migliorata molto. L'evidenza, inoltre, mostra che, in questi pazienti, l'ICD riduce la mortalità secondaria a morte improvvisa da fibrillazione ventricolare, senza tuttavia alcuna influenza sulla mortalità e/o riospedalizzazione per insufficienza cardiaca, non avendo alcun impatto sulla funzione ventricolare.

D'altro canto, il CRT-P, associato ad una terapia farmacologica ottimale, ha dimostrato di poter migliorare in modo significativo gli outcomes associati al miglioramento della funzione ventricolare, in quei pazienti con insufficienza cardiaca nei quali la contrazione cardiaca non è sincrona.

Pertanto, poiché i potenziali candidati a CRT sono tipicamente anche candidati ad ICD, a causa della depressa funzione ventricolare sinistra, ragionevolmente l'ipotesi di combinare le funzioni di CRT-P e ICD in un unico device (CRT-D) dovrebbe significativamente migliorare la prognosi nei pazienti scompensati (MADIT investigators 2006), considerato che, per quanto ridotto, può ancora persistere un rischio di morte improvvisa nei pazienti che ricevono la CRT-P.

Tuttavia, le attuali linee guida disponibili sono in gran parte silenti sul confronto, in termini di efficacia, e sull'indicazione ad utilizzare un semplice dispositivo CRT-P piuttosto che un dispositivo CRT più ICD (CRT-D).

Lo studio RAFT, nel lungo periodo di follow-up dei pazienti in cui è stato impiantato il CRT-D, ha mostrato una significativa riduzione di mortalità, morbilità e ospedalizzazione; anche se tali risultati venivano osservati solo nei pazienti con follow-up più lungo, introducendo un ulteriore bias. Al fine di superare queste limitazioni, in una recente metanalisi Chen ha esaminato i principali studi di confronto tra CRT-D versus ICD, attraverso un'analisi effettuata per sottogruppi in base alla classe NYHA, alla durata del follow-up e alla progettazione dello studio [Chen2013]. Si è così osservata una significativa superiorità del CRT-D sull'ICD nel ridurre i ricoveri per insufficienza cardiaca e nel miglioramento della classe funzionale in tutti i sottogruppi.

La recente metanalisi di Siphai mostra l'efficacia del CRT-D nei pazienti con blocco di branca, ma non analizza altri disturbi della conduzione [Siphai 2012]. Stavrakis segnala una maggiore efficacia della CRT-D nei pazienti con  $QRS \geq 150$  [Stavrakis 2012]. Il vantaggio numerico conferito dal CRT-D vs CRT-P, in termini di minor numero di morti improvvise, era però ampiamente compensato dal numero di pazienti morti per insufficienza della capacità della pompa, i quali sono anche più numerosi, e nei quali il CRT-D in realtà ha mostrato un trend peggiore (non significativo) rispetto al CRT-P. Tuttavia, il numero esiguo di eventi è tale da non consentire di raggiungere una conclusione definitiva rispetto alla superiorità di un dispositivo sull'altro.

Per quanto riguarda i grandi trials clinici randomizzati, soltanto il COMPANION ha direttamente confrontato gli esiti clinici dei pazienti randomizzati al CRT-P vs CRT-D; e nessuna chiara

superiorità del CRT-D è emersa in maniera inequivocabile. I dati di COMPANION tuttavia, per quanto interessanti, non possono essere considerati definitivi, poiché: a) basati su di un gruppo relativamente piccolo di pazienti; b) la decisione di procedere con l'impianto del CRT-P si è basata esclusivamente su criteri ECG relativamente ampi (durata QRS>120 msec), che tendeva quindi ad includere anche pazienti che possono essere considerati meno sensibili alle CRT, diluendo così possibili benefici del solo CRT-P; c) la terapia medica ottimale si riferisce al 2000, quando lo studio è stato progettato, e quindi non può più essere considerato lo stato dell'arte.

Per quanto riguarda le complicanze, gli studi MADIT-CRT e RAFT hanno mostrato una maggiore incidenza di complicanze procedurali (pneumotorace, infezioni, ematoma della tasca, problemi di funzionamento del catetere) nel gruppo CRT-D rispetto all'ICD. Nella stessa metanalisi di Chen et al, è riportato un aumento significativo della dislocazione dei cateteri e della dissezione del seno coronarico. Anche se queste complicazioni non sono state fatali hanno tuttavia prolungato la durata della degenza, interferendo negativamente sulla qualità della vita. Dato che questi risultati sono stati estrapolati da gruppi di pazienti con età media inferiore a quella che si riscontra nella normale pratica clinica, la maggiore incidenza di complicanze procedurali deve essere ben considerata in pazienti di età avanzata prima di decidere in favore del CRT-D.

Pertanto, le prove a sostegno della preferenza di un CRT-D piuttosto che CRT-P sono scarse e la prescrizione di un tipo di dispositivo piuttosto che l'altro, è spesso dettata da motivazioni geografiche, economiche o di altri fattori, piuttosto che da una solida guida evidence-based. [Exner DV 2012].

Le nostre osservazioni preliminari non sono dissimili da quelle del comitato di valutazione del NICE contenute nel recente documento preliminare di orientamento [NICE 2014], che raccomanda l'impianto di defibrillatori, di resincronizzazione cardiaca (CRT) con defibrillatore (CRT-D) o con stimolazione (CRT-P) come opzioni di trattamento per le persone con HF, che hanno disfunzione ventricolare sinistra con una LVEF del 35% o meno [NICE 2014].

Dalla nostra analisi di contesto risulta che, ad oggi, in Italia sono commercializzati 73 modelli dai cinque produttori di CRT-D. Riguardo ai consumi, nelle regioni a più basso indice demografico (Val D'Aosta, Molise, Basilicata) si registra il più alto rapporto tra volume di consumo dei dispositivi in esame e numero di abitanti.

## Abstract

In Italy, cardiovascular disease is a leading cause of mortality, morbidity, and disability. Among all cardiovascular diseases, a prominent role is played by heart failure (HF), with 600,000 people suffering from heart failure. It is estimated that the frequency of this condition will double with each decade of age. The limited cardiac reserve of HF patients is also critically dependent on atrial contraction, synchronized contraction of the left ventricle, and a normal interaction between the right and left ventricles. The goals of treatment in patients with established HF are to relieve symptoms and signs (e.g. oedema), prevent hospital admissions, and improve survival. Patients still symptomatic on optimal medical therapy should be considered for electrical device (cardiac resynchronization therapy – CRT-P). Some individuals with a history of arrhythmia may also benefit from defibrillation to prevent sudden death.

We reviewed the evidence on effectiveness, harms and cost effectiveness of intra cardiac defibrillators with resynchronising devices (CRT-D) compared to each intervention alone (ICD, CRT-P) in people with heart failure (QRS >120 msec and low EF). We identified 1,116 titles and included 8 systematic reviews and 34 primary studies. We privileged evidence from recent large systematic reviews whose methodological quality was high according to the AMSTAR instrument.

Despite the development of drug therapy, prognosis of patients with HF has not improved much. Those more likely to benefit from CRT-D insertion are those with mild to moderate heart failure. The individual patient meta-analysis by Chen et al considered the major studies comparing CRT-D versus ICD and investigated these series through analysis conducted for subgroups according to NYHA class, duration of follow-up, and design of the study. The study by Chen et al shows a significant superiority of CRT-D on ICD in reducing hospitalizations for heart failure and improvement in functional class in all subgroups. Additional recent evidence shows efficacy of CRT-D in bundle branch block but not in the other conduction disturbances. At present there is no clear evidence about the effectiveness of CRT-D in patients with atrial fibrillation (AF) or for those with near normal QRS. The MADIT-CRT and RAFT studies show a higher incidence of procedural complications such as pneumothorax, device-related infections, pocket hematoma, catheter problems in the CRT-D group than in the ICD. Chen et al report the significant increase in the dislocation of catheters and dissection of the coronary sinus. Although these complications have not been fatal, they have increased the duration of hospitalization and decreased the quality of life. Our preliminary observations are not dissimilar from those made by the NICE appraisal committee in its recent preliminary guidance document "Implantable cardioverter defibrillators and cardiac resynchronisation therapy for arrhythmias and heart failure" (review TA95 e TA 120, June 2014).. Best evidence suggests that CRT-D is not dominant compared to

CRT-P. The most recent studies comparing ICD with CRT-D come to different conclusions, possibly because of the less serious type of patients included in the studies.

# 1. Technology and current treatments

## 1.1 Clinical problem

In Italy, cardiovascular disease is a leading cause of mortality, morbidity, and disability. In 2003 there were 588,897 deaths from all cardiovascular disease, of which 82,059 (34%) due to ischemic heart disease [<http://www.istat.it/sanita/health>, [http://www.salute.gov.it/portale/salute/p1\\_5.jsp?lingua=italiano&id=43&area=Malattie\\_cardiovascolari](http://www.salute.gov.it/portale/salute/p1_5.jsp?lingua=italiano&id=43&area=Malattie_cardiovascolari)].

Hypertension, hypercholesterolemia, diabetes, and obesity are the main factors that influence the risk of having cardiovascular disease [Perk 2012].

Among all cardiovascular diseases, a prominent role is played by heart failure (HF); this is a chronic, progressive condition in which the heart muscle is unable to pump enough blood to meet the body's needs for blood and oxygen. It is caused by structural or functional abnormalities of the heart [Braunwald 2013]. The syndrome of HF is a global public health problem, affecting an estimated 26 million people worldwide, with a prevalence of 5.7 million patients in the United States [Ambrosy 2015, Go 2013], and an additional 15 million patients in the European Countries [McMurray 2012].

In Italy there are about 600,000 people suffering from HF. It is estimated that the frequency of this condition will double with each decade of age (after 65 years prevalence approaches 10%). Patients with HF tend to have a poor prognosis, the 5-year mortality being approximately 50%-worse than that of many cancers [Askoxyllakis 2010] and poor quality of life, because of a high degree of functional impairment and disability and of need of frequent hospitalizations. Indeed, in our country, HF is the leading cause of hospital admissions, and a major driver of health-related expenditure [Ambrosy 2014, Go 2013]. For all these various aspects, HF is considered a public health problem of enormous importance [Ambrosy 2014].

From a clinical point of view, we now recognize 2 distinct forms of heart failure: a) HF with reduced ejection fraction (HFrEF), which is characterized by an enlargement of left ventricle and a substantially depressed systolic contractile function; and, b) HF with preserved ejection fraction (HFpEF), in which instead left ventricular geometry and systolic function are largely preserved, whereas impaired diastolic relaxation of LV plays a major role [Braunwald 2013]. Interestingly, in spite of such apparently discrepant characteristics, both conditions share a similar (and gloomy)

prognosis; risk factors also tend to be similar, although differences can be found with respect to specific prevalence of each.

Cardiac and noncardiac comorbidities are extremely prevalent among HF patients [Braunwald 2013]. About 30-40% of HF cases develop after a myocardial infarction, frequently resulting in systolic dysfunction. A history of hypertension and atrial fibrillation could be found approximately in 70% and 40%, respectively, of patients hospitalized for HF, and the prevalence of these comorbidities is even higher in HFpEF, where they directly contribute to diastolic dysfunction and impaired ventricular filling. Similarly, noncardiac comorbidities including diabetes mellitus, anemia, chronic kidney disease and chronic obstructive pulmonary disease may be found in over one-third of HF patients, thus influencing the pathophysiological progression of HF and limiting initiation and/or titration of drug and diuretic therapy [Ambrosy 2014].

In contrast to HFrEF, HF with preserved EF (HFpEF) is poorly characterized as a clinical entity, although it seems to have a different epidemiological and aetiological profile from HFrEF [Lam 2011]. Patients with HFpEF tend to be older and more often female and obese compared to HFrEF. Furthermore, they are less likely to have Coronary Artery Disease (CAD) and more likely to have hypertension and atrial fibrillation (AF) [Brouwers 2013].

## **1.2 Epidemiological data**

The epidemiology of HF has changed considerably over the last two decades, as a consequence of the progressive increase in life expectancy of the general population and of the reduction of early mortality from myocardial infarction. This is particularly important for its impact on social and direct costs on the health system. In fact, incidence and prevalence of HF increase dramatically with age, reaching, respectively, 15/1000 and approximately 10/100 inhabitants after age of 80 years, with a mean age of patients admitted with a primary diagnosis of HF typically ranging from 70 to 75 years [Ambrosy 2014].

Incidence of HF is estimated about 670,000 new cases/year [Go 2013]. About 1-2% of all hospitalizations are HF Hospitalizations (HFH), representing as already mentioned the leading cause of hospitalization for a disease condition both in the United States and Europe [Zannad 2009].

Variations in age exist across different Countries, with older patients being more represented in the major North American registries as opposed to patients enrolled in countries with developing economies [Atherton 2012]. This observation is likely explained by differences in the prevalence of underlying risk factors.

A peculiar case is represented by women. Female patients have traditionally been underrepresented in cardiovascular clinical trials [Franconi 2011, Hsich 2009]; however, available administrative data suggest that approximately 40-50% of patients hospitalized for HF are female [Ambrosy 2014]. Female patients with HF tend to be older at the time of initial diagnosis and are more likely to suffer from HF with preserved ejection fraction (HFpEF) [Galvao 2006]. After adjusting for differences in baseline characteristics, women have comparable outcomes to men. The most common etiology of HF in Western countries is represented by CAD, whereas HF secondary to uncontrolled hypertension, valvular pathology and congenital heart disease are likely to be more common in the developing world [Braunwald 2013, Ambrosy 2014, Gheorghide 2006].

Depending on which EF cut-off is chosen to dichotomize normality (i.e. 40% to 45%), and the population under consideration, at least half of patients with HF can be classified as having a reduced EF (i.e. HFrEF). HFrEF is the best understood type of HF in terms of pathophysiology and treatment [Braunwald 2013]. However, the true epidemiologic breakdown of HF patients by EF is unknown, since hospital-based registries conducted to date have not routinely measured EF during index admission.

### **1.3 Treatments and clinical pathways**

Two key neurohormonal systems activated in HF are the renin–angiotensin–aldosterone system and sympathetic nervous system. While being initially compensatory of acute HF changes, over time they end up causing further myocardial injury, as these systemic responses have detrimental effects on blood vessels, kidneys, muscles, bone marrow, lungs and liver. Therefore, a pathophysiological ‘vicious cycle’ develops, accounting for many of the clinical features of the HF syndrome. Blocking these two key processes is the basis of modern effective treatment of HF [Zuchi 2010].

The limited cardiac reserve of HF patients is also critically dependent on atrial contraction, synchronized contraction of the left ventricle and a normal interaction between the right and left ventricles. Intercurrent events affecting any of these [e.g. development of AF, or of conduction abnormalities, such as left bundle branch block (LBBB)], or imposing an additional haemodynamic load on the failing heart (e.g. anaemia), can lead to acute decompensation and failure.

The goals of treatment in patients with established HF are to relieve symptoms and signs (e.g. oedema), prevent hospital admission and improve survival [Mcmurray 2012].

Reductions in mortality and hospital admission rates both reflect the ability of effective treatments to slow or prevent progressive worsening of HF. This is often accompanied by reverse LV remodelling and a reduction in circulating natriuretic peptide concentrations [Masson 2008].

Despite recent developments in evidence-based drug and device therapy for ambulatory HF patients with reduced EF, there have been few advances in the management of hospitalized HF patients, for whom treatment still being intravenous diuretics and/or vasodilators [Vaduganathan 2013].

Medical therapy for HF patients, the majority of whom presenting with normal perfusion and evidence of congestion, focuses on the following goals:

- Preload and afterload reduction for symptomatic relief using vasodilators (nitrates, hydralazine, nifedipine, nesiritide, ACEI/ARB) and diuretics.
- Inhibition of deleterious neurohormonal activation (renin-angiotensin-aldosterone system [RAAS], and sympathetic nervous system) using ACEI/ARB, beta-blockers and aldosterone antagonists, resulting in long-term survival benefit.

Preload reduction results in decreased pulmonary capillary hydrostatic pressure and reduction of fluid transudation into the pulmonary interstitium and alveoli. Preload and afterload reduction provide symptomatic relief. Inhibition of the RAAS and sympathetic nervous system produces vasodilation, thereby increasing cardiac output and decreasing myocardial oxygen demand. Besides reducing symptoms, inhibition of the RAAS and neurohormonal factors also results in significant reductions in morbidity and mortality rates, as they counteract major mechanisms of perpetuation and aggravation of the vicious cycle; over time, this will may lead to regression of geometrical alterations of left ventricle (i.e. "reverse remodelling" and improvement of ejection fraction [Mcmurray 2012]. Diuretics are effective in preload reduction by increasing urinary sodium excretion and decreasing fluid retention, with improvement in cardiac function, symptoms, and exercise tolerance [Mcmurray 2012].

Once congestion is minimized, a combination of 3 types of drugs (a diuretic, an ACEI or an ARB, and a beta-blocker) is recommended in the routine management of most patients with HF [Mcmurray 2012]. This combination can accomplish all of the above goals. ACEIs/ARBs and beta-blockers are generally used together. Beta-blockers are started once euvolemic status has been achieved and gradually up titrated.

If there is evidence of organ hypoperfusion, use of inotropic therapies and/or mechanical circulatory support (i.e. intra-aortic balloon pump, extracorporeal membrane oxygenator [ECMO], left ventricular assist device [LVAD]) and continuous hemodynamic monitoring are indicated. If arrhythmia is present and if uncontrolled ventricular response is thought to contribute to the clinical scenario of acute HF, either pharmacologic rate control or emergent cardioversion with restoration of sinus rhythm is recommended [Mcmurray 2012].

Patients still symptomatic on optimal medical therapy should be considered for electrical device (cardiac resynchronization therapy) or LVAD. In particular, as evidenced by the Euro cardiac

resynchronization therapy survey [Committee TCSS 2009], 41% of HF patients with LVEF  $\leq$ 35% also had a QRS duration  $\geq$ 120 ms, reflecting possible dissynchrony of cardiac contraction. Of these, 7% had RBBB, 34% had LBBB or other intraventricular conduction delay (IVCD) and 17% had QRS  $\geq$ 150 ms. As evidenced by numerous large, well-controlled clinical trials, patients with clinical evidence of cardiac dyssynchrony who are refractory to optimal medical therapy, may benefit from cardiac resynchronization therapy (CRT), which substantially alters the natural course of congestive HF (CHF) [Brignole 2013]. The favorable physiological impact of CRT is seen in its positive effects on ventricular remodeling, with a reduction in left ventricular volumes and an increase in ejection fraction. This in turn results in long-term clinical benefits, with improved quality of life and functional capacity and a concomitant decline in hospitalization for HF and overall mortality [Brignole 2013].

For patients with HFpEF there are currently no available evidence-based therapies, although medical comorbidities should be treated accordingly [Senni 2014].

#### **1.4 Description of the technology**

Over the past three decades, electronic cardiac devices (ECDs) have been used to electrically stimulate the heart. ECDs include:

- Pacemaker (not discussed in this report);
- Implantable cardioverter-defibrillator (ICD) to provide early defibrillation and cardioversion of life-threatening arrhythmias;
- Cardiac resynchronization therapy (CRT or CRT-P);
- Cardiac resynchronization therapy and defibrillator (CRT-D or CRT ICD or CRT+ICD) combines functions of CRT-P and ICD devices to both improve the heart's pumping efficiency and defibrillate the heart internally in an acute arrhythmic event.

##### *Implantable cardioverter-defibrillators (ICD)*

ICD is indicated in patients with high risk of cardiac arrhythmias, in which the device is typically under stand-by condition, and it acts to restore normal heart rhythm when life-threatening arrhythmias occur. ICD can automatically detect both ventricular (VT/VF) and atrial tachyarrhythmias (AT/AF), delivering therapies using a shock (defibrillation/cardioversion) or rapid ventricular pacing to stop the arrhythmias.

During the shock the defibrillator delivers the energy required to reset the heart muscle restoring a normal cardiac rhythm. ICD also reacts to bradyarrhythmias using pacing therapies (if the heartbeat is less than a predetermined value, the device stimulates with an appropriate rate). In addition the device records any electrical event that may have happened and can be

interrogated, thus being able to provide diagnostic information and monitoring, useful for the evaluation of the system and the clinical treatment of the patient.

ICDs can be divided mainly in 3 categories:

- single chamber ICDs
- dual chamber ICDs
- CRT-ICDs

Single-chamber ICDs have only a right ventricular lead, dual-chamber ICDs have a right atrial and right ventricular lead, and CRT-ICDs have an additional lead placed epicardially or via the coronary sinus to stimulate the LV [Kadish 2005]. ICDs are programmed through an external computer (programmer) located in an ambulatory or hospital setting to set the device according to the specific patient's characteristics.

#### *Cardiac resynchronization therapy (CRT)*

CRT provides strategic electrical stimulation to right atrium, right ventricle and left ventricle to coordinate ventricular contractions and improve cardiac output in patients with ventricular asynchrony. This is commonly associated with HF. The primary objective of CRT is the restoration of a normal ventricular activation pattern. Second, CRT allows the optimization of the atrioventricular interval in patients with sinus rhythm [Strickberger 2005]. A cardiac resynchronization pacemaker without ICD capability (CRT-P) is used in patients with ventricular dysfunction who are not candidates for an automatic cardioverter-defibrillator-type device.

#### *Cardiac resynchronization therapy and defibrillator (CRT-D)*

As CRT-D combines ICD and CRT-P; the main characteristics and functional operation are comparable to ICD and CRT-P described above. To date several CRT-Ds are available in the market, each producer providing several models and many versions. In Italian market each producer offers several models, mainly differing in battery life span, MRI compatibility, wireless telemetry, diagnostic system, programs and modality of intervention (such as antitachycardia pacing - ATP) in VF (ventricular fibrillation) zone, inappropriate shock avoidance system, remote monitoring and leads connector (DF-1 or DF-4)<sup>1</sup>. These features are meant to improve efficacy of treatment and quality of life of the patient, as described below and detailed for each model in Appendix 1:

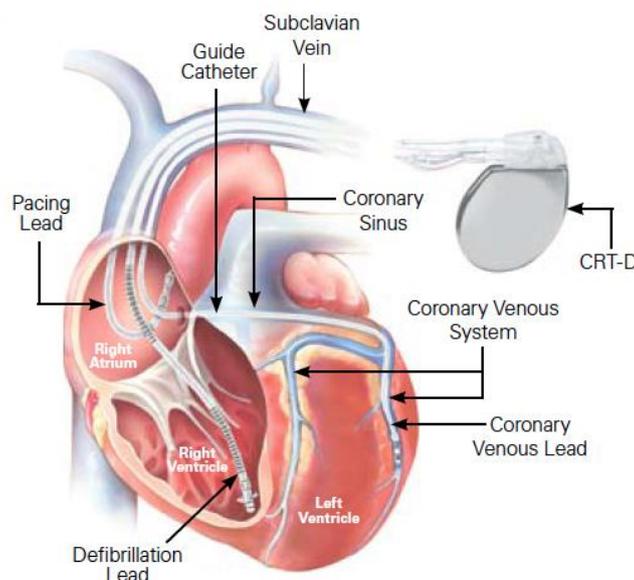
- CRT-D MRI-conditional allows to perform MRIs on patients under set condition.

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<sup>1</sup> These two standards allow an interchangeable use of different models of leads and CRT-D useful in re-implant avoiding leads replacement.

- Some CRT-Ds are provided with antitachycardia pacing (ATP) in FV zone consisting of a therapy for rapid VT (ventricular tachyarrhythmias) detected in the VF zone;
- Inappropriate ICD shock diagnosis is a diagnostic system to avoid patient pain and can help to safeguard battery life;
- Quadripolar left ventricular (LV) lead avoids phrenic nerve stimulation (PNS) and pacing around myocardial areas of scar, possibly improving response to CRT;
- Diagnostics for HF: the system can predict worsening HF using intrathoracic impedance and fluid accumulation and/or elaborating cardiac parameters;
- In automatic Optimization of Cardiac Resynchronization Therapy (AV and VV intervals optimization) the algorithm automatically optimizes atrioventricular and interventricular intervals.
- Battery life is an important characteristic because longer life span means prolonging the time before battery replacement or re-implant, reducing risks for patient and costs [Bilal Alam 2013]. The battery status can be detected by telemetry or by programmer. Because different parameters are adopted by producers to evaluate device life span, this characteristic is not reported in Appendix.

Finally, models can differ also by year of commercialization due to the very dynamic CRT-D's market. This is reflected by the approximately one year turnover of models. The rapid technical development of CRT and CRT-D devices in the last decade has introduced difficulties in their assessment, as comparative analysis must be made comparing like with like. Some of the populations to which this document refers have received submodels of apparently the same device or different devices with different functionalities.



**Fig 1.1:** CRT-D implant

CRT-D is programmed through an external computer (programmer) located in an ambulatory or hospital setting to set the device according to the specific patient's characteristics. The programmer is used, also, to download and view clinical parameters during patients' follow up.

## 2. Report's objectives: policy and research questions

This rapid HTA report has been developed to answer the following questions:

**Policy question:** what is the optimal use of the CRT-D?

**Research question:**

1. What is the real use of CRT-D and its comparators in Italy?
2. What are the effects, in terms of effectiveness, safety and cost-effectiveness, of using the CRT-D compared either to CRT-P and ICD in patients with chronic heart failure?

## 3. CONTEXT OVERVIEW

### 3.1 CRT-D in the Italian market and regulatory status

In Italy CRT-Ds were registered on the General Repertory of medical devices (RDM) (as of 3rd January 2014) using the National Classification of Medical Devices (CND) code associated to this kind of devices: "J01050301 - DEFIBRILLATORI TRICAMERALI CON SENSORE" and, when available, the Global Medical Device Nomenclature (GMDN) code. Using the search results on RDM, integrating data with searches on the internet and with the contribution of manufacturers (i.e. manufacturers' websites) we made a picture of CRT-Ds in the Italian market shown in the following Tables 3.1 – 3.5.

All manufactures (Biotronik SE & Co. KG, Boston Scientific, Medtronic Inc, Sorin Group, St. Jude Medical) were invited individually in Agenas for a face to face meeting. We propose to manufactures a semi structured interview based on the questionnaire reported in Appendix 1. All information reported in Tables 3.1 – 3.5 were authorized and approved by manufactures.

**Table 3.1:** CRT-Ds commercialized in Italy by Biotronik SE & Co. KG

| N° | Manufacturer             | Model          | Product code | Version | RDM      | CE mark | FDA approval |
|----|--------------------------|----------------|--------------|---------|----------|---------|--------------|
| 1  | BIOTRONIK<br>SE & CO. KG | Iforia 3 HF-T  | 383554       | DF-1    | 754867/R | yes     | -            |
| 2  |                          |                | 383556       | DF-4    | 756767/R | yes     | pending      |
| 3  |                          | Iforia 5 HF-T  | 390111       | DF-1    | 907474/R | yes     | -            |
| 4  |                          |                | 390113       | DF-4    | 907477/R | yes     | pending      |
| 5  |                          | Ilesto 5 HF-T  | 390110       | DF-1    | 757534/R | yes     | -            |
| 6  |                          |                | 390112       | DF-4    | 757557/R | yes     | pending      |
| 7  |                          | Ilesto 7 HF-T  | 390055       | DF-1    | 755248/R | yes     | yes*         |
| 8  |                          |                | 390061       | DF-4    | 755267/R | yes     | pending      |
| 9  |                          | Idova 7 HF-T   | 383560       | DF-1    | 958239/R | yes     | -            |
| 10 |                          |                | 383561       | DF-4    | 958238/R | yes     | pending      |
| 11 |                          | Lumax 640 HF-T | 381471       | DF-1    | 466278/R | yes     | yes*         |
| 12 |                          | Lumax 740 HF-T | 381462       | DF-1    | 466277/R | yes     | yes*         |

\*FDA approval without MRI conditional (PromMRI)

**Table 3.2:** CRT-Ds commercialized in Italy by Boston Scientific

| N° | Manufacturer      | Model            | Product code | Version | RDM        | GMDN  | CE mark | FDA approval |
|----|-------------------|------------------|--------------|---------|------------|-------|---------|--------------|
| 13 | Boston Scientific | AUTOGEN CRT-D    | G172         | DF-4    | 10097317/R | 37265 | yes     | no           |
| 14 |                   |                  | G173         | DF-1    | 1009886/R  | 37265 | yes     | No           |
| 15 |                   |                  | G175         | DF-1    | 1009905/R  | 37265 | yes     | No           |
| 16 |                   | AUTOGEN X4 CRT-D | G177         | DF-1    | 1009961/R  | 37265 | yes     | No           |
| 17 |                   |                  | G179         | DF-4    | 1009993/R  | 37265 | yes     | No           |
| 18 |                   | INOGEN CRT-D     | G140         | DF-4    | 1011351/R  | 37265 | yes     | No           |
| 19 |                   |                  | G141         | DF-1    | 1011361/R  | 37265 | yes     | No           |
| 20 |                   | INOGEN X4 CRT-D  | G146         | DF-1    | 1011368/R  | 37265 | yes     | Yes          |
| 21 |                   |                  | G148         | DF-4    | 1011387/R  | 37265 | yes     | Yes          |
| 22 |                   | Incepta CRT-D    | P162         | DF-4    | 361472/R   | 37265 | yes     | yes (N160)   |
| 23 |                   |                  | P163         | DF-1    | 361472/R   | 37265 | yes     | yes (N161)   |
| 24 |                   |                  | P165         | DF-1    | 361472/R   | 37265 | yes     | yes (N164)   |
| 25 |                   | Energen CRT-D    | P142         | DF-4    | 365834/R   | 37265 | yes     | yes (N140)   |
| 26 |                   |                  | P143         | DF-1    | 365834/R   | 37265 | yes     | yes (N141)   |
| 27 |                   | Punctua CRT-D    | P052         | DF-4    | 365853/R   | 37265 | yes     | yes (N050)   |
| 28 |                   | Punctua NE CRT-D | P053         | DF-1    | 365887/R   | 37265 | yes     | yes (N051)   |

**Table 3.3:** CRT-Ds commercialized in Italy by Medtronic Inc

| N° | Manufacturer  | Model            | Product code | Version    | RDM        | CE mark | FDA approval |
|----|---------------|------------------|--------------|------------|------------|---------|--------------|
| 29 | Medtronic Inc | Consulta CRTD    | D234TRK      | DF-1       | 18103/R    | yes     | 17/3/2008    |
| 30 |               |                  | D214TRM      | DF-4       | 359778/R   | yes     | 9/1/2012     |
| 31 |               | Concerto II      | D294TRK      | DF-1       | 212134/R   | yes     | 23/10/2008   |
| 32 |               | Protecta XT CRTD | D354TRG      | DF-1       | 306633/R   | yes     | 25/3/2011    |
| 33 |               |                  | D354TRM      | DF-4       | 342960/R   | yes     | 9/11/2011    |
| 34 |               | Protecta CRTD    | D364TRG      | DF-1       | 306634/R   | yes     | 25/3/2011    |
| 35 |               |                  | D364TRM      | DF-4       | 342963/R   | yes     | 9/11/2011    |
| 36 |               | Viva XT          | DTBA2D1      | DF-1       | 607678/R   | yes     | 29/1/2013    |
| 37 |               |                  | DTBA2D4      | DF-4       | 607680/R   | yes     | 29/1/2013    |
| 38 |               | VIVA™ QUAD XT    | DTBA2QQ      | IS-4/DF-4  | 712868 /R  | yes     | No           |
| 39 |               |                  | DTBA2Q1      | IS-4/DF-1  | 1007932 /R | yes     | No           |
| 40 |               | Viva S           | DTBB2D4      | DF-4       | 636327/R   | yes     | 29/1/2013    |
| 41 |               |                  | DTBB2D1      | DF-1       | 636288/R   | yes     | 29/1/2013    |
| 42 |               |                  | DTBB2QQ      | IS-4/DF-4  | 712869/R   | yes     | No           |
| 43 |               | Maximo II CRT-D  | D284TRK      | DF-1       | 18116/R    | yes     | 17/3/2008    |
| 44 |               |                  | D264TRM      | DF-4       | 359780/R   | yes     | 9/1/2012     |
| 45 |               | Cardia CRT-D     | D384TRG      | DF-1       | 391449/R   | yes     | no           |
| 46 |               | Brava            | DTBC2D4      | DF-4       | 636338/R   | yes     | 29/1/2013    |
| 47 |               |                  | DTBC2D1      | DF-1       | 636335/R   | yes     | 29/1/2013    |
| 48 |               | Brava Quad       | DTBC2QQ      | IS-4/DF-4  | 712870 /R  | yes     | no           |
| 49 | DTBC2Q1       |                  | IS-4/DF-1    | 1007933 /R | yes        | no      |              |

**Table 3.4:** CRT-Ds commercialized in Italy by Sorin Group

| N° | Manufacturer | Model                      | Product code | Version | RDM       | GMD N | CE mark | FDA approval |
|----|--------------|----------------------------|--------------|---------|-----------|-------|---------|--------------|
| 50 | Sorin Group  | PARADYM RF CRT-D 9750      | ICV1183      | DF-1    | 718351    | 47940 | yes     | yes          |
| 51 |              | PARADYM RF CRT-D SONR 9770 | ICV1182      | DF-1    | 718354    | 47940 | yes     | pending      |
| 52 |              | PARADYM CRT-D 8750         | ICV1054      | DF-1    | 718375    | 47940 | yes     | yes          |
| 53 |              | PARADYM 2 CRT-D 8752       | TDF001C      | DF-1    | 933354    | 47940 | yes     | no           |
| 54 |              | INTENSIA SONR CRT-D 184    | TDF019C      | DF-4    | 1035790   | 47940 | yes     | no           |
| 55 |              | PARADYM 2 CRT-D SONR 8772  | TDF004C      | DF-1    | 1126615   | 47940 | yes     | no           |
| 56 |              | PARADYM SONR TRIV 8970     | ICV1231      | DF-1    | 1162287/R | 47940 | yes     | no           |

**Table 3.5:** CRT-Ds commercialized in Italy by St Jude Medical

| N° | Manufacturer     | Model            | Product code | Version | RDM       | GMDN  | CE mark | FDA approval |
|----|------------------|------------------|--------------|---------|-----------|-------|---------|--------------|
| 57 | St. Jude Medical | Promote +        | CD3211-36    | DF-1    | 354238/R  | 37265 | yes     | yes          |
| 58 |                  |                  | CD3211-36Q   | DF-4    | 354254/R  | 37265 | yes     | yes          |
| 59 |                  | Promote Quadra   | CD3239-40    | DF-1    | 322934/R  | 35852 | yes     | no           |
| 60 |                  |                  | CD3239-40Q   | DF-4    | 322922/R  | 35852 | yes     |              |
| 61 |                  | Unify Quadra     | CD3251-40    | DF-1    | 414422/R  | 35852 | yes     | no           |
| 62 |                  |                  | CD3251-40Q   | DF-4    | 414425/R  | 35852 | yes     |              |
| 63 |                  | Unify Assura     | CD3361-40    | DF-1    | 868438/R  | 35852 | yes     | no           |
| 64 |                  |                  | CD3361-40Q   | DF-4    | 868443/R  | 35852 | yes     |              |
| 65 |                  |                  | CD3361-40C   | DF-1    | 836828/R  | 35852 | yes     |              |
| 66 |                  |                  | CD3361-40QC  | DF-4    | 836927/R  | 35852 | yes     |              |
| 67 |                  | Quadra Assura    | CD3367-40    | DF-1    | 868387/R  | 35852 | yes     | no           |
| 68 |                  |                  | CD3367-40Q   | DF-4    | 868415/R  | 35852 | yes     |              |
| 69 |                  |                  | CD3367-40C   | DF-1    | 836788/R  | 35852 | yes     |              |
| 70 |                  |                  | CD3367-40QC  | DF-4    | 836807/R  | 35852 | yes     |              |
| 71 |                  | Quadra Assura MP | CD3371-40    | DF-1    | 843768/R  | 35852 | yes     | no           |
| 72 |                  |                  | CD3371-40Q   | DF-4    | 843771/R  | 35852 | yes     | no           |
| 73 |                  |                  | CD3371-40C   | DF-1    | 1122379/R | 47270 | yes     | no           |
| 74 |                  |                  | CD3371-40QC  | DF-4    | 1122380/R | 47270 | yes     | no           |

## 3.2 Use of the technology in Italy

Multiple sources of data on cardiac devices exist.

In Italy, for example, the pacemaker (PM) and implantable cardioverter-defibrillator (ICD) Registry of the Italian Association of Arrhythmology and Cardiac Pacing (AIAC) [Proclemer et al. 2013] monitors the main information about demographics, clinical characteristics, main indications for PM/ICD therapy and device types from the Italian collaborating centers. AIAC requires hospitals to submit prospectively data on cardiac device implantation activity.

Due to voluntary participation in the registry, the number of centers is variable over the years and the national coverage is not homogeneous. In addition, since 2012, AIAC has been implementing new procedures for collecting data: the collaborating centers submit their information directly via the web. Finally, since the registry scope is that of monitoring PM and ICD implants, data regarding CRT-P implants are only partial, and the registry does not record clinical variables needed to characterize patients with heart failure (e.g., ECG duration; presence of Left-Bundle branch block).

In Europe, for example, additional sources of data exist as EUCOMED report medical devices' market sharing, however direct access to EUCOMED database is not allowed without the approval of the participating companies. Due to our time constraints respect to the EUCOMED procedure of authorization and the uncertainty in the possibility of data publication we decided to don't ask any information.

Given the above, we decided not to analyze the information contained in AIAC and EUCOMED database.

We decided to use only the information contained in the New Health Information System (NSIS) as the official source of the Ministry of Health that contains the data validated and standardized in all the national territory. Among the wide information contained in NSIS we selected hospital discharges "SDO" and "flusso consumi" database helpful for our analysis.

### 3.2.1 Data and Variables of hospital discharges

The source of data for this study was the 2012 national hospital discharges administrative database (SDO 2012). Cardiac device implants were identified from ICD-9-CM (International Classification of Diseases - 9th Edition-Clinical modification) codes reported in table 3.6. We searched records discharges that presented at least one of those codes corresponding to principal and other procedures.

**Table 3.6:** ICD9-CM procedure codes linked with cardiac devices implantation.

| Code  | Description   |
|-------|---|
| 00.50 | Implantation of cardiac resynchronization pacemaker without mention of defibrillation, total system (CRT-P) |
| 00.51 | Implantation of cardiac resynchronization defibrillator, total system (CRT-D)                               |
| 00.52 | Implantation or replacement of transvenous lead into left ventricular coronary venous system                |
| 00.53 | Implantation or replacement of cardiac resynchronization pacemaker, pulse generator only (CRT-P)            |
| 00.54 | Implantation or replacement of cardiac resynchronization defibrillator, pulse generator only (CRT-D)        |
| 37.94 | Implantation or replacement of automatic cardioverter-defibrillator, total system (AICD)                    |
| 37.95 | Implantation of automatic cardioverter-defibrillator lead(s) only   |
| 37.96 | Implantation of automatic cardioverter-defibrillator pulse generator only                                   |
| 37.97 | Replacement of automatic cardioverter-defibrillator lead(s) only  |
| 37.98 | Replacement of automatic cardioverter-defibrillator pulse generator only                                    |
| 37.72 | Initial insertion of transvenous leads into atrium and ventricle  |
| 37.73 | Initial insertion of transvenous lead into atrium   |
| 37.74 | Insertion or replacement of epicardial lead [electrode] into epicardium                                     |

Initial exploration showed that 52,863 Italian hospital discharges out of a total 10,259,779 discharges, matched with at least one of the above procedures.

We focused on discharges due to implantation of automatic cardioverter/defibrillator (AICD), or cardiac resynchronization therapy pacemaker (CRT-P) or defibrillator (CRT-D). Table 3.7 lists all specific procedures codes combinations that allow the classification of the patient's discharges into groups associated with the use of the cardiac devices we were interested in. If any combination was identified, the discharge was placed into the "Other" group and not considered in our investigation.

**Table 3.7:** Definition of ICD9-CM procedure code combination for implantation of AICD or CRT-P or CRT-D

| Cardiac Devices | Definition based on recorded cardiac device procedure codes |
|-----------------|---|
| CRT-D           | 00.51   |
| CRT-D Upgrade   | 00.54 and (37.74 or 37.97)                                  |
| CRT-P           | 00.50   |
| CRT-P Upgrade   | 00.53 and (37.73 or 37.72 or 00.52)                         |
| ICD             | 37.94 or (37.95 and 37.96) or (37.97 and 37.98)             |
| ICD Upgrade     | (00.54 and 37.73 and 00.52) or (00.54 and 00.52)            |

Hospital discharges were analysed to estimate the number of implantations accordingly to the codes' combinations.

Table 3.8 shows the estimate number of cases for each procedure carried out during 2012. Patients who had 1 or more cardiac device procedures and patients with CRT-D or CRT-P or ICD upgrade could not be placed with certainty in one of investigated groups. In light of these considerations we decided to group and analyse the data reported in table 3.8.

**Tab 3.8:** Volumes discharges of cardiac devices implantation – SDO 2012

| Procedure                  | Discharges number |       |
|----------------------------|-------------------|-------|
|                            | Absolute value    | %     |
| New CRT-D                  | 4,461             | 25.7  |
| CRT-D upgrade              | 28                | 0.2   |
| New CRT-P                  | 1,227             | 7.1   |
| CRT-P upgrade              | 178               | 1.0   |
| New ICD                    | 10,803            | 62.2  |
| ICD upgrade                | 442               | 2.5   |
| Multiple procedure (max 3) | 228               | 1.3   |
| Sub total                  | 17,367            | 100.0 |
| Other                      | 35,496            |       |
| Total                      | 52,863            |       |

**Source:** Age.na.s. analysis based on SDO2012

Data for 35,496 procedures were identified and discarded. In this group the 74.8% were coded as ICD-9-CM procedure codes corresponding to implantation of pacemaker (37.72 and 37.80 and 37.83) which are outside our topic of interest.

### 3.2.2 Statistical analysis

Descriptive analyses were done on national and regional estimates on the numbers of cardiac device implantations by patient. Hospital characteristics were estimated and tabulated.

Crude and standardized regional rates of cardiac devices implantations (adjusted by gender and age) were calculated. We used the direct method with ISTAT 2012 Italian population as a standard. Crude and standardised rates were constructed on the assumption that each single procedure has been carried out on a single patient who was resident in the Region where he/she underwent the procedure. The database used did not show the patient's code identification, so it was necessary to assume residence to achieve standardized rates. Data management and analyses were performed using SAS version 9.3 (SAS Institute Inc, Cary, NC).

### 3.2.3 Results

Table 3.9 shows the national estimates of new CRT-D, new CRT-P and new ICD systems implanted in 2012 in Italy. The most frequent procedure was ICD (62.2%) followed by total CRT-D (25.7%) and CRT-P (7.7%).

The "Other" row presents the number of patients who had more cardiac device procedures but could not be placed with certainty in the first 3 groups.

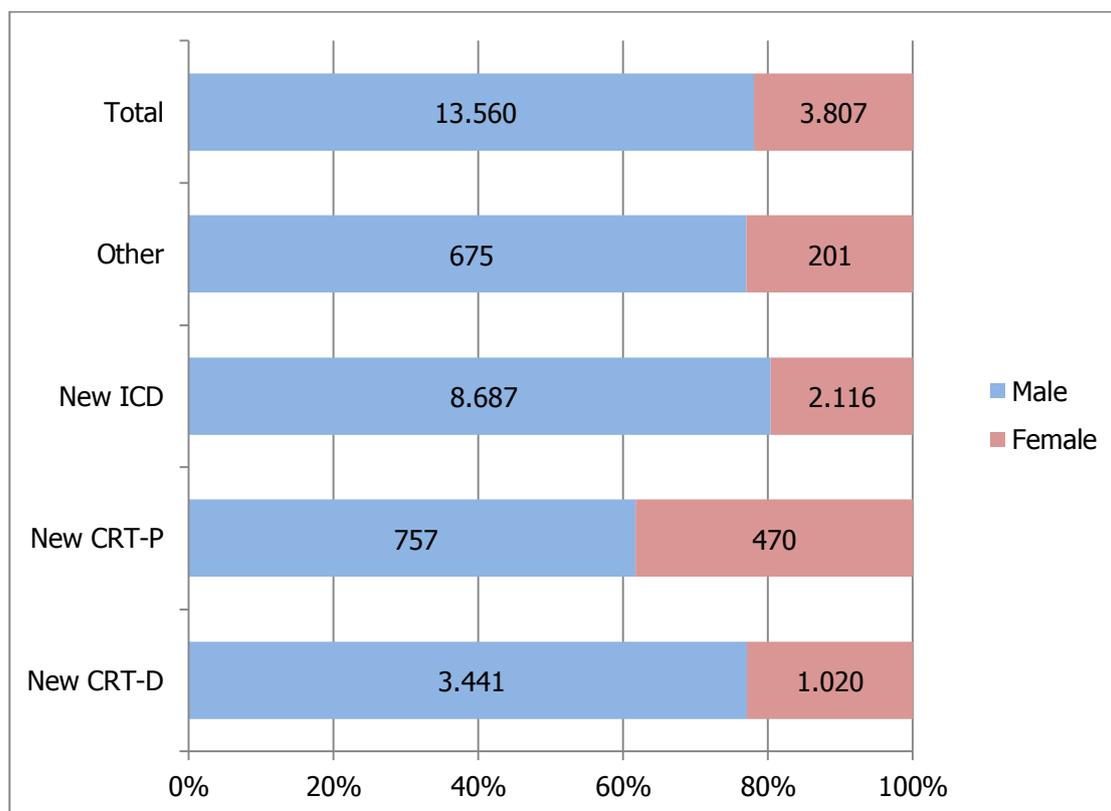
**Table 3.9:** Estimate volumes discharge for cardiac devices implantation relevant to our investigation – SDO 2012

| Procedure | Discharges number |        |
|-----------|-------------------|--------|
|           | Absolute value    | %      |
| New CRT-D | 4,461             | 25.69  |
| New CRT-P | 1,227             | 7.07   |
| New ICD   | 10,803            | 62.20  |
| Other     | 876               | 5.04   |
| Total     | 17,367            | 100.00 |

**Source:** Age.na.s. analysis based on SDO2012

The data in the table reports on the 17,367 cases of single and simple CRT and ICD implantations. The data on discharges of cardiac procedures broken down by gender (Fig 3.1), show that approximately 80% of procedures were performed on males for most cardiac device implantations, except for CRT-P where the percentage of men undergoing these procedures was around 60%.

**Fig 3.1:** Hospital discharges per type of cardiac devices implantation and gender– SDO 2012 (absolute and percentage values)



**Source:** Age.na.s. analysis based on SDO 2012

Patients aged 65 or over accounted for 71.51% of CRT-D patients, around 83% of ICD patients, and over 89% of CRT-P patients (see table 3.10).

**Table 3.10:** Hospital discharge per type of cardiac devices implantation and age class – SDO 2012 (percentage values)

| Age class (years)       | New CRT-D | New CRT-P | New ICD | Other  | Total  |
|-------------------------|-----------|-----------|---------|--------|--------|
| 0-24                    | 0.07      | 0.16      | 1.05    | 0.46   | 0.07   |
| 25-64                   | 28.42     | 10.43     | 36.07   | 22.60  | 28.42  |
| 65-74                   | 38.80     | 21.03     | 32.86   | 34.25  | 38.80  |
| 75-84                   | 31.07     | 50.77     | 27.08   | 38.13  | 31.07  |
| 85+                     | 1.64      | 17.60     | 2.94    | 4.57   | 1.64   |
| Total (%)               | 100.00    | 100.00    | 100.00  | 100.00 | 100.00 |
| Total (absolute values) | 4,461     | 1,227     | 10,803  | 876    | 17,367 |

**Source:** Age.na.s. analysis based on SDO 2012

Looking at single cardiac implant estimates (CRT-D, CRT-P e ICD), Table 3.11 shows the distribution of cases by region in residents of each region.

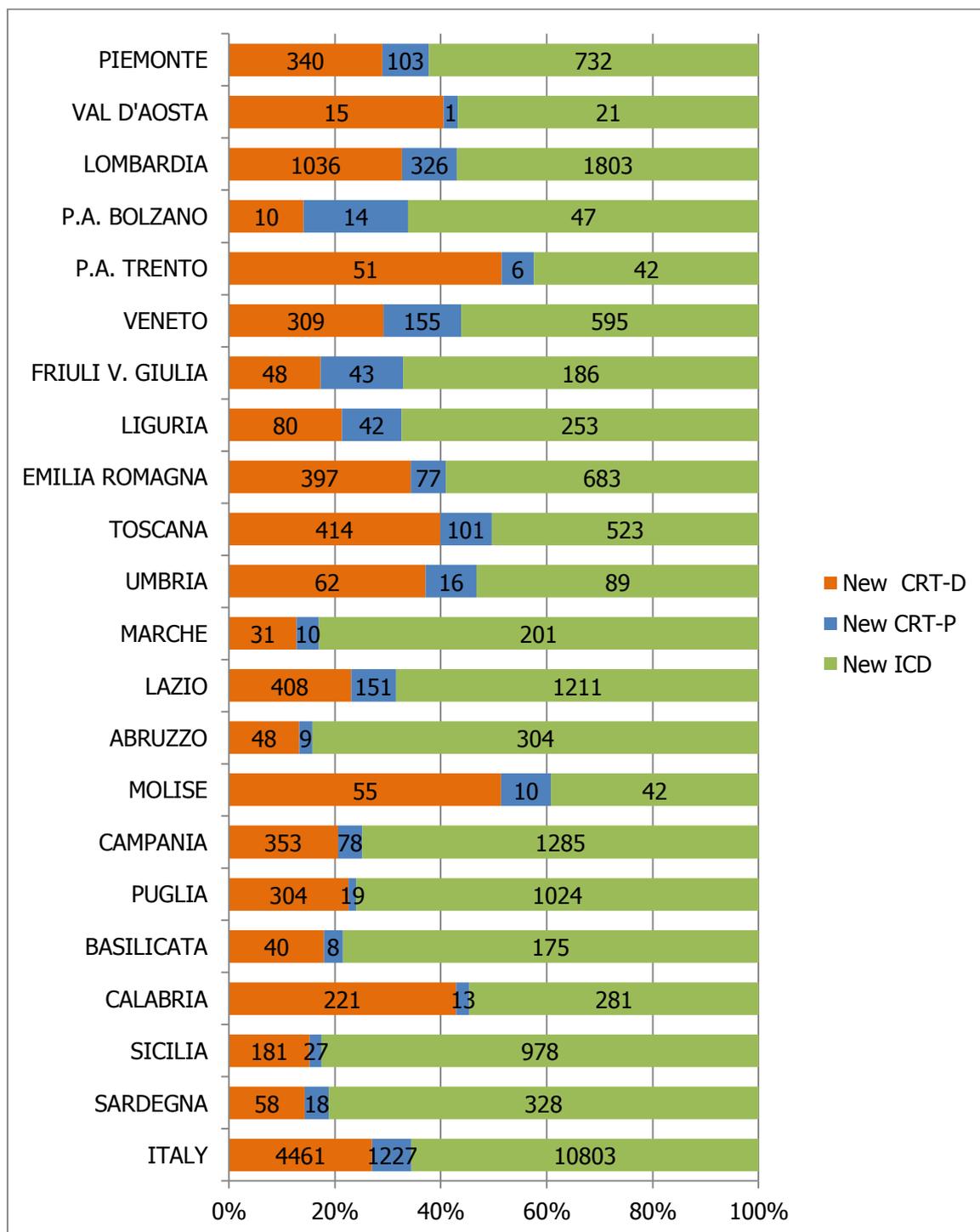
For all procedures of implantable cardiac device, most hospitalizations were carried out in the region of residence of the patients.

**Table 3.11:** Distribution of total discharges volumes in residents of each region by region and type of device - SDO 2012

| Region           | New CRT-D       |             | New CRT-P       |             | New ICD         |             |
|------------------|-----------------|-------------|-----------------|-------------|-----------------|-------------|
|                  | Absolute values | % residents | Absolute values | % residents | Absolute values | % residents |
| PIEMONTE         | 340             | 92.35       | 103             | 95.15       | 732             | 95.22       |
| VAL D'AOSTA      | 15              | 100.00      | 1               | 100.00      | 21              | 95.24       |
| LOMBARDIA        | 1,036           | 87.45       | 326             | 92.64       | 1,803           | 88.24       |
| P.A. BOLZANO     | 10              | 100.00      | 14              | 78.57       | 47              | 95.74       |
| P.A. TRENTO      | 51              | 92.16       | 6               | 66.67       | 42              | 88.10       |
| VENETO           | 309             | 96.12       | 155             | 97.42       | 595             | 96.97       |
| FRIULI V. GIULIA | 48              | 93.75       | 43              | 97.67       | 186             | 91.94       |
| LIGURIA          | 80              | 95.00       | 42              | 97.62       | 253             | 92.09       |
| EMILIA ROMAGNA   | 397             | 71.28       | 77              | 80.52       | 683             | 86.97       |
| TOSCANA          | 414             | 89.61       | 101             | 92.08       | 523             | 88.15       |
| UMBRIA           | 62              | 85.48       | 16              | 93.75       | 89              | 93.26       |
| MARCHE           | 31              | 96.77       | 10              | 100.00      | 201             | 93.03       |
| LAZIO            | 408             | 93.87       | 151             | 96.69       | 1,211           | 93.31       |
| ABRUZZO          | 48              | 81.25       | 9               | 100.00      | 304             | 94.74       |
| MOLISE           | 55              | 60.00       | 10              | 100.00      | 42              | 73.81       |
| CAMPANIA         | 353             | 98.30       | 78              | 96.15       | 1,285           | 96.65       |
| PUGLIA           | 304             | 91.12       | 19              | 89.47       | 1,024           | 96.29       |
| BASILICATA       | 40              | 75.00       | 8               | 100.00      | 175             | 90.29       |
| CALABRIA         | 221             | 98.64       | 13              | 92.31       | 281             | 98.93       |
| SICILIA          | 181             | 96.69       | 27              | 100.00      | 978             | 98.77       |
| SARDEGNA         | 58              | 98.28       | 18              | 94.44       | 328             | 98.48       |
| ITALIA           | 4,461           | 89.80       | 1,227           | 93.81       | 10,803          | 93.47       |

In all regions, there was a higher use of ICD (most of the regions exceeded 60%) except for the Molise and PA Trento (about 40%), followed by CRT-D (most of the regions exceeds 20%) and CRT-P (see Fig. 3.2).

**Fig 3.2:** Hospital discharges distribution per type of cardiac devices implantation and region – SDO 2012 (absolute and percentage values)



Source: Age.na.s. analysis based on SDO 2012

Table 3.12 reports crude rates of use by procedure broken down by Region. Table 3.13 shows the corresponding standardized rates (adjusted by gender and age)

**Table 3.12:** Crude rate of use by procedure broken down by Region per 10,000 resident inhabitants – SDO 2012

| Region           | CRT-D           |            | CRT-P           |            | ICD             |            |
|------------------|-----------------|------------|-----------------|------------|-----------------|------------|
|                  | Absolute values | Crude rate | Absolute values | Crude rate | Absolute values | Crude rate |
| PIEMONTE         | 314             | 0.95       | 98              | 0.29       | 697             | 1.60       |
| VAL D'AOSTA      | 15              | 2.55       | 1               | 3.72       | 20              | 2.13       |
| LOMBARDIA        | 906             | 1.22       | 302             | 0.41       | 1,591           | 1.64       |
| TRENTINO A. A.   | 57              | 0.76       | 15              | 0.39       | 82              | 0.91       |
| VENETO           | 297             | 0.80       | 151             | 0.41       | 577             | 1.19       |
| FRIULI V. GIULIA | 45              | 0.49       | 42              | 1.97       | 171             | 1.78       |
| LIGURIA          | 76              | 0.63       | 41              | 0.49       | 233             | 1.64       |
| EMILIA ROMAGNA   | 283             | 0.75       | 62              | 0.18       | 594             | 1.37       |
| TOSCANA          | 371             | 1.33       | 93              | 0.32       | 461             | 1.26       |
| UMBRIA           | 53              | 0.81       | 15              | 0.23       | 83              | 1.31       |
| MARCHE           | 30              | 0.47       | 10              | 0.15       | 187             | 1.21       |
| LAZIO            | 383             | 0.91       | 146             | 0.30       | 1,130           | 2.05       |
| ABRUZZO          | 39              | 0.41       | 9               | 0.41       | 288             | 2.20       |
| MOLISE           | 33              | 2.23       | 10              | 0.72       | 31              | 1.24       |
| CAMPANIA         | 347             | 0.85       | 75              | 0.18       | 1,242           | 2.15       |
| PUGLIA           | 277             | 0.93       | 17              | 0.06       | 986             | 2.43       |
| BASILICATA       | 30              | 0.69       | 8               | 0.36       | 158             | 3.63       |
| CALABRIA         | 218             | 1.51       | 12              | 0.16       | 278             | 1.63       |
| SICILIA          | 175             | 0.40       | 27              | 0.07       | 966             | 2.23       |
| SARDEGNA         | 57              | 0.40       | 17              | 0.13       | 323             | 1.97       |
| ITALIA           | 4,006           | 0.88       | 1,151           | 0.28       | 10,098          | 1.76       |

**Source:** Age.na.s. analysis based on SDO 2012; Italian population as reported by ISTAT 2012

The rate of use of new CRT-P has greater variation between regions than the other two procedures. Standardized regional rates showed the highest variability among Regions for CRT-P implantation (Variation Coefficient - VC 157,54%) and an important variability also for new CRT-D and new ICD (respectively 60.78 % and 36.53%) (table 3.13).

In Val d'Aosta and Molise, new CRT-D has the highest rates of use (2.56 and 2.17 per 10,000 inhabitants) followed by Calabria and Toscana.

The great variability of new CRT-P use was attributable to the two outlier values of the Val D'Aosta and Friuli Venezia Giulia (3.72 and 2.02 for inhabitants 10,000). In fact, all other Regions show values relatively homogeneous and less than one.

Focusing on new ICD, Basilicata, Puglia and Campania had the highest standardized rates of use (Table 3.13).

**Table 3.13:** Standardized rate and standard mean deviation of use by procedure broken down by Region per 10,000 resident inhabitants – SDO 2012

| Region             | CRT-D                 |                | CRT-P                 |                | ICD                   |                |
|--------------------|-----------------------|----------------|-----------------------|----------------|-----------------------|----------------|
|                    | Standardized rate (°) | Mean deviation | Standardized rate (°) | Mean deviation | Standardized rate (°) | Mean deviation |
| PIEMONTE           | 0.89                  | -0.06          | 0.26                  | -0.28          | 1.48                  | -0.29          |
| VAL D'AOSTA        | 2.56*                 | 1.61           | 3.72*                 | 3.17           | 2.09                  | 0.33           |
| LOMBARDIA          | 1.23                  | 0.28           | 0.42                  | -0.12          | 1.63                  | -0.14          |
| TRENTINO A. A.     | 0.79                  | -0.16          | 0.41                  | -0.13          | 0.95                  | -0.82          |
| VENETO             | 0.81                  | -0.13          | 0.42                  | -0.12          | 1.19                  | -0.58          |
| FRIULI V. GIULIA   | 0.46                  | -0.49          | 2.02*                 | 1.48           | 1.70                  | -0.07          |
| LIGURIA            | 0.56                  | -0.38          | 0.40                  | -0.14          | 1.44                  | -0.33          |
| EMILIA ROMAGNA     | 0.71                  | -0.23          | 0.17                  | -0.37          | 1.30                  | -0.47          |
| TOSCANA            | 1.25                  | 0.31           | 0.29                  | -0.25          | 1.17                  | -0.60          |
| UMBRIA             | 0.78                  | -0.17          | 0.21                  | -0.34          | 1.26                  | -0.51          |
| MARCHE             | 0.45                  | -0.50          | 0.14                  | -0.40          | 1.15                  | -0.62          |
| LAZIO              | 0.93                  | -0.01          | 0.31                  | -0.23          | 2.09                  | 0.32           |
| ABRUZZO            | 0.39                  | -0.55          | 0.40                  | -0.14          | 2.12                  | 0.35           |
| MOLISE             | 2.17*                 | 1.22           | 0.67                  | 0.13           | 1.18                  | -0.59          |
| CAMPANIA           | 0.93                  | -0.02          | 0.21                  | -0.33          | 2.50                  | 0.73           |
| PUGLIA             | 0.96                  | 0.01           | 0.06                  | -0.48          | 2.58                  | 0.81           |
| BASILICATA         | 0.70                  | -0.25          | 0.35                  | -0.19          | 3.58*                 | 1.81           |
| CALABRIA           | 1.54                  | 0.59           | 0.16                  | -0.39          | 1.68                  | -0.09          |
| SICILIA            | 0.42                  | -0.52          | 0.08                  | -0.46          | 2.33                  | 0.56           |
| SARDEGNA           | 0.41                  | -0.54          | 0.14                  | -0.40          | 1.95                  | 0.19           |
| Means              | 0.95                  |                | 0.54                  |                | 1.77                  |                |
| Standard Deviation | 0.58                  |                | 0.85                  |                | 0.65                  |                |
| VC                 | 60.78                 |                | 157.54                |                | 36.53                 |                |

**Source:** Age.na.s. analysis based on SDO 2012

°Standard Population: Italian population as reported by ISTAT 2012.

\*statistically significant 95%: means deviation divided by standard deviation more than 1.96 as an absolute value.

### 3.3 Consumption of CRT-D, CRT-P and ICD in Italy

We analyzed the national database "Flusso consumi" run by Ministry of Health with the aim of identifying the real consumption of devices assessed in this report (in terms of number of devices purchased) in Italian public health structures, for the years 2012 and 2013.

The database is fed by Italian Regions that gather data from public health care providers in their territory. The database was created in 2011 with a piloting phase in 2012 and its maintenance became mandatory in 2013. During the pilot phase the database was powered by about 87% of health care providers, while in the first half of 2013 from 92%

[[http://www.salute.gov.it/portale/news/p3\\_2\\_1\\_1\\_1.jsp?lingua=italiano&menu=notizie&p=dalmistero&id=1418](http://www.salute.gov.it/portale/news/p3_2_1_1_1.jsp?lingua=italiano&menu=notizie&p=dalmistero&id=1418)].

We extracted data related to:

- the consumption of active implantable devices (J0105 CND) marketed within health national system: ICD (J01050101), CRT-D (J01050301) and CRT-P (J01050201);
- the contract price of each CRT-D device as listed in the tables 3.1-3.5 reported in paragraph 3.1.

In particular we searched the reports CNS003 and CRT009 respectively.

Concerning the 2012 the real national consumption was of 4,999 for CRT-D, 3,126 for CRT-P and 3,030 for ICD devices. The detailed data, distributed for each Region, are reported in Table 3.14.

**Table 3.14:** 2012 devices consumptions

| Regions               | CRT-D   | CRT-P   | ICD     |
|-----------------------|---------|---------|---------|
| ABRUZZO               | 116     | 121     | 26      |
| BASILICATA            | 82      | 73      | 6       |
| CALABRIA              | 95      | 50      | 38      |
| CAMPANIA              | 466     | 535     | 200     |
| EMILIA-ROMAGNA        | 449     | 173     | 418     |
| FRIULI VENEZIA GIULIA | 97      | 99      | 37      |
| LAZIO                 | 6       | 1       | 1       |
| LIGURIA               | 150     | 48      | 115     |
| LOMBARDIA             | 1,104   | 530     | 894     |
| MARCHE                | 131     | 72      | 110     |
| MOLISE                | 23      | 39      | 17      |
| PA BOLZANO            | 29      | 12      | 89      |
| PA TRENTO             | 41      | 22      | 28      |
| PIEMONTE              | 239     | 114     | 251     |
| PUGLIA                | 189     | 213     | 61      |
| SARDEGNA              | No data | No data | No data |
| SICILIA               | 350     | 409     | 215     |

|               |              |              |              |
|---------------|--------------|--------------|--------------|
| TOSCANA       | 823          | 337          | 207          |
| UMBRIA        | 48           | 33           | 13           |
| VALLE D'AOSTA | 27           | 10           | 10           |
| VENETO        | 534          | 235          | 294          |
| <b>TOTAL</b>  | <b>4,999</b> | <b>3,126</b> | <b>3,030</b> |

Source: Agenas analysis based on national database "Flusso consumi", year 2012.

NB For 2012 only Lazio reported one centre's data

In 2013 the real national consumption increased for all three devices reaching 5,735 for CRT-D, 4,206 for CRT-P and 3,981 for ICD devices. The detailed data, distributed for each Region, are reported in Table 3.15.

**Table 3.15:** 2013 device consumptions

| Regions               | CRT-D        | CRT-P        | ICD          |
|-----------------------|--------------|--------------|--------------|
| ABRUZZO               | 160          | 104          | 17           |
| BASILICATA            | 54           | 79           | 15           |
| CALABRIA              | 131          | 92           | 62           |
| CAMPANIA              | 462          | 499          | 166          |
| EMILIA-ROMAGNA        | 380          | 168          | 562          |
| FRIULI VENEZIA GIULIA | 120          | 120          | 40           |
| LAZIO                 | 410          | 429          | 603          |
| LIGURIA               | 122          | 57           | 91           |
| LOMBARDIA             | 1,229        | 549          | 961          |
| MARCHE                | 139          | 88           | 129          |
| MOLISE                | 14           | 33           | 4            |
| PA BOLZANO            | 20           | 5            | 66           |
| PA TRENTO             | 52           | 11           | 6            |
| PIEMONTE              | 385          | 289          | 345          |
| PUGLIA                | 318          | 451          | 108          |
| SARDEGNA              | No data      | No data      | No data      |
| SICILIA               | 297          | 472          | 216          |
| TOSCANA               | 860          | 427          | 247          |
| UMBRIA                | 23           | 32           | 13           |
| VALLE D'AOSTA         | 19           | 3            | 13           |
| VENETO                | 540          | 298          | 317          |
| <b>TOTAL</b>          | <b>5,735</b> | <b>4,206</b> | <b>3,981</b> |

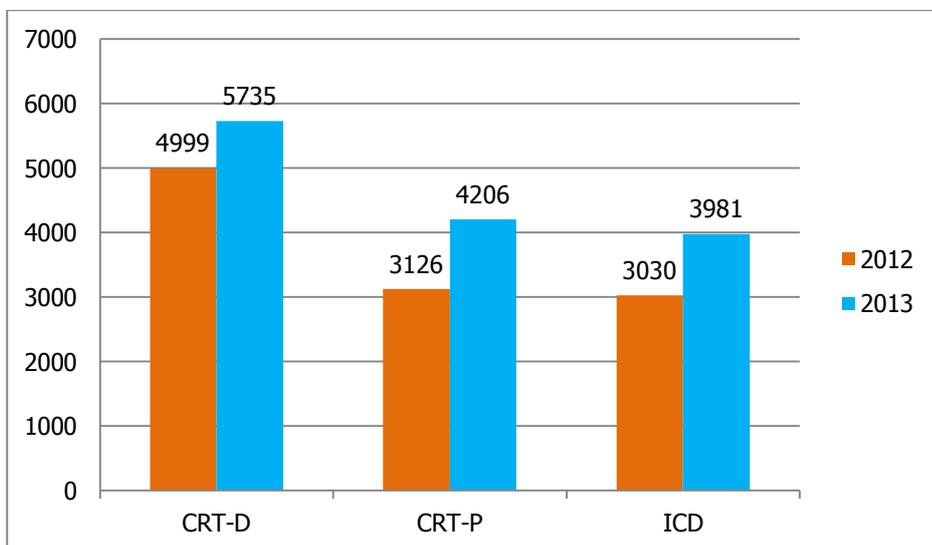
Source: Agenas analysis based on national database "Flusso consumi", year 2013.

Figure 3.3 shows graphically the increasing trend of consumption in 2012 and 2013 for all devices considered. Specifically, device consumption in 2013 compared to 2012 increased by 14.72% for CRT-D, by 34.55% for CRT-P and by 31.39% for ICD devices.

This trend could be only slightly influenced by partial data available for 2012 (piloting phase). It is important to note that, in Lazio Region, the increase of the total consumption for all devices is quite peculiar. As already reported, in 2012 during the piloting phase, only one public health provider gave its

own data. Indeed the high increase has been partially affected from a greater flow of data due to more providers submitting their own data to the Region.

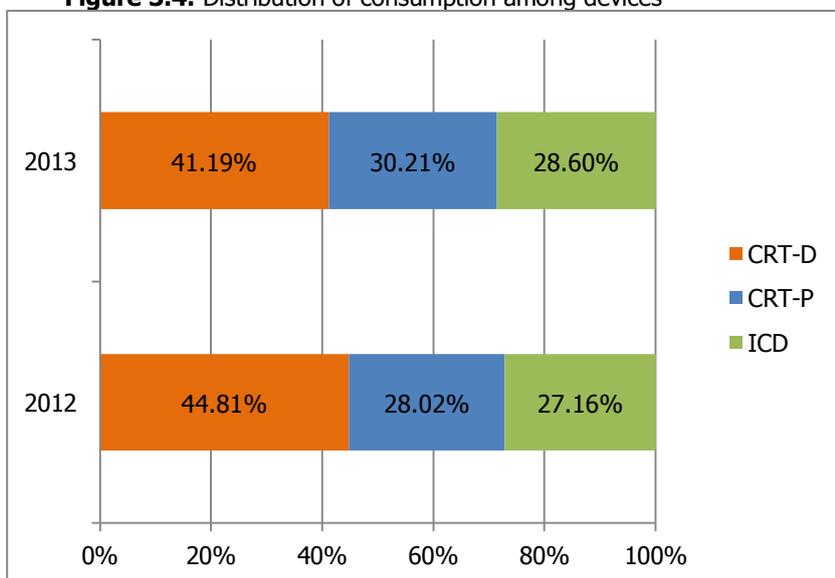
**Figure 3.3:** Trend of consumption in 2012 and 2013



Source: Agenas analysis based on national database "Flusso consumi", years 2012 and 2013.

Figure 3.4 shows that CRT-D consumption represents about the half of consumptions of the three devices considered.

**Figure 3.4:** Distribution of consumption among devices



Source: Agenas analysis based on national database "Flusso consumi", years 2012 and 2013.

We gathered the price of all CRT-D devices marketed in Italy and we pulled out the minimum and maximum price for 2012 and 2013.

No relevant differences in price ranges between the years considered were identified, but the minimum price showed a slight increase of about 300 Euros (ranging from 7,000 to 7,290 Euros) and the maximum price a similar small reduction, decreasing from 17,250 to 17,000 Euros (Tab 3.16).

**Table 3.16:** Prices range of CRT-D

| Year | Price Range (€)      |
|------|----------------------|
| 2012 | 7,000.00 - 17,250.00 |
| 2013 | 7,290.00 - 17,000.00 |

### 3.4 Conclusion

This analysis is based on administrative data (SDO). To allow decision makers to have a wide-ranging view on which to base their final decision, it is useful to match this examination with the analysis of other sources of information.

ICD is the most implanted device especially in men aged 65 and over, with an increasing yearly trend. There are relatively small numbers of extra resident implants by region and when rates are standardized the incidence of intervention is similar among regions. Demographically small regions (Val D'aosta, Molise and Basilicata) have a significantly higher number of implants. The regions with the most organised health services (Lombardia, Veneto, Toscana, Emilia, Umbria) show similar pattern of use.

Comparing data from SDO with those from "Flusso consumi" we observed that, in 2012, in Italy ICDs were the most used device (65% of all implants), with 3,030 units bought (30% of units bought), and a 10,803 implanted. The ratio of 3:1 is the opposite for CRT-P with 1,227 implanted devices and 3,126 bought. For CRT-D, 4,999 were bought and 4,461 were implanted. It is important to bear in mind that as the date of purchase is unknown, it is possible that a proportion of these devices were implanted in the early months of 2013. In addition some of the Regions, like Lazio, did not report purchases to the database in 2012 (8 devices in total were reported) but 1,680 were implanted.

From "Flusso consumi" data, multiplying contract price (minimum and maximum respectively) and CRT-D amount bought, it results an estimate of total CRT-D device costs for 2013 ranging from 41,808,150 to 97,495,000 Euros.

Readers must bear in mind that the purchase data may be incomplete, thereby underestimating the total.

## 4. Effectiveness and safety

### 4.1 Methods

We searched the following databases: EMBASE, MEDLINE, Cochrane Library (including the DARE and HTA databases) and clinicaltrials.gov using combinations of the following keywords:

- **For the technology:** implantable cardioverter-defibrillators (ICDs), automatic internal defibrillators, implantable defibrillators, biventricular pacing systems, CRT, CRT-P and CRT-D.
- **For the intervention:** resynchronization therapy, defibrillation

Searches were performed with no time restriction but only full-text in English and Italian articles were considered.

Only studies on humans were considered.

Searches were conducted on 24-28 February 2014. (See Appendix 2)

In addition to the searches we contacted and held meetings with five producers Boston Scientific, Biotronic, Medtronic Inc, Sorin Group, St Jude Medical.

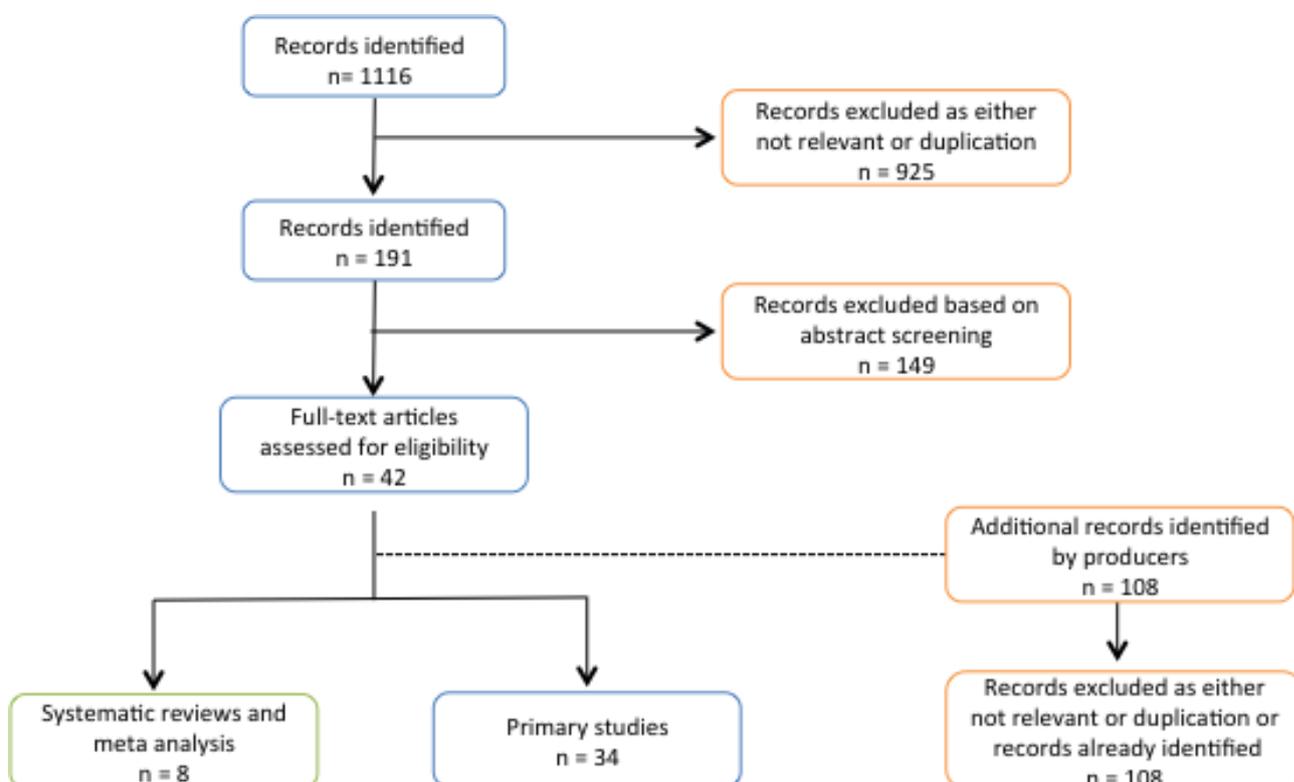
At all meetings we asked which models each producer currently marketed in Italy, details of the use and functions of each model, approximate costs of each model, business volume by region (if available). We also asked each producer to identify studies which could fit our inclusion criteria. At each meeting, minutes of the discussion were kept and countersigned by all participants. The discussion was confidential but the synopsis tables of devices and their use are not and are reported in Appendix 1:

- Tab.1, CRT-D produced and commercialized in Italy by Biotronic
- Tab.2, CRT-D produced and commercialized in Italy by Boston Scientific
- Tab.3, CRT-D produced and commercialized in Italy by Medtronic Inc
- Tab.4, CRT-D produced and commercialized in Italy by Sorin Group
- Tab.5, CRT-D produced and commercialized in Italy by St Jude Medical

## 4.2 Results of literature review

Our searches identified 1116 potentially interesting titles and after a first screening and de-duplication, 191 records were identified as potentially relevant. After reading the abstract 42 were assessed as potentially contributing requiring knowledge and 149 were excluded (See Figure 4.1 for the flow of studies in the review, table 4.1 for summary of reasons of exclusion and Appendix 3 for list of excluded studies with reasons for exclusion by study).

**Figure 4.1:** Flow-chart of the studies.



**Table 4.1:** Summary of the excluded studies with reason for exclusion.

| Reason of exclusion                       | Number of studies excluded |
|---|----------------------------|
| Prognostic study                          | 49                         |
| Non comparative study                     | 38                         |
| Comparators do not fit inclusion criteria | 22                         |
| Retrospective study                       | 18                         |
| No data reported                          | 7                          |
| Secondary publication                     | 6                          |
| Economic evaluation                       | 4                          |

|                                   |     |
|-----------------------------------|-----|
| Missing abstract                  | 2   |
| Imaging study                     | 2   |
| Upgrading study                   | 1   |
| Earlier version of previous study | 1   |
| <b>Total excluded</b>             | 149 |

### ***Primary studies included***

We identified 34 primary comparative studies that fitted our inclusion criteria. See Appendix 4 for the list.

### ***Data from systematic reviews***

We identified 8 systematic reviews that fitted our inclusion criteria, see Appendix 5 for the list and Appendix 6 for the Synopsis of included systematic reviews and meta-analysis.

The systematic reviews were assessed for quality using the AMSTAR checklist

[[http://amstar.ca/Amstar\\_Checklist.php](http://amstar.ca/Amstar_Checklist.php)]

We searched for ongoing trials on [clinicaltrials.gov](http://clinicaltrials.gov) [<http://clinicaltrials.gov/ct2/home>]. We identified two comparative studies: NCT01790841 and NCT02087189. They were excluded for not complying with our inclusion criteria.

We found that the evidence searches of the 8 reviews spanned the years 2005 – 2012, although the reviews had been published 1-2 years later. The reviews addressed a variety of different questions with different designs (e.g. aggregate data reviews, network meta-analysis and individual patients data analyses). The total number of participants included was 49,497, but events were obviously far fewer.

## **4.3 Study Results**

The oldest review by Abdullah (Abdullah 2005) and colleagues (with 18 trials, 2 cohort studies and 10,853 participants with LVSD) showed an effect on all cause mortality in recipients of CRD and ICD separately and in combination, however ICD recipients were aged 57-67 and belonged to the three lowest NYHA classes. The second oldest review (Lam 2007 with searches up to mid 2006) failed to find clear evidence of dominance of the combined device despite its network design in 8,307 patients with LVD aged 52-67. However it is dominant when compared to optimum pharmacological therapy.

The review by Wells included 12 trials identified by the end of 2010 carried out on 7,538 patients aged 62 to 67 with mild to moderate HF with a QRS interval of more than 120 msec. The review tested the effect of adding CRT or ICD alone or in combination to optimal pharmacological therapy and found the addition of CRT superior to optimal pharmacological therapy alone and CRT-D dominant compared to CRT alone in terms of deaths avoided. This even in patients assessed NYHA I and II classes with a QRS of 120 msec but not in the higher classes of NYHA.

Next in the chronological order of searches (September 2010) is the review by Jiang and colleagues (Jiang 2012) who compared the effects of CRT and CRT-D with the combined device. The evidence base is relatively small with a total of 3,404 participants with LVSD from 7 randomised and non randomised studies. Although the review concluded the combined device was dominant on all-cause mortality but the authors rightly caution about robustness of the relatively small dataset and the relative shortness of the average follow-up (12 months).

The Bertoldi et al review was designed to assess the effect of CRT alone compared with the combination CRT and ICD on overall mortality in 8,284 patients aged 62 -70 with LV dysfunction and HF. The data are from 12 studies. The authors report dominance of the combined intervention carried over in classes NYHA III e IV.

Furthermore the review by Chen (Chen et al 2012) who reviewed four trials with a total of 1,655 participants looking at the effects of CRT-D with ICD compared to ICD on its own evaluating the quality of life of those who took part. Scores for QoL were significantly higher in the higher NYHA classes, indicating maximum benefit, but no significant effect was reported in NYHA classes I and II.

The individual patient data meta-analysis by Cleland and colleagues does not have a search date, as the data were provided by the funder of the study (Medtronic Inc) from Medtronic studies published in the period 2002-2010 comparing defibrillator with pacemaker. The aim was prognostic: to identify reliable predictors of response in the 3,872 participants with a median age of 66. The QRS duration was identified as a powerful predictor of response in terms of all cause mortality and morbidity..

The logical thread of most of the reviews is the same as progressively more data become available from more trials, the uncertainty and seemingly contradictory findings are more likely to be resolved.

This brief description of the included studies shows the apparent abundant evidence at our disposal and the very complicated nature of the topic. Other than last and most recent and powerful systematic review and meta-analysis, in the line up is that by Chen et al (Chen et al 2013). This includes data from 5,674 participants in 8 randomised controlled trials. The rationale for carrying out yet another review is that despite the development of drug therapy, prognosis of patients with HF has not improved much. Those more likely to benefit from CRT-D insertion are those with mild to moderate HF. Evidence shows that ICDs reduce mortality in these failure patients due to the reduction of sudden death by ventricular fibrillation, but this however does not reduce mortality or rehospitalization due to episodes of pump failure, as it has no impact on ventricular function. Instead, CRT-P associated with optimal drug therapy has been shown to significantly improve outcomes linked to improve ventricular function in HF patients in whom cardiac contraction is not synchronous (see below). Thus, there are logical reasons for the hypothesis that the association CRT + ICD, by concomitantly acting on both improvement of cardiac function and on prevention of arrhythmic death would significantly improve the prognosis of HF patients (MADIT investigators 2006). Although earlier studies designed to test this hypothesis have failed due to the confounding effects of drug therapy, population and length of follow up of patients, more recently the RAFT study showed a significant reduction of HF hospitalization, mortality, and morbidity in long-term follow-up for CRT+ICD. However, because these results could be observed only in patients with the longest prognosis, this already introduces an additional bias. To overcome these limitations, the study of Chen considered the eight major studies (with 50 or more participants) comparing CRT-D versus ICD and investigated these series through analysis conducted for subgroups according to NYHA class, duration of follow-up, and design of the study [Chen 2013]. Following this approach, the study by Chen et al shows a significant superiority of CRT-D on ICD in reducing hospitalizations for HF and improvement in functional class in all subgroups. The same subgroup analysis shows a benefit on survival in all mentioned subgroups, and a more evident effect in the longer follow up. However, subgroups of patients with bundle branch block, near-normal QRS, and atrial fibrillation were not analyzed in this study for lack of data.

The recent study by Siphai shows efficacy of CRT-D in bundle branch block but not in the other conduction disturbances [Siphai 2012]. Stavrakis reports greater effectiveness of CRT-D in patients with  $QRS \geq 150$  [Stavrakis 2012]. At the moment there is no clear evidence about the effectiveness of CRT-D in patients with AF. The MADIT-CRT and RAFT studies show a higher incidence of procedural complications such as pneumothorax, infection-related devices, pocket hematoma, catheter problems in the CRT-D group than in the ICD. Chen et al, in the

aforementioned study, noted the significant increase in the dislocation of catheters and dissection of the coronary sinus. Although these complications have not been fatal, they have however increased the duration of hospitalization and then decreased the quality of life (see also Harms chapter). As these results were extrapolated to patient groups with lower average age than that which occurs in normal clinical practice, the higher incidence of procedural complications should be well considered in patients of advanced age before deciding in favour of CRT-D.

Having established that CRT is a very effective therapy in the majority (but not all) patients with cardiac asynchrony, an important question remains: which is the most effective form of CRT in such patients? Is CRT-P alone as effective as combined CRT+ICD (i.e. CRT-D)? Unfortunately, only a few, small, trials have addressed this issue, with the possible exception of the COMPANION trial [Bristow 2004], which randomized 1520 HF patients with NYHA class III and IV to optimal medical therapy (OPT - diuretics, angiotensin-converting-enzyme inhibitors, beta-blockers, and spironolactone) alone, or in combination with CRT-P or CRT-D. Patients were included with HF due to either ischemic or nonischemic cardiomyopathies and needed to have a QRS interval of at least 120 msec. As compared with optimal pharmacologic therapy alone, CRT-P decreased the risk of the primary end point (hazard ratio, 0.81;  $P=0.014$ ), to the same extent as did CRT-D (hazard ratio, 0.80;  $P=0.01$ ). The risk of the combined end point of death or hospitalization for HF was reduced by 34 percent in the CRT-P group ( $P<0.002$ ) and by 40 percent in the CRT-D group ( $P<0.001$  for the comparison with the pharmacologic-therapy group). CRT-P reduced the risk of the secondary end point of death from any cause by 24 percent ( $P=0.059$ ) and CRT-D reduced the risk by 36 percent ( $P=0.003$ ).

#### 4.4 Safety

Safety considered as losses of capture, cardiac device infections and frequency of adverse events between CRT-D and CRT-P recipients is a crucial topic. The MADIT-CRT and RAFT studies [Noyes 2013, Birnie 2013] show a higher incidence of procedural complications such as pneumothorax, device-related infections, pocket hematoma, and catheteric problems in the CRT-D group than in the ICD. Chen et al note the significant increase in the dislocation of catheters and dissection of the coronary sinus. The European CRT registry reported a 9% rate of peri-procedural complications in CRT-D vs 12% in CRT-P recipients (ns) [Dickstein 2013]. In contrast, Schuchert et al [Schuchert 2013] observed a three-fold higher rate of lead-related complications in CRT-D than in CRT-P recipients (almost entirely due to loss of electrical capture). In this study, variable technical skills among operators would not explain this observation, as both systems were implanted by the same physicians at each centre. Furthermore, the sensing function of ICD leads must be flawless, which may explain the earlier and more frequent detection of adverse events

than in CRT-P recipients. Despite the similarity of the atrial and LV stimulation leads in both study groups, authors observed a higher rate of lead-related complications in the CRT-D than in the CRT-P group. The overall incidence of device-related infections is increasing [Cabell 2004]. Klug and Romeyer-Bouchrad in their respective studies found that implantation of dual- and triple-chamber devices was associated with a two-fold higher risk of infection than implantation of single chamber devices [Klug 2007] [Romeyer-Bouchard 2010]. Johansen in a direct comparison between CRT-D and CRT-P, observed that CRT-P was associated with a nearly 5.5-fold higher risk of infection [Johansen 2011]. In contrast, Schuchert et al observed no difference in the incidence of infections between the two patient groups, suggesting that the more complex CRT-D systems are not associated with a greater risk of infections.

## 5. Economic analysis

### 5.1 Methods

The economic analysis comprised mainly a systematic review of economic evidence and a context analysis in terms of activities volume and contract prices.

Economic evaluations comparing directly the cardiac resynchronization therapy (CRT) individually either with the CRT-D (CRT plus ICD) or implantable cardioverter defibrillator (ICD) alone were included in our systematic review. We considered economic studies - cost-effectiveness, cost-utility, cost-benefit and cost analyses - published in the last 10 years, in English or Italian languages.

We searched the following main electronic databases: Medline, EMBASE, Cochrane Library, EcoLIT and Health Economic Evaluations Databases (HEED). Searches were conducted from 11<sup>st</sup> to 13<sup>rd</sup> March 2014 to identify all economic studies published from January 2004 to date. Search strategies are reported in details in Appendix 7. The results of the search strategy are listed in the Table 5.1.

**Table 5.1: Databases searched and results**

| Database         | Research date | Results |
|------------------|---------------|---------|
| MedLine via OVID | 11 march 2014 | 23      |
| Embase           | 12 march 2014 | 289     |
| CL EED           | 13 march 2014 | 27      |

Two reviewers screened titles and abstracts of records identified, resulting from the electronic databases' search, for potential eligibility independently. The full text of relevant papers were then retrieved and two reviewers formally assessed them, independently, with respect to their potential relevance according to the inclusion criteria. If it was unclear from an abstract or title whether a study was relevant, the full paper of the study was obtained for further information. Disagreements were resolved by discussion and when agreement was not reached, a third reviewer was consulted.

Data extraction was planned to be performed, independently and in duplicate, by two reviewers (MC and MRP). We intended to extract economic data related to CRT-D device and its comparators (CRT-P and ICD) with an ad hoc form. The form template is reported in Appendix 8. The methodological quality of economic studies was appraised using the CHEERS statement [Husereau D, 2013]. The context analysis was performed collecting data on volume of used devices and related contract prices from the national database of Italian Ministry of Health. Context data were referred to 2012 and 2013 years (see paragraph 3.3).

## 5.2 Results

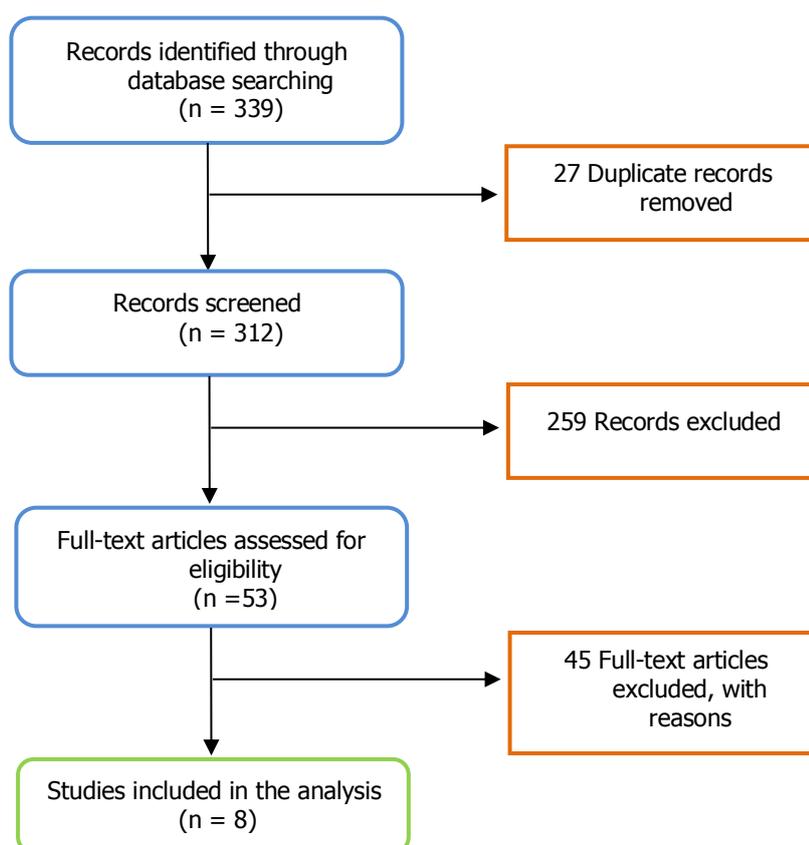
### 5.2.1 Systematic review

Through electronic searches we identified 339 titles/abstracts and selected 11 as relevant to our systematic review.

Twenty-seven records out of 339 were duplicates. Based on the relevance of titles and abstracts, 53 articles underwent full-text screening by two authors (MC and MRP); the disagreement was solved by discussion. After reading the full text of the studies, 45 studies were excluded because they did not meet inclusion criteria. The bibliographic references of excluded studies were listed, alongside reasons for their exclusion, in Appendix 9. Regarding 7 studies only abstract from conference/congress could be retrieved; first authors of the abstract were contacted by mail with the request to receive the full paper for the inclusion in our systematic review.

Eight articles met our eligibility criteria (Fig 5.1). The bibliographic references of the studies included in this systematic review were reported at Appendix 10.

**Figure 5.1:** Flow-chart of economic evidence



### 5.2.2 Economic studies analysis

Data were extracted from the included economic studies and reported in tables. Table 5.2 showed the main study features of each economic evaluation. Five of the included economic analyses were based on decision model, two used trial data [MADIT-CRT and CART-HF] and one developed a model for cost analysis.

Five studies performed a cost-effectiveness and a cost-utility analysis, except the study by Fox et al [Fox 2007] which included only cost-utility analysis, and two studies performed a cost analysis. Among the five model based studies, three considered lifetime horizon and the last two carried out an economic evaluation over seven and twenty years.

Regarding the analysis' perspective, 4 of 8 studies were carried out from national health system perspective, 3 from third party payer and last one from the hospital.

Three studies compared the cost-effectiveness of CRT-D with ICD; 4 studies compared CRT-P vs CRT-D while one performed both comparisons: CRT-P vs CRT-D and CRT-D vs ICD.

Three of the included studies were funded by devices' manufacturer; while one study did not receive specific grant from any funding agency in the public, commercial or not for profit sectors and two did not declare this information; the last two received a public funding, one from UK HTA Programme and one from Brazilian National institute of Science and Technology for HTA (IATS).



**Table 5.2:** Economic analyses included in the Systematic review

| Study                 | Objective  | Study type                             | Analysis type | Country and price year      | Perspective  | Time horizon | Comparison   | Funding                         |
|-----------------------|--|--|---------------|-----------------------------|--|--------------|--|---------------------------------|
| Noyes et al, 2013     | To evaluate 4-year cost-effectiveness of CRT-ICD compared to ICD alone using MADIT-CRT data  | Trial based (MADIT CRT)                | CEA and CUA   | USA, 2008                   | Third party payer                                  | 4 years      | CRT-D vs ICD   | Boston Scientific               |
| Neyt et al, 2011      | To assess the cost-effectiveness of cardiac resynchronization therapy (CRT) both with CRT-P and with CRT-D in patients with NYHA functional class III/IV   | Decision model                         | CEA and CUA   | Belgium, NR                 | Third party payer                                  | Lifetime     | CRT-P+OPT vs OPT<br>CRT-D+OPT vs OPT<br>CRT-D+OPT vs CRT-P+OPT | None                            |
| Yao et al, 2007       | To evaluate the long term ICER of CRT-P and MT compared to MT alone; in addition we evaluated the cost-effectiveness of CRT-ICD + MT vs MT and the relative cost-effectiveness of CRT-P and CRT-D  | Decision model                         | CEA and CUA   | UK, NR                      | UK NHS   | Lifetime     | CRT-P+MT vs MT<br>CRT-D+MT vs MT<br>CRT-D+MT vs CRT-P+MT       | Medtronic Inc.                  |
| Fox et al, 2007       | To assess the clinical effectiveness and cost-effectiveness of CRT for people with HF and evidence of dyssynchrony by comparing CRT-P and CRT-D devices each with OPT and with each other  | Decision model                         | CUA           | UK, 2005                    | UK NHS   | Lifetime     | CRT-P vs OPT<br>CRT-D vs OPT<br>CRT-D vs CRT-P                 | HTA Programme on behalf of NICE |
| Feldman et al, 2005   | To estimate the cost effectiveness of CRT-P and CRT-D for patients living with HF modeling the COMPANION trial data  | Decision model (Trial based COMPANION) | CEA and CUA   | USA, 2004                   | Third party payer (Medicare and Medicaid services) | 7 years      | CRT-D vs CRT-P vs OPT  | NR                              |
| Bentkover et al, 2007 | To evaluate the economic outcomes associated with ICD+CRT therapy versus ICD treatment alone, by applying representative costs for the provinces of Quebec and Ontario to medial resource and patient diary data collected from the CART-HF study. | Trial based (CART-HF)                  | CA            | Canada (Quebec and Ontario) | NHS  | 3-6 months   | CRT-D vs ICD   | Guidant Inc Canada              |

|                      |   |  |             |              |               |          |  |   |
|----------------------|---|--|-------------|--------------|---------------|----------|--|---|
| Bertoldi et al, 2013 | To perform a cost-effectiveness study of CRT in HF patients in Brazil, using a Markov process decision-analytic model to address the incremental cost-effectiveness ratio of adding CRT to the standard of care in HF patients.   | Decision-analytic model (Markov model) | CEA and CUA | Brazil, 2010 | NHS Brazilian | 20 years | CRT-P vs OMT<br>CRT-D vs OMT<br>CRT-D vs ICD<br>CRT-D vs CRT-P | National Institute of Science and Technology for Health Technology Assessment (IATS) Brazil |
| Boriani et al, 2013  | To determine the long-term costs of extending device longevity in four patients populations requiring a single-chamber implantable cardioverter-defibrillator (ICD) or requiring cardiac resynchronization therapy with defibrillation (CRT-D) device over a 15-year time window. | Model                                  | CA          | Europe, 2012 | Hospital      | 15 years | ICD vs CRT-D   | NR  |

**Legend**

CA: cost-analysis

CEA: cost-effectiveness analysis

CUA: cost-utility analysis

CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator

CRT-P: cardiac resynchronization therapy

HF: heart failure

ICD: implantable cardioverter defibrillator

MT: medical therapy

NR: not reported

NHS: national health system

NYHA: New York heart association

OPT: optimal pharmacological therapy

### 5.2.3 Study description

Noyes et al 2013 estimated incremental cost effectiveness ratio (ICER) measuring effectiveness results and the total costs of CRT-D compared to ICD alone within the US subgroup of the MADIT-CRT trial. Patients of either sex and at least 21 years of age, enrolled in the RCT, were in NYHA class I or II and they had a left ventricular ejection fraction of 30% or less, and prolonged intra-ventricular conduction with a QRS duration of 130 milliseconds or more. Sub group analyses were performed for patients with and without left bundle branch block (LBBB) since the benefits of CRT-D therapy were observed to be most relevant in patients with LBBB conduction disturbance. MADIT CRT trial primary clinical endpoint was a non-fatal HF event or death from any cause, whichever came first; hence to evaluate either the survival and the survival free of HF events 2 versions of life-years (LY) and QALY were measured: overall (unrestricted) LY and QALY and HF free LY and QALY. Utility weights were estimated using the EQ-5D questionnaire<sup>2</sup>. Healthcare resources utilization data were collected including hospitalization for implantation procedure, number of hospitalization during follow up, emergency room and physician visits, outpatients surgeries and diagnostic tests and procedures. The related costs were estimated on the basis of in-trial data and administrative databases; consistently to third payer perspective only direct costs were estimated. Costs for device plus implantation accounted for 70% or more of the total costs. Benefits and costs were discounted at a 3% rate. Estimates of results were reported in the Table 5.3 Economic results [Noyes et al, 2013].

**Table 5.3:** Economic results [Noyes et al, 2013]

|                          | CRT-D  | ICD    | Economic results       | Authors' conclusions   | Quality appraisal                     |
|--------------------------|--------|--------|------------------------|--|---------------------------------------|
| <b>All patients</b>      |        |        |                        |  |                                       |
| Cost (\$)                | 62,600 | 57,050 | ICER:                  | This study provides evidence that the cost of improving life expectancy with CRT in high-risk cardiac patients with LBBB is reasonable by the societal standards and is worth being covered by public health insurance plans, but with no real evidence of value in non-LBBB patients. Within the LBBB subgroup, cost-effectiveness was especially strong in females and in the age group 65–74 years—well under \$25,000/QALY in each subgroup studied except the oldest age group, 75+ years of age, which is well above the currently utilized threshold of \$50,000/QALY | 13 Yes<br>2 No<br>7 Partially<br>5 NA |
| UnLY                     | 3.61   | 3.54   | \$80,910/unLY          |  |                                       |
| UnQALY                   | 3.16   | 3.07   | \$58,330/unQALY        |  |                                       |
| HF-free-LY               | 3.29   | 3.02   | \$21,100/HF-freeLY     |  |                                       |
| HF-free-QALY             | 2.89   | 2.65   | \$22,920/ HF-free-QALY |  |                                       |
| <b>LBBB patients</b>     |        |        |                        |  |                                       |
| Cost (\$)                | 60,090 | 56,730 | ICER:                  |  |                                       |
| UnLY                     | 3.66   | 3.51   | \$23,330/unLY          |  |                                       |
| UnQALY                   | 3.25   | 3.05   | \$16,640/unQALY        |  |                                       |
| HF-free-LY               | 3.41   | 2.94   | \$7,180/HF-freeLY      |  |                                       |
| HF-free-QALY             | 3.04   | 2.58   | \$7,320/ HF-free-QALY  |  |                                       |
| <b>Non-LBBB patients</b> |        |        |                        |  |                                       |
| Cost (\$)                | 68,100 | 57,600 | CRT-D DOMINATED        |  |                                       |
| UnLY                     | 3.50   | 3.62   |                        |  |                                       |
| UnQALY                   | 2.97   | 3.13   |                        |  |                                       |
| HF-free-LY               | 3.02   | 3.22   |                        |  |                                       |
| HF-free-QALY             | 2.57   | 2.82   |                        |  |                                       |

**Legend**

UnLY: unrestricted life years gained

UnQALY: unrestricted quality adjusted life years gained

<sup>2</sup> EQ-5D is a prescored health utility assessment system defined over 5 domains of health: mobility, self-care, usual activity, pain and emotional health.

HF-free-LY: heart failure free life years gained  
HF-free-QALY: heart failure free quality adjusted life years gained  
LBBB: left bundle branch block  
CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator  
ICD: implantable cardioverter defibrillator  
ICER: incremental cost-effectiveness ratio  
NA: not applicable

ICER over 4 years in all patients was \$58,330/unrestricted QALY and \$22,920/HF free QALY; within the LBBB subgroup the ICER was even more positive by measuring \$16,640 per unrestricted QALY and \$7,320 per HF free QALY. As regards sex and age groups, analysed within LBBB group, ICERs were less than \$25,000 for each gender and for age groups <75 years. CRT-D was dominated by ICD for non-LBBB patients, hence ICERs were not calculated for this group.

The probability of CRT-D to be cost-effective compared with ICD alone varying the willingness to pay (WTP) threshold (CEAC) showed that the chance that CRT-D is cost-effective is about 40% at a WTP of \$50,000/QALY and it increases to almost 80% for a WTP of \$100,000.

LBBB subgroup analysis highlighted that differences in health outcomes between the two devices increased significantly in each year for HF free LY/QALYs and for unrestricted outcome (except the first year). Over a longer time horizon the ongoing reduction in HF events will probably be related with more reduction in mortality determining a likely more favourable ICER.

Missing or incomplete data represent the major limit of this economic evaluation; besides the observed variation in the way CRT-ICD and ICD were implanted, reimbursed and monitored among the study centres limit the transferability of the above described economic results to other contexts.

Neyt et al (2011) developed a Markov simulation model over a lifetime horizon to assess the cost effectiveness of cardiac resynchronization therapy either with CRT-P and CRT-D. A cohort of 1,000 CRT eligible patients with moderate to severe HF (NYHA class III-IV), ejection fraction  $\leq 35\%$  and a wide QRS complex was considered. In the base case scenario the cohort corresponded to the patients of COMPANION trial. According to the model patients could receive OPT (optimal pharmacological therapy), CRT-P and CRT-D treatment being at risk of hospitalization due to HF and all-cause mortality in each monthly cycle. Patients receiving CRT-P/D were also at risk of procedure related mortality. In addition patients surviving OPT could upgrade to ICD while patients undergone CRT-P therapy could upgrade to CRT-D. Rates of transition among the different health states were derived from literature. The treatment effects measured through all-cause mortality and hospitalization rates were drawn from COMPANION trial<sup>3</sup> and integrated by study assumptions. Specifically monthly probability of death was assumed to be time dependent, hence the absolute monthly increase in mortality of the normal age and gender adjusted Belgian population was added; hospitalization rates were assumed to be constant over the full lifetime

horizon. The procedure related mortality was drawn from a systematic review of RCT by Fox et al integrated by study assumption; as regards the upgrade and crossover probabilities estimates from the model of Bond et al and Fox et al were used as input of the model. LYs and QALYs gained were calculated to express the lifelong effectiveness results. Utility values were based on literature sources.

The analysis included direct healthcare costs according to the perspective adopted (third payer). Cost items comprised first implantation of devices, replacement, hospitalization, follow up medication (monthly cost), follow up visits and tests and costs of crossover and updated implantation. Costs data were taken from Belgian data (e.g. Belgian technical cell, Belgian centre for pharmacotherapeutic information, etc.), experts opinion and, in some cases, inferred. To capture parameter uncertainty, input variables were modelled as probabilistic values in relation to the characteristics of each variable.

Both benefits and costs were discounted at a rate of 3% and 1.5% respectively on the basis of national pharmacoeconomic guidelines. Economic results stemming from the economic evaluation were reported in the Table 5.4 Economic results [Neyt et al, 2011].

**Table 5.4:** Economic results [Neyt et al, 2011]

|                   | CRT-D vs OPT              | CRT-D vs OPT              | CRT-D vs CRT-P            | Authors' conclusions   | Quality appraisal                     |
|-------------------|---------------------------|---------------------------|---------------------------|--|---------------------------------------|
| Incremental C (€) | 14,745                    | 45,624                    | 30,879                    | Based on efficiency arguments, CRT-P can be recommended for NYHA class III/IV patients if there is a WTP more than €11,000/QALY.   |                                       |
| Incremental LYG   | 1.15                      | 1.85                      | 0.70                      |  |                                       |
| Incremental QALY  | 1.31                      | 1.86                      | 0.55                      |  |                                       |
| ICER:             | 12,834/LYG<br>11,219/QALY | 26,638/LYG<br>25,639/QALY | 44,080/LYG<br>56,615/QALY | Current evidence is insufficient to show the superiority of CRT-D over CRT-P. With a threefold-higher device cost, CRT-D's cost-effectiveness is questionable.<br>Further clinical research should focus on the added value of CRT-D over CRT-P. | 16 Yes<br>2 No<br>6 Partially<br>3 NA |

**Legend**

C: costs  
 LYG: life years gained  
 QALY: quality adjusted life years gained  
 ICER: incremental cost-effectiveness ratio  
 CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator  
 OPT: optimal pharmacological therapy  
 CRT-P: cardiac resynchronization therapy  
 WTP: willingness to pay  
 NA: not applicable

Based on the indirect comparison, CRT-D treatment provided an incremental life expectancy of 0.70 LYG compared to CRT-P with a cost of €30,879 and, taking into account the quality of life, the incremental benefit was 0.55 QALY. An ICER of 57,000/QALY was estimated in the base case

<sup>3</sup> COMPANION trial compared the CRT-P as well as CRT-D versus OPT allowing an indirect comparison between CRT-P and CRT-D to be made.

scenario, suggesting that the incremental benefit associated to CRT-D seems to be too marginal to make this treatment more cost-effective than CRT-P. The cost-effectiveness acceptability curves showed that at a WTP for a QALY  $>€11,000$  CRT-P seems to be the best treatment option; the WTP should be more than  $€56,000/\text{QALY}$  for CRT-D to have the probability of 50% to be cost effective respect to CRT-P. Scenario analyses highlighted that the difference in cost-effectiveness between CRT-D and CRT-P is mainly due to higher device price whereas the incremental benefit was marginal.

The main limitations of this economic analysis, according to the authors, are the short terms follow up of trials necessitating extrapolation assumptions; external validity of trial results that hinder their generalizability and the lack of using generic utility instruments to measure quality of life.

Yao et al (2007) developed Markov model to evaluate the long term incremental cost-effectiveness of both CRT-P and CRT-D plus medical therapy (MT) compared to MT alone; in addition the relative cost-effectiveness of CRT-P and CRT-ICD was evaluated. The study focused on patients affected with heart disease who were in NYHA class III/IV, despite receiving standard medical therapy, with left ejection fraction  $<35\%$ , a left ventricular end-diastolic dimension of  $\geq 30\text{mm}$  and a QRS interval of  $>120\text{ms}$  on the electrocardiogram. The model was comprised of a short term model representing costs/benefits of device implantation and a long term (lifelong term) model capturing costs/effects of device after successful implantation. During each phase patients could move between NYHA classes on the basis of different CRT treatment; experiencing sudden death and unplanned hospitalization (with or without further procedure) depending on NYHA class, treatment (CRT $\pm$ ICD and MT) and time. The majority of effectiveness data and rates, expressed as transition probabilities were taken from CARE-HF trial, whereas the reduction of sudden death due to ICD was based on CARE-HF and COMPANION trials' results. Lifelong effectiveness outcomes were estimated in terms of life years gained and QALY. Utility scores associated to each NYHA class were estimated from quality of life values from CARE-HF trial assessed using EQ-5D questionnaire. Costs analysis was undertaken from UK NHS perspective including cost of devices, of implantation procedure, of hospitalization (both during implantation and unplanned), of medical care and drug costs. Cost data were drawn from CARE-HF trial and integrated by assumptions. Costs and benefits were discounted at a rate of 3.5%. Table 5.5 shows the economic results for the base case<sup>4</sup>.

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<sup>4</sup> In the base case patients started at a fixed age of 65 years, the length of follow up was the lifetime and the battery life was assumed to be 6 years for CRT-P and 7 for CRT-D (manufacturer information).

**Table 5.5:** Economic results [Yao et al, 2007]

|                      | MT     | (CRT-P) + MT | (CRT-D) + MT | Authors' conclusions  | Quality appraisal                     |
|----------------------|--------|--------------|--------------|---|---------------------------------------|
| Cost (€)             | 39,060 | 53,996       | 87,350       | Long term treatment with CRT-P+MT appears cost-effective compared with MT alone. CRT-D+MT was also cost-effective, although to a lesser extent, compared with CRT-P+MT at a willingness to pay of €44,100 (£30,000) per QALY, in the treatment of patients with moderate to severe HF characterized by dyssynchrony, except in those who have a poor life expectancy. | 16 Yes<br>1 No<br>8 Partially<br>2 NA |
| Lys                  | 6.10   | 8.23         | 9.16         |   |                                       |
| QALYs                | 4.08   | 6.06         | 6.75         |   |                                       |
| ICER/LYs (€):        |        |              |              |   |                                       |
| CRT-P+MT vs MT       |        | 7,011        |              |   |                                       |
| CRT-D+MT vs MT       |        | 35,864       |              |   |                                       |
| CRT-D+MT vs CRT-P+MT |        | 15,780       |              |   |                                       |
| ICER/QALYs (€):      |        |              |              |   |                                       |
| CRT-P+MT vs MT       |        | 7,538        |              |   |                                       |
| CRT-D+MT vs MT       |        | 47,909       |              |   |                                       |
| CRT-D+MT vs CRT-P+MT |        | 18,017       |              |   |                                       |

**Legend**

LYs: life years gained

QALYs: quality adjusted life years gained

ICER: incremental cost-effectiveness ratio

MT: medical therapy

CRT-P: cardiac resynchronization therapy

CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator

WTP: willingness to pay

NA: not applicable

The ICER of (CRT-D)+MT compared to (CRT-P)+MT was €47,909/QALY and €35,864/LY gained. On the basis of a WTP of €44,100 (£30,000/QALY) (CRT-D)+MT had only 40% to be cost-effective compared to (CRT-P)+MT. The base case showed that long term treatment with CRT-D is not cost-effective compared to CRT-P at a WTP threshold of €44,100. However sensitivity analysis showed that age of patients affects significantly the ICER; in younger patients (aged 55 and 60 years) the ICER decreases under the threshold and CRT-D becomes cost-effective due to longer potential period when patient is at risk of sudden death. The cost-effectiveness results were sensitive to the length of follow up since it represents the patient's exposure to the risk of sudden death as well as to device battery life. In fact increasing CRT-D battery life from 6 to 8 years the incremental cost for QALY fall to €43,506 under the WTP threshold. The analysis has some limitations as stated by the authors, specifically it is based on simulation rather than direct observation and the lack of evidence comparing CRT-D directly with CRT-P.

Fox et al (2007) assessed the clinical effectiveness and cost-effectiveness of CRT for people with HF and evidence of dyssynchrony by comparing CRT-P and CRT-D devices each with OPT and with each other. Besides a Markov model was developed to assess the lifetime cost-effectiveness of each device with the others. A hypothetical cohort of 1,000 people of different starting ages (30-90 years) with HF due to left ventricular systolic dysfunction and QRS duration >120ms and eligible to CRT were modelled for their lifetime. Patients could receive either a CRT-P or CRT-D device or to remain on OPT alone. A cycle length of 4 weeks was used and 3 sub models were

developed for each of the three devices options (CRT-P, CRT-D and ICD) in addition to OPT. Patients with CRT could experience perioperative complications, adverse events (lead displacement or infection); hospitalization (due to HF); arrhythmic event; device replacement; no events. Depending on the events that occurred patients could die (all causes mortality is considered as well), be stable, undergo a heart transplantation, upgrade either to CRT-D or ICD (CRT-P patients), regress to OPT. People on OPT could experience hospitalization (due to HF), arrhythmic event or no events; accordingly they can potentially die, undergo an heart transplantation, upgrade only to an ICD device, be stable. The transition probabilities among the health states were drawn from literature (SR performed by the same author and included in the report and other clinical trials) or, when no data were available, from experts' opinions. Lifetime effectiveness results in terms of QALYs were derived from the model.

Direct medical costs were collected including implantation of devices, managing device-related problems (lead displacement/failure, lead infection and battery replacement/failure), non-elective hospitalization and outpatient follow up visits. Cost data were drawn from UK NHS database integrated by model assumptions. Costs and benefits were measured in pounds and discounted at a rate of 3.5%. Cost-utility analysis results are shown in Table 5.6: Economic results [Fox et al, 2007].

**Table 5.6:** Economic results [Fox et al, 2007]

|                | CRT-P  | CRT-D  | Authors' conclusions   | Quality appraisal                     |
|----------------|--------|--------|--|---------------------------------------|
| Cost (£)       | 20,997 | 32,687 | When measured using a lifetime time horizon and compared with OPT, the CRT devices (CRT-P ICER £16,735, CRT-D £23,650) are estimated to be cost-effective at a WTP of £30,000/QALY, CRT-P is cost-effective at a WTP threshold of £20,000/QALY. When the cost-effectiveness of all three treatment strategies are compared with each other, the estimated net benefit from CRT-D is less than with the other two strategies, until the WTP threshold exceeds £40,160/QALY. | 18 Yes<br>1 No<br>3 Partially<br>3 NA |
| QALYs          | 3.08   | 4.09   |  |                                       |
| ICER/QALYs (£) | 40,160 |        |  |                                       |

**Legend**

QALYs: quality adjusted life years gained  
 ICER: incremental cost-effectiveness ratio  
 CRT-P: cardiac resynchronization therapy  
 CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator  
 WTP: willingness to pay  
 NA: not applicable

In the base case for a mixed age cohort CRT-D device provided an incremental 0.29 QALY compared with CRT-P. Varying the start age incremental QALYs increased with lowering the age. Compared with OPT the Markov model base case analysis (over a lifetime) estimated that CRT-P conferred an additional 0.70 QALYs for an additional ICER of £11,635/QALY gained for a mixed age cohort. CRT-D versus CRT-P conferred an

additional 0.29 QALYs for an additional £11,689 per person, giving an ICER of £40,160/QALY for a mixed age cohort.

Feldman et al (2005) (Table 5.7) created a model to better understand the relationship of the clinical benefits and health care costs related to CRT, in patients with NYHA functional class III-IV. They replicated, with the model, the treatment observed in the COMPANION trial to adjust the different enrollment and duration of follow-up, aimed to assign costs to resource utilization as documented in the trial and to extend the period of observation.

Survival, costs and quality of life were projected based on parameters derived from trial data. The base case follow-up period was seven years. To calculate incremental cost per life-year gained and cost per quality-adjusted life year (QALY) gained for CRT-D and CRT-P relative to OPT the model included cost of treatment, survival and preference-weighted survival. The study did not directly compare CRT-D with CRT-P.

They resulted that cumulative costs for the average patient were higher in the CRT-D and CRT-P than for the OPT; regarding the survival, modeled, 40% of patients in the CRT-D and 33% of patients in the CRT-P were alive, compared with 23% of patients in the OPT arm; after applying preference weights QALYs were 3.15 for CRT-D, 3.01 for CRT-P and 2.30 for OPT. Cost-effectiveness analysis shows that CRT is economically viable and can be achieved at a reasonable cost.

**Table 5.7:** Synthesis of Economic results [Feldman et al, 2005]

|   | CRT-D     | CRT-P     | OPT       | Authors' conclusions  | Quality appraisal             |
|---|-----------|-----------|-----------|---|-------------------------------|
| Cumulative cost   | \$ 82,200 | \$ 59,900 | \$ 46,000 | The cost-effectiveness analysis indicates that the clinical benefits of CRT are economically viable and can be achieved at a reasonable cost. | 15 Yes<br>7 No<br>5 Partially |
| Cumulative average years survival                         | 4.51      | 4.19      | 3.64      |   |                               |
| Cumulative quality-adjusted survival                      | 3.42      | 3.26      | 2.48      |   |                               |
| Incremental cost per LY (CRT-D vs OPT and CRT-P vs OPT)   | \$46,700  | \$28,100  | -         |   |                               |
| Incremental cost per QALY (CRT-D vs OPT and CRT-P vs OPT) | \$43,000  | \$19,600  | -         |   |                               |

**Legend**

LY: life year gained  
 QALY: quality adjusted life year gained  
 ICER: incremental cost-effectiveness ratio  
 CRT-P: cardiac resynchronization therapy  
 CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator  
 OPT: optimal pharmacological therapy

Bentkover et al analyzed the economic outcome associated with ICD+CRT therapy vs only ICD treatment, applying representative costs for the provinces of Quebec and Ontario, in patients in class NYHA II-IV with EF <35% and QRS >120 msec. The medical resource and patient diary data were collected from the CART-HF randomized controlled trial, collected during 6 months of follow-up.

They collected patient data from case report forms to record hospitalizations, pharmacological therapies, physician visits, as well as all resources utilized in the diagnosis and treatment of adverse events during the follow-up. Patient diary data were used to evaluate the productivity losses associated with medical treatment. The economic analysis contained five cost subcategories: pharmacological therapy, hospitalization, physician visits (as direct costs), productivity losses, considered indirect costs (identified from

a survey of Canadian wages in each province and from individual patient information), and adverse event. They conducted a sensitivity analysis to determine the break-even prices. Economic analyses for both the provinces of Ontario and Quebec found that the post-procedural costs associated with CRT-D were less than those for patients receiving ICD treatment alone. The treatment of HF patients with CRT-D and ICD may offer post-procedural cost savings compared to treatment with ICD alone. The results are reported in the Tables 5.8, 5.9 and 5.10.

**Table 5.8:** Economic model per-patient costs of Ontario

| Cost per patient        | CRT-D    | ICD      |
|-------------------------|----------|----------|
| Pharmacological therapy | C\$636   | C\$866   |
| Physician visits        | C\$54    | C\$25    |
| Hospitalizations        | C\$4,631 | C\$6,511 |
| Adverse events          | C\$143   | C\$143   |
| Productivity losses     | C\$0     | C\$3     |
| Total cos/patient       | C\$5,463 | C\$7,548 |

**Table 5.9:** Economic model per-patient costs of Quebec

| Cost per patient        | CRT-D    | ICD      |
|-------------------------|----------|----------|
| Pharmacological therapy | C\$492   | C\$685   |
| Physician visits        | C\$41    | C\$19    |
| Hospitalizations        | C\$5,140 | C\$7,381 |
| Adverse events          | C\$118   | C\$124   |
| Productivity losses     | C\$0     | C\$3     |
| Total cos/patient       | C\$5,791 | C\$8,211 |

**Table 5.10:** Synthesis of Economic results [Bentkover et al, 2007]

| Comparison   | Authors' conclusion  | Quality Appraisal             |
|--------------|--|-------------------------------|
| CRT-D vs ICD | Economic analyses for both the provinces of Ontario and Quebec, found that the post-procedural costs associated with biventricular pacing were less than those for patients receiving ICD treatment alone. | 8 No<br>17 Yes<br>2 Partially |

**Legend**

CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator  
ICD: implantable cardioverter defibrillator

Bertoldi et al, 2013 performed a cost-effectiveness analysis of CRT in HF patients in Brazil, using a Markov process decision-analytic model, to address the incremental cost-effectiveness ratio of adding CRT to the standard of care in HF patients in class NYHA III-IV with EF < 35% and QRS >120 msec.

They built a model with two components: the first was a simple decision tree representing the costs and consequences of initial device implantation, in a short time, while the second was a state-transition Markov model representing the long term follow up of the hypothetical cohort until the 20 time horizon year. The model assessed 4 different scenarios in which the optimal medical therapy (OMT) was considered as base case: CRT-P vs OMT, ICD vs OMT, CRT-D vs ICD, CRT-D vs CRT-P. They used to collect data of effectiveness of ICD a meta-analysis [Nanthakumar et al]; for the CRT they conducted a systematic review of published clinical trial [twelve studies]. Regarding the effectiveness they considered also complications of device implantation and maintenance. About the utilities and costs they considered the estimate of one study [Gohler et al] that used the EuroQol 5D. They considered the following annual costs of OMT: physician visits, diagnostic tests, hospital admissions and government supplied medication from a Brazilian cohort. Medication cost were based on the Brazilian Ministry of Health database while the costs of consultations, diagnostic tests, procedures, hospital admission, device implantation and complications were obtained from the public healthcare systems codebooks.

The incremental cost-effectiveness ratio of CRT-P over conventional therapy was Int\$29,441 per LY gained, and Int\$ 15,723 per QALY gained. For the combination device, CRT-D, ICER were Int\$ 43,054/LY and Int\$36,940 /QALY over ICD alone, and Int\$ 62,437/LY and Int\$ 84,345/QALY over CRT-P. The one-sensitive analysis showed that the model was most sensitive to the cost of the devices, their impact of HF mortality, and the battery longevity, with longer battery longevities causing a reduction in the ICER of CRT-D over CRT-P or ICD. The authors considered, for the willingness-to-pay, the threshold suggested by the World Health Organization like Int\$31,689; consequently CRT-D device becomes cost-effective with costs below Int\$48,160 and cost saving with costs below Int\$33,351.

**Table 5.11:** Results per life-year gained

| Treatment      | Cost (Int\$) | Incremental cost (Int\$) | LYs  | Incremental LYs | ICER (per LY gained) (Int\$) |
|----------------|--------------|--------------------------|------|-----------------|------------------------------|
| OMT            | 9615         | -                        | 5.92 | -               | -                            |
| CRT-P vs OMT   | 34,615       | 25,000                   | 6.77 | 0.85            | 29,411                       |
| ICD vs OMT     | 60,897       | 51,282                   | 6.90 | 0.98            | 52,328                       |
| CRT-D vs ICD   | 82,692       | 21,794                   | 7.54 | 0.64            | 34,054                       |
| CRT-D vs CRT-P | 82,692       | 48,076                   | 7.54 | 0.77            | 62,437                       |

**Legend**

LYs: life years gained  
 ICER: incremental cost-effectiveness ratio  
 OMT: optimal medical therapy  
 CRT-P: cardiac resynchronization therapy  
 ICD: implantable cardioverter defibrillator  
 CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator  
 Int\$:international dollar

**Table 5.12:** Results per quality-adjusted life-year gained

| Treatment      | Cost (Int\$) | Incremental cost (Int\$) | QALYs | Incremental QALYs | ICER (per QALY gained) (Int\$) |
|----------------|--------------|--------------------------|-------|-------------------|--------------------------------|
| OMT            | 9615         | -                        | 4.4   | -                 | -                              |
| CRT-P vs OMT   | 34,615       | 25,000                   | 5.99  | 1.59              | 15,723                         |
| ICD vs OMT     | 60,897       | 51,282                   | 5.97  | 1.57              | 32,663                         |
| CRT-D vs ICD   | 82,692       | 21,794                   | 6.56  | 0.59              | 36,940                         |
| CRT-D vs CRT-P | 82,692       | 48,076                   | 6.56  | 0.57              | 84,345                         |

**Legend**

QALYs: quality adjusted life years gained

ICER: incremental cost-effectiveness ratio

OMT: optimal medical therapy

CRT-P: cardiac resynchronization therapy

ICD: implantable cardioverter defibrillator

CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator

**Table 5.13:** Synthesis of Economic results [Bertoldi et al, 2013]

| Comparison   | Authors' conclusion  | Quality Appraisal             |
|--|--|-------------------------------|
| CRT-P vs OMT<br>ICD vs OMT<br>CRT-D vs ICD<br>CRT-D vs CRT-P | For patients scheduled to receive CRT-P devices, upgrading to CRT-D is costly, with a resulting ICER well above the suggested WTP threshold; for patients scheduled to receive ICD, the upgrade to CRT-D has an ICER that is only slightly above the improvement of battery longevity could make it an attractive strategy for patients that fulfill indication criteria for both devices. | 6 No<br>19 Yes<br>2 Partially |

**Legend**

OMT: optimal medical therapy

CRT-P: cardiac resynchronization therapy

ICD: implantable cardioverter defibrillator

CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator

Boriani et al, 2013 performed a model-based cost analysis, in 4 different populations with different prognosis, to determine the cost-impact of extending device longevity in different clinical scenarios requiring treatment with ICD or CRT-D devices, because they stated that the cost of device therapy is not only attributable to the cost of the initial implantation but also to the cost of device replacements and associated complications. In their cost-analysis they considered the cost of devices, procedures, follow-up, post-implant management complications, in four different populations, during the different horizon time as well as the device longevity. The modeling study showed that device longevity has an important impact, adopting a long time horizon of 15 years, of device therapy. They concluded that the extending of longevity has an important impact in reducing long-term costs of device therapy reporting a substantial daily savings in favour of devices with extended longevity, in the range of 29-34%, depending on the clinical scenario. If the ICDs and CRT-Ds are considered equal for effectiveness, the device longevity should be considered an important factor of choice because determines a marked reduction in the daily costs.

**Table 5.14:** Synthesis of Economic results [Boriani et al, 2013]

| Comparison   | Authors' conclusion  | Quality Appraisal              |
|--------------|--|--------------------------------|
| ICD vs CRT-D | Extending device longevity has an important impact in reducing long-term costs of device therapy, with substantial daily savings in favour of devices with extended longevity, in the range of 29-34%, depending on the clinical scenario. | 10 No<br>16 Yes<br>1 Partially |

**Legend**

ICD: implantable cardioverter defibrillator

CRT-D: cardiac resynchronization therapy with implantable cardioverter defibrillator

### 5.2.4 Methodological quality appraisal

The methodological quality of included economic studies was appraised through the CHEERS (Consolidated Health Economic Evaluation reporting Standards) checklist developed by ISPOR [Husereau et al, 2013]. The checklist aims at providing detailed guidance on the appropriate reporting of health economic evaluations. It comprises 24 recommendations divided into six main categories: title/abstract [2]; introduction [1]; methods [16]; results [5]; discussion [1] and other [2] [Husereau et al, 2013]. A simplified tool based on CHEERS was developed to assess the quality of the 12 cost-analyses described above. Recommendations judged to be pertinent only to cost-effectiveness, cost-utility or cost-benefit analyses were not applied (e.g. economic model based recommendations). The results of methodological quality appraisal were reported in the tables "Synthesis of Economic results" for each study (Tables 5.3-5.7, 5.10, 5.13-5.14).

As regards cost-effectiveness and cost-utility analyses included, overall quality reaches high level with most of the items (from 20 to 24 on 27) fully or partially satisfied; on the other hand overall quality of the 2 cost-analysis studies is quite high: 17/27 and 19/27 items, respectively, fully or partially satisfied.

### 5.3 Conclusion

Among the studies comparing CRT-D with ICD one is a cost-effectiveness analysis [Noyes et al, 2013] while other two studies are cost-analysis [Bentkover et al 2007, Boriani et al 2013].

Noyes concluded that CRT-D is reasonably more cost-effective compared to ICD, especially in patients with LBBB and aged < 75 years old (NYHA I-II). In non LBBB patients CRT-D was dominated by ICD.

Bentkover et al 2007, concluded that the post-procedural costs associated with CRT-D were less than those associated with ICD alone in patients in class NYHA II-IV with EF <35% and QRS >120 msec.

Boriani et al 2013, concluded that extending longevity of device has an important impact in reducing long-term costs of device therapy in 4 different populations with different prognosis.

All studies comparing CRT-D vs CRT-P concluded that, with a defined WTP in the base-case, CRT-D is not cost-effective. In particular, Neyt et al 2011, stated that the current evidence is insufficient to show the superiority in terms of cost-effectiveness of CRT-D over CRT-P in patients with moderate to severe HF (NYHA III-IV) with EF < 35% and wide QRS complex, and they recommended further clinical research to be performed. Yao et al 2007 concluded that the base-case shows that long-term treatment with CRT-D is not

cost-effective compared to CRT-P in similar patients at a willingness-to-pay threshold of € 44,100/QALY gained. Fox et al, 2007 declared that the estimated net benefit from CRT-D is less than with CRT-P until the WTP threshold exceeds £ 40,160/QALY gained, in patients with left ventricular systolic dysfunction and QRS >120 msec. Feldman et al 2005, did not carry out a direct cost-effectiveness comparisons in NYHA III-IV patients. The last study [Bertoldi et al, 2013], that compared the CRT-D vs ICD and CRT-D vs CRT-P, concluded that, with WTP equal to Int\$31,689 suggested by WHO, the CRT-D is not cost-effective in both the comparisons. The population was class NYHA III-IV with EF < 35% and QRS >120 msec. Available evidence suggests that CRT-D is not dominant compared to CRT-P, while the most recent studies comparing ICD with CRT-D come to different conclusions, possibly because of the less serious type of patient included in the Noyes study.

## 6. Discussion

A comprehensive analysis of the literature indicates superiority of CRT-D on CRT-P and ICD alone. This superiority is observed more significantly in series with greater follow-up (> 1 year). This is probably due to a higher incidence of conduction defects that occur in the more complex CRT-D lead set up primarily in the early periods after implantation. Therefore, this initial handicap is absorbed in the continuation of follow-up with an advantage in terms of reduced mortality and hospitalization rate. The longer follow-up is represented by series of patients with a better NYHA class at the time of implantation of the CRT-D.

According with the current state of the art CRT-D implantation is justified in patients who have adequate criteria for both CRT and ICD and presenting a prognosis > 1 year (NYHA class <IV, age < 80 years, no severe comorbidities, etc.). The same limited impact of CRT-D over CRT-P seems also evident when restricting the analysis to more severely ill patients. In a retrospective subanalysis of COMPANION, for NYHA class IV patients, the median duration of follow-up for the primary end point was 7.2 months for OPT, 14.2 months for CRT, and 14.1 month for CRT-D. The primary end point of time to death or hospitalization for any cause was significantly and similarly prolonged by both CRT (HR, 0.64; P=0.02) or by CRT-D (HR, 0.62; P=0.01) compared with optimal medical therapy (OPT). Time to mortality or HF hospitalization was significantly improved by both CRT (HR, 0.57; P=0.01) and CRT-D (HR, 0.49; P=0.001) compared with OPT. Analysis of time to HF death or HF hospitalization demonstrated a significant benefit of CRT-D (CRT-D versus OPT: HR, 0.58; P=0.03), whereas there was a strong trend for a benefit of CRT versus OPT which missed significance (CRT versus OPT: HR, 0.64; P=0.07). Importantly, CRT did not differ from CRT-D for any of those endpoints.

Of particular relevance are the COMPANION subanalysis data with respect to the possibility of preventing cardiac arrhythmic death by the simultaneous use of CRT-D [Carson et al 2005]. While there was an obvious advantage of using CRT-D compared to OPT alone, this advantage was largely lost when comparing CRT-D vs CRT-P, although there was an indication of benefit. However, the numerical advantage conferred by CRT-D vs CRT-P in terms of fewer sudden deaths, was largely offset by the number of patients who died of pump failure, who were more numerous, and in whom CRT-D actually showed a trend toward worse (not significant) results compared to CRT-P. In conclusion, in the COMPANION subanalysis, the absolute number of events was small, hence those results do not allow to reach a firm conclusion with respect to the superiority of one device over the other.

Our preliminary observations and findings are not dissimilar from those made by the NICE appraisal committee in their recent preliminary guidance document (NICE 2014). NICE recommends Implantable cardioverter defibrillators, cardiac resynchronisation therapy (CRT) with defibrillator (CRT-D) or CRT with pacing (CRT-P) as treatment options for people with HF who have left ventricular dysfunction with an LVEF of 35% or less (NICE 2014).

## 7. Conclusions

Given the limitations of COMPANION and earlier trials, and the paucity of data that have been specifically obtained thereafter, as of today the best summary of available evidence is still what was aptly conveyed by Bristow et al 10 years ago: “In selected patients, cardiac-resynchronization therapy with a pacemaker or a pacemaker–defibrillator can improve the clinical course of chronic HF due to a dilated cardiomyopathy. CRT-P is associated with a reduction in hospitalizations and symptoms and improved exercise tolerance and quality of life, and the addition of a defibrillator to cardiac-resynchronization therapy further reduces mortality. The decision of which of these two therapeutic options is appropriate for a particular setting is best determined on an individual basis by patients and their physicians” [Bristow 2004]. In short, the role of CRT in the management of HF depends largely on appropriate patient selection, the best criteria for which, however, are still a subject of debate, especially in those with minimal QRS abnormalities and atrial fibrillation for whom there is at present little evidence of benefit.

Recently, the European Society of Cardiology (ESC) published a focused update of device guidelines for patients with HF based on findings from more recent clinical trials [Brignole 2013]. For patients with NYHA Class III/IV HF, these updated guidelines specify that LV dilatation is no longer a requirement, Class IV patients should be ambulatory, and patients should have a reasonable expectation of survival for at least >6 months with good functional status.

For cardiac resynchronization therapy defibrillator (CRT-D) implantation, patients should have a reasonable expectation of survival for 1 year.

The document also underlines the importance of left bundle branch block (LBBB) morphology on ECG, reserving Class IA to patients with LV EF<35%, LBBB and QRS duration  $\geq 150$  ms (1).

With additional findings from MADIT-CRT and REVERSE, both of which demonstrated reduced HF morbidity, a new recommendation was made for patients with NYHA functional Class II HF for whom there is a Class IA indication. In the case of LV EF<35% and QRS width  $\geq 150$  ms, CRT, specified as preferentially CRT-D [Brignole 2013].

It is also evident that in certain regions the relative proportion of ICD implants vs CRT (-D and -P) largely exceeds national average, even after adjustments. Again, this is unlikely to be a reflection of different epidemiology or clinical characteristics. This finding is of even greater concern, given the solid evidence that ICDs can only prevent possible episodes of life-threatening arrhythmias, but they do not beneficially influence the underlying alterations of cardiac function, as CRT does. Thus, it would be important to grant CRT to those patients in whom cardiac asynchrony is demonstrated.

We have no immediate clues as to what could be possible reasons for this low rate of CRT implants in certain regions (see par.3.3). However, it is possible that this may be a reflection of greater technical complexity of CRT implant (which may discourage some implant labs), and perhaps also importantly by possible lack of specific HF clinics which are instrumental in properly screening and identifying HF patients with cardiac asynchrony.

In conclusion, the issue of which device to implant in selected HF patients has many facets. In fact, while there are clear indications emerging from numerous trials endorsed by international guidelines, it must be appreciated that the patient population in the “real world” does not precisely match those of randomized trials; this is not just because of older age and/or greater burden of comorbidities frequently found outside trials, but because, by their very nature, most trials ended up enrolling patients in whom there was one clear, compelling indication for implant, and only one. In real world, however, many HF patients tend to have more than one possible indication for device therapy, as detailed below.

- A) patients with depressed left ventricular function (i.e., ejection fraction below 30-35%) are at substantial risk of arrhythmic death, and therefore according to guidelines they are potential candidates to ICD implant; underlying etiology of cardiac disease (i.e., ischemic vs non-ischemic) is largely irrelevant in this scheme. However, this approach does not improve overall cardiac function, nor it influences progression of disease and death by pump failure. Furthermore, this recommendation makes no reference to the presence (or not) of LV asynchrony.
- B) At the same time, there is consensus that CRT is an extremely powerful means to improve cardiac function and geometry in the majority (but not all) of HF patients who show LV asynchrony. Attempts to reduce or eliminate non-responders (e.g., by detailed echo or MRI assessment) have largely proven unsatisfactory. Thus, as of today CRT should be reserved for HF patients with: a) depressed ejection fraction; b) sinus rhythm; c) ECG width >120 msec, and d) left bundle branch block. These criteria leave about 40% of all patients out, in addition to non-responders (estimated at 25% of implants). Another major downside of CRT per se is its limited efficacy in reducing arrhythmic death.

With these considerations in mind, because potential CRT recipients typically are candidates for an ICD because of their severely depressed LV ejection fraction, clinicians have inferred that most CRT recipients should actually receive a CRT-D device, as it would seem logical to combine both CRT and ICD into one device (i.e., CRT-D), in hopes to have a two-pronged

approach to improving long-term outcome of HF patients. Regrettably, while intuitively sound, this approach has received little solid support by both randomized trials and guideline recommendations. Guidelines are largely silent on whether a CRT-P or a device CRT-D should be used. Indeed, evidence supporting this practice is scanty (McAlister FA, Ezekowitz J, Hooton N, et al. Cardiac resynchronization therapy for patients with left ventricular systolic dysfunction: a systematic review. *JAMA* 2007;297:2502–2514.), and the prescription of a CRT-D vs CRT-P device, as reviewed by Exner et al is often directed by geographic, economic, or other factors rather than by evidence-based guidance. (Exner DV, Auricchio A, Singh JP. Contemporary and future trends in cardiac resynchronization therapy to enhance response. *Heart Rhythm*. 2012;9(8 Suppl):S27–35). As for large randomized clinical trials, as already discussed only COMPANION has directly compared clinical outcomes of patients randomized to CRT-P vs CRT-D; and no clear superiority of CRT-D could be firmly established. Nevertheless, since there is a relatively small risk of sudden death in patients receiving CRT-P, (Boveda S, Marijon E, Jacob S, et al. Incidence and prognostic significance of sustained ventricular tachycardias in HF patients implanted with biventricular pacemakers without a back-up defibrillator: results from the prospective, multicentre, Mona Lisa cohort study. *Eur Heart J* 2009;30:1237–1244.), cardiologists quite often implant a CRT-D device in HF patients.

However, it must be kept in mind that CRT-D can only display its potential usefulness in patients presenting all criteria for CRT, that as discussed represent little more than half of HF population with depressed LV function. Furthermore, this decision must be weighed against the imperative that the favorable impact of CRT-D on reducing sudden death be balanced with the potential downsides of this therapy (e.g., shorter battery life span, higher risk for lead-related complications, and costs).

Cost-effectiveness and cost utility evidence, available so far, suggests that CRT-D is not dominant compared to CRT-P in patients with NYHA functional class III-IV, EF<35% and QRS complex (>120 msec). On the other hand a most recent study comparing ICD with CRT-D comes to different conclusions in patients with LBBB and aged < 75 years, possibly because of less serious type of patients (NYHA I-II).

Cost analyses comparing CRT-D vs ICD alone concluded that the post-procedural costs of CRT-D were less than those for ICD alone and, in long term, cost savings could increase with the extending of battery longevity of CRT-D.

In 2012 in Italy ICDs were the most used device (65% of all implants), with 3,030 units bought (30% of units bought), and a 10,803 implanted. The ratio of 3:1 is the opposite for CRT-P with

1,227 implanted devices and 3,126 bought. For CRT-D, 4,999 were bought and 4,461 were implanted. It is important to bear in mind that as the date of purchase is unknown, it is possible that a proportion of these devices were implanted in the early months of 2013. In addition some of the regions like Lazio did not report purchases to the database in 2012 (8 devices in total were reported) but 1,680 were implanted.

Readers must bear in mind that the purchase data may be incomplete, thereby underestimating the total.

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## **9. Competing interests declaration**

The Authors declare that they will not receive either benefits or harms from the publication of this report.

None of the Authors have or have held shares, consultancies or personal relationships with any of the manufacturers of the devices assessed in this report.



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## List of acronyms and abbreviations

AT/AF , atrial tachyarrhythmias / atrial fibrillation

CAD: Coronary Artery Disease

CRT = Cardiac Resynchronization Therapy

CRT-D: Cardiac resynchronization therapy and defibrillator

CRT-P: Cardiac resynchronization therapy and pacemaker

CND: Classificazione Nazionale Dispositivi medici – national classification of medical devices.

GMDN: global medical device nomenclature.

EF: ejection fraction

HF: heart failure

HFH: heart failure hospitalization

HFrEF: heart failure with reduced ejection fraction

HFpEF: heart failure with preserved ejection fraction

ICD: implantable cardioverter-defibrillators

LV: left ventricular

NOS: Newcastle-Ottawa Scale.

RAAS: renin-angiotensin-aldosterone system

RDM: general repertory of medical devices.

SSN: Servizio Sanitario Nazionale – the Italian national health service.

VT: ventricular tachycarhythmias

VF: ventricular fibrillation

## Appendix 1 – CRT-D technical details



Verbale incontro tecnico con il Produttore: \_\_\_\_\_

data, \_\_\_\_\_

Presenti all'incontro: \_\_\_\_\_

Ordine del giorno e punti di discussione:

- 1) Analisi del quadro sinottico allegato al presente verbale riguardante la verifica dei modelli del dispositivo CRT-D prodotti dalla ditta e attualmente commercializzati in Italia, e le relative caratteristiche tecniche principali.  
Approfondimento delle caratteristiche tecniche dei vari dispositivi.
- 2) Verifica di eventuali differenze per la procedura di impianto ed espianto dei dispositivi.
- 3) Indicazione di studi comparativi (RCT e osservazionali prospettici) in corso o conclusi.
- 4) Disponibilità a fornire i costi per tipologia di modello e composizione del prezzo.
- 5) Disponibilità a fornire i dati dei volumi italiani di vendita (possibilmente per Regione).
- 6) Varie ed eventuali.



Tab 2 CRT-D produced and actually commercialized in the Italian market by Boston Scientific

| Model            | Indication   | Functions   | Remote Monitoring (follow up) | MRI conditional | Antitachycardia Pacing (ATP) in FV zone | Diagnostics for heart failure | Inappropriate ICD shock diagnosis | Quadripolar | Automatic Optimization of Cardiac Resynchronization Therapy (AV and VV intervals optimization) |
|------------------|--|---|-------------------------------|-----------------|---|-------------------------------|-----------------------------------|-------------|--|
| AUTOGEN CRT-D    | These Boston Scientific Cardiac Resynchronization Therapy Defibrillators (CRT-Ds) are indicated for patients with heart failure who receive stable optimal pharmacological therapy (OPT) for heart failure and who meet any one of the following classifications:<br>1. moderate to severe heart failure (NYHA Class III-IV) with EF $\leq$ 35% and QRS duration $\geq$ 120 ms<br>2. Left bundle branch block (LBBB) with QRS duration $\geq$ 130 ms, EF $\leq$ 30%, and mild (NYHA Class II) ischemic or nonischemic heart failure or asymptomatic (NYHA Class I) ischemic heart failure. | double sensors (minute ventilation + accelerometer) with availability of blended sensors; autothresholds RA, RV, LV; storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID), with fine tuning of Rhythm ID, Apnea Scan.                 | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
|                  |  | double sensors (minute ventilation + accelerometer) with availability of blended sensors; autothresholds RA, RV, LV; storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID), with fine tuning of Rhythm ID, Apnea Scan.                 | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
|                  |  | double sensors (minute ventilation + accelerometer) with availability of blended sensors; autothresholds RA, RV, LV; storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID), with fine tuning of Rhythm ID; LV-1 connector, Apnea Scan. | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
| AUTOGEN X4 CRT-D | Boston Scientific CRT-Ds are also intended to provide ventricular antitachycardia pacing and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.   | double sensors (minute ventilation + accelerometer) with availability of blended sensors; autothresholds RA, RV; storage of the onset of arrhythmia with EGM; 8 LV sensing configurations, 17 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID), with fine tuning of Rhythm ID, Apnea Scan.                    | yes                           | no              | yes                                     | yes                           | yes                               | yes         | yes  |
|                  |  | double sensors (minute ventilation + accelerometer) with availability of blended sensors; autothresholds RA, RV; storage of the onset of arrhythmia with EGM; 8 LV sensing configurations, 17 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID), with fine tuning of Rhythm ID, Apnea Scan.                    | yes                           | no              | yes                                     | yes                           | yes                               | yes         | yes  |
| INOGEN CRT-D     | Boston Scientific CRT-Ds are also intended to provide ventricular antitachycardia pacing and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.   | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID);   | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
|                  |  | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID);   | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
| INOGEN X4 CRT-D  | Boston Scientific CRT-Ds are also intended to provide ventricular antitachycardia pacing and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.   | storage of the onset of arrhythmia with EGM; 8 LV sensing configurations, 17 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID);  | yes                           | no              | yes                                     | yes                           | yes                               | yes         | yes  |
|                  |  | storage of the onset of arrhythmia with EGM; 8 LV sensing configurations, 17 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID);  | yes                           | no              | yes                                     | yes                           | yes                               | yes         | yes  |
| Incepta CRT-D    | Boston Scientific CRT-Ds are also intended to provide ventricular antitachycardia pacing and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.   | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID), with fine tuning of Rhythm ID, Apnea Scan.  | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
|                  |  | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID), with fine tuning of Rhythm ID, Apnea Scan.  | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
|                  |  | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID), with fine tuning of Rhythm ID; LV-1 connector, Apnea Scan.  | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
| Energen CRT-D    | Boston Scientific CRT-Ds are also intended to provide ventricular antitachycardia pacing and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.   | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID);   | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
|                  |  | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 2 different families of discriminators (OBDE+ Rhythm ID);   | yes                           | no              | yes                                     | yes                           | yes                               | no          | yes  |
| Punctua CRT-D    | Boston Scientific CRT-Ds are also intended to provide ventricular antitachycardia pacing and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.   | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 1 family of discriminators (OBDE);  | yes                           | no              | no                                      | yes                           | yes                               | no          | no   |
| Punctua NE CRT-D | Boston Scientific CRT-Ds are also intended to provide ventricular antitachycardia pacing and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.   | storage of the onset of arrhythmia with EGM; 5 LV sensing configurations, 6 LV pacing configurations; 1 family of discriminators (OBDE);  | no                            | no              | no                                      | yes                           | yes                               | no          | no   |

Tab 3 CRT-D produced and actually commercialized in the Italian market by Medtronic Inc

| Model            | Indication   | Functions  | Remote Monitoring (follow up)   | MRI conditional | ATP in FV zone | Diagnostics for heart failure | Inappropriate ICD shock diagnosis | Quadripolar | Automatic Optimization of Cardiac Resynchronization Therapy (AV and VV intervals optimization) |     |
|------------------|--|--|---|-----------------|----------------|-------------------------------|-----------------------------------|-------------|--|-----|
| Consulta CRTD    | with atrial therapies  | The system is indicated for use in patients who are at high risk of sudden death due to ventricular tachyarrhythmias and who have heart failure with ventricular dyssynchrony. The device is intended to provide atrial and/or ventricular antitachycardia pacing, cardioversion, and defibrillation for automated treatment of atrial and/or life-threatening ventricular tachyarrhythmias. | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), RV Lead Integrity Alert, Wavelet, PR Logic®, and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Complete Capture Management® Diagnostic (ACM, RVCM, LVCM), OptiVol® Fluid Status Monitoring, Conexus® Wireless Telemetry   | yes             | no             | yes                           | yes                               | yes         | no   | no  |
| Concerto II      |  |  | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), RV Lead Integrity Alert, Wavelet, PR Logic®, and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Capture Management® Diagnostic (LVCM), OptiVol® Fluid Status Monitoring, Conexus® Wireless Telemetry   | yes             | no             | yes                           | yes                               | yes         | no   | no  |
| Protecta XT CRTD |  |  | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR) SmartShock™ Technology (RV Lead Noise Discrimination, RV Lead Integrity Alert, TWave Discrimination, Confirmation+, Wavelet, PR Logic®), and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Complete Capture Management® Diagnostic (ACM, RVCM, LVCM), OptiVol® 2.0 Fluid Status Monitoring, Conexus® Wireless Telemetry  | yes             | no             | yes                           | yes                               | yes         | no   | no  |
| Protecta CRTD    |  |  | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR) SmartShock™ Technology (RV Lead Noise Discrimination, RV Lead Integrity Alert, TWave Discrimination, Confirmation+, Wavelet, PR Logic®), and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Complete Capture Management® Diagnostic (ACM, RVCM, LVCM), Conexus® Wireless Telemetry  | yes             | no             | yes                           | no                                | yes         | no   | no  |
| Viva XT          |  |  | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), PhysioCurve™ Design, AdaptivCRT™ Algorithm, CardioSync™ Optimization, SmartShock™ Technology (RV Lead Noise Discrimination, RV Lead Integrity Alert, TWave Discrimination, Confirmation+, Wavelet, PR Logic®), and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Complete Capture Management® Diagnostic (ACM, RVCM, LVCM), OptiVol® 2.0 Fluid Status Monitoring, Conexus® Wireless Telemetry                                   | yes             | no             | yes                           | yes                               | yes         | no   | yes |
| VIVA™ QUAD XT    |  |  | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), PhysioCurve™ Design, AdaptivCRT™ Algorithm, CardioSync™ Optimization, VectorExpress™ LV Automated Test, SmartShock™ Technology (RV Lead Noise Discrimination, RV Lead Integrity Alert, TWave Discrimination, Confirmation+, Wavelet, PR Logic®), and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Complete Capture Management® Diagnostic (ACM, RVCM, LVCM), OptiVol® 2.0 Fluid Status Monitoring, Conexus® Wireless Telemetry | yes             | no             | yes                           | yes                               | yes         | yes  | yes |
| Viva S           | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), PhysioCurve™ Design, CardioSync™ Optimization, SmartShock™ Technology (RV Lead Noise Discrimination, RV Lead Integrity Alert, TWave Discrimination, Confirmation+, Wavelet, PR Logic®), and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Complete Capture Management® Diagnostic (ACM, RVCM, LVCM), Conexus® Wireless Telemetry | yes  | no  | yes             | no             | yes                           | no                                | no          | no   |     |
| Maximo II CRT-D  | no atrial therapies  | The system is indicated for use in patients who are at high risk of sudden death due to ventricular tachyarrhythmias and   | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), RV Lead Integrity Alert, Wavelet, PR Logic®, and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Conexus® Wireless Telemetry  | yes             | no             | yes                           | no                                | yes         | no   | no  |

| Model        | Indication  | Functions  | Remote Monitoring (follow up) | MRI conditional | ATP in FV zone | Diagnostics for heart failure | Inappropriate ICD shock diagnosis | Quadripolar | Automatic Optimization of Cardiac Resynchronization Therapy (AV and VV intervals optimization) |
|--------------|---|--|-------------------------------|-----------------|----------------|-------------------------------|-----------------------------------|-------------|--|
| Cardia CRT-D | who have heart failure with ventricular dyssynchrony. The device is intended to provide ventricular antitachycardia pacing, cardioversion, and defibrillation for automated treatment of life-threatening ventricular tachyarrhythmias. | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), RV Lead Integrity Alert, Wavelet, PR Logic®, and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable.   | yes                           | no              | yes            | no                            | yes                               | no          | no   |
| Brava        |   | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), PhysioCurve™ Design, CardioSync™ Optimization, SmartShock™ Technology (RV Lead Noise Discrimination, RV Lead Integrity Alert, TWave Discrimination, Confirmation+, Wavelet, PR Logic®), and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Complete Capture Management® Diagnostic (ACM, RVCN, LVCM), Conexus® Wireless Telemetry                                   | yes                           | no              | yes            | no                            | yes                               | no          | no   |
| Brava Quad   |   | Digital implantable cardioverter defibrillator with cardiac resynchronization therapy (DDE-DDDR), PhysioCurve™ Design, CardioSync™ Optimization, VectorExpress™ LV Automated Test, SmartShock™ Technology (RV Lead Noise Discrimination, RV Lead Integrity Alert, TWave Discrimination, Confirmation+, Wavelet, PR Logic®), and ATP programmable in RV/LV/BIV and ATP During Charging™ Feature, Active Can and SVC coil programmable, Complete Capture Management® Diagnostic (ACM, RVCN, LVCM), Conexus® Wireless Telemetry | yes                           | no              | yes            | no                            | yes                               | no          | yes  |

Tab 4 CRT-D produced and actually commercialized in the Italian market by Sorin Group

| Model                      | Indication   | Functions  | Remote Monitoring (follow up) | MRI conditional | ATP in FV zone | Diagnostics for heart failure | Inappropriate ICD shock diagnosis | Quadripolar | Automatic Optimization of Cardiac Resynchronization Therapy (AV and VV intervals optimization) |
|----------------------------|--|--|-------------------------------|-----------------|----------------|-------------------------------|-----------------------------------|-------------|--|
| PARADYM RF CRT-D 9750      | <ul style="list-style-type: none"> <li>Patients who are survivors of cardiac arrest due to ventricular fibrillation or hemodynamically unstable sustained VT after evaluation to define the cause of the event and to exclude any completely reversible causes.</li> <li>Patients with structural heart disease and spontaneous sustained VT, whether hemodynamically stable or unstable.</li> </ul>                               | <p><b>Remote Monitoring and wireless telemetry enabled</b><br/>                     Single sensor system: <b>Accelerometer</b> (Rate Responsive function)<br/> <b>PARAD+ algorithm</b>: 7 enhanced criteria for arrhythmia discrimination (heart rate, rhythm stability, AV association, AV stability, Sudden onset, Sudden onset origin, Long ventricular cycle analysis)<br/> <b>ATP</b> fully and independently programmable in <b>VF zone</b> based on <b>stability criterion</b> to by-pass not-necessary shocks. Automatic ATP reprogramming on therapeutic efficacy base.<br/> <b>Brady-Tachy overlap (BTO)</b>: CRT pacing applied in VT zone<br/> <b>SafeR ↔ CRT switch</b>: automatic switch between RV pacing minimization and CRT pacing in case of AV block</p>   | yes                           | no              | yes            | no                            | yes                               | no          | no   |
| PARADYM RF CRT-D SONR 9770 | <ul style="list-style-type: none"> <li>Patients with syncope of undetermined origin with clinically relevant, hemodynamically significant sustained VT or ventricular fibrillation induced at electrophysiological study.</li> <li>Patients with reduced LVEF due to prior myocardial infarction who are at least 40 days post-myocardial infarction and with symptomatic heart failure or LV dysfunction.</li> </ul>              | <p><b>Remote Monitoring and wireless telemetry enabled</b><br/> <b>Dual sensor system</b>: SonR (CRT optimization and HF monitoring) + Accelerometer (Rate Responsive function)<br/> <b>SonR - Automatic and continuous haemodynamic CRT optimization</b> (AV and VV delay)<br/> <b>HF diagnostic</b>: SonR signal trend linked to contractility changes<br/> <b>PARAD+ algorithm</b>: 7 enhanced criteria for arrhythmia discrimination (heart rate, rhythm stability, AV association, AV stability, Sudden onset, Sudden onset origin, Long ventricular cycle analysis)<br/> <b>ATP</b> fully and independently programmable in <b>VF zone</b> based on <b>stability criterion</b> to by-pass not-necessary shocks. Automatic ATP reprogramming on therapeutic efficacy base.<br/> <b>Brady-Tachy overlap (BTO)</b>: CRT pacing applied in VT zone<br/> <b>SafeR ↔ CRT switch</b>: automatic switch between RV pacing minimization and CRT pacing in case of AV block</p>  | yes                           | no              | yes            | yes                           | yes                               | no          | yes  |
| PARADYM CRT-D 8750         | <ul style="list-style-type: none"> <li>Patients with non-ischemic dilated cardiomyopathy and reduced LVEF with symptomatic heart failure.</li> </ul>   | <p>Single sensor system: <b>Accelerometer</b> (Rate Responsive function)<br/> <b>PARAD+ algorithm</b>: 7 enhanced criteria for arrhythmia discrimination (heart rate, rhythm stability, AV association, AV stability, Sudden onset, Sudden onset origin, Long ventricular cycle analysis)<br/> <b>ATP</b> fully and independently programmable in <b>VF zone</b> based on <b>stability criterion</b> to by-pass not-necessary shocks. Automatic ATP reprogramming on therapeutic efficacy base.<br/> <b>Brady-Tachy overlap (BTO)</b>: CRT pacing applied in VT zone<br/> <b>SafeR ↔ CRT switch</b>: automatic switch between RV pacing minimization and CRT pacing in case of AV block</p>  | no                            | no              | yes            | no                            | yes                               | no          | no   |
| PARADYM 2 CRT-D 8752       | <ul style="list-style-type: none"> <li>Patients with non-sustained VT due to prior myocardial infarction, reduced LVEF and inducible ventricular fibrillation or sustained VT at electrophysiological study.</li> </ul>  | <p>Biventricular pacing therapy is indicated in patients with symptomatic heart failure despite optimal pharmacological therapy, with reduced LVEF and wide QRS. For further details please refer to "ACC/AHA/HRS 2008 Guidelines for Device-Based Therapy of Cardiac Rhythm Abnormalities" or "ACC/AHA/ESC 2006 Guidelines for management of patients with ventricular arrhythmias and the prevention of sudden cardiac death".<br/>                     For biventricular pacing therapy,</p>  | no                            | no              | yes            | no                            | yes                               | no          | no   |
| INTENSIA SONR CRT-D184     | <ul style="list-style-type: none"> <li>Patients with symptomatic heart failure despite optimal pharmacological therapy, with reduced LVEF and wide QRS. For further details please refer to "ACC/AHA/HRS 2008 Guidelines for Device-Based Therapy of Cardiac Rhythm Abnormalities" or "ACC/AHA/ESC 2006 Guidelines for management of patients with ventricular arrhythmias and the prevention of sudden cardiac death".</li> </ul> | <p><b>Remote Monitoring and wireless telemetry enabled</b><br/> <b>Dual sensor system</b>: SonR (CRT optimization and HF monitoring) + <b>Accelerometer</b> (Rate Responsive function)<br/> <b>SonR</b>: Automatic and continuous haemodynamic CRT optimization (AV and VV delay)<br/> <b>HF diagnostic</b>: SonR signal trend linked to contractility changes<br/> <b>PARAD+ algorithm</b>: 7 enhanced criteria for arrhythmia discrimination (heart rate, rhythm stability, AV association, AV stability, Sudden onset, Sudden onset origin, Long ventricular cycle analysis)<br/> <b>ATP</b> fully and independently programmable in <b>VF zone</b> based on <b>stability criterion</b> to by-pass not-necessary shocks. Automatic ATP reprogramming on therapeutic efficacy base.<br/> <b>Brady-Tachy overlap (BTO)</b>: CRT pacing applied in VT zone<br/> <b>SafeR ↔ CRT switch</b>: automatic switch between RV pacing minimization and CRT pacing in case of AV block<br/>                     connessione quadripolare in linea - <b>DF-4</b></p> | yes                           | no              | yes            | yes                           | yes                               | no          | yes  |

| Model                     | Indication  | Functions  | Remote Monitoring (follow up) | MRI conditional | ATP in FV zone | Diagnostics for heart failure | Inappropriate ICD shock diagnosis | Quadripolar | Automatic Optimization of Cardiac Resynchronization Therapy (AV and VV intervals optimization) |
|---------------------------|---|--|-------------------------------|-----------------|----------------|-------------------------------|-----------------------------------|-------------|--|
| PARADYM 2 CRT-D SONR 8772 | please also refer to "2013 ESC Guidelines on cardiac pacing and cardiac resynchronization therapy". | <b>Dual sensor system:</b> SonR (CRT optimization and HF monitoring) + <b>Accelerometer</b> (Rate Responsive function)<br><b>SonR:</b> Automatic and continuous haemodynamic CRT optimization (AV and VV delay)<br><b>HF diagnostic:</b> SonR signal trend linked to contractility changes<br><b>PARAD+ algorithm:</b> 7 enhanced criteria for arrhythmia discrimination (heart rate, rhythm stability, AV association, AV stability, Sudden onset, Sudden onset origin, Long ventricular cycle analysis)<br><b>ATP</b> fully and independently programmable in <b>VF zone</b> based on <b>stability criterion</b> to by-pass not-necessary shocks. Automatic ATP reprogramming on therapeutic efficacy base.<br><b>Brady-Tachy overlap (BTO):</b> CRT pacing applied in VT zone<br><b>SafeR ↔ CRT switch:</b> automatic switch between RV pacing minimization and CRT pacing in case of AV block  | no                            | no              | yes            | yes                           | yes                               | no          | yes  |
| PARADYM SONR TRIV 8970    |   | <b>Multipoint pacing (Triventricular)</b><br><b>Dual sensor system:</b> SonR (CRT optimization and HF monitoring) + <b>Accelerometer</b> (Rate Responsive function)<br><b>SonR:</b> Automatic and continuous haemodynamic CRT optimization (AV and VV delay)<br><b>HF diagnostic:</b> SonR signal trend linked to contractility changes<br><b>PARAD+ algorithm:</b> 7 enhanced criteria for arrhythmia discrimination (heart rate, rhythm stability, AV association, AV stability, Sudden onset, Sudden onset origin, Long ventricular cycle analysis)<br><b>ATP</b> fully and independently programmable in <b>VF zone</b> based on <b>stability criterion</b> to by-pass not-necessary shocks. Automatic ATP reprogramming on therapeutic efficacy base.<br><b>Brady-Tachy overlap (BTO):</b> CRT pacing applied in VT zone<br><b>SafeR ↔ CRT switch:</b> automatic switch between RV pacing minimization and CRT pacing in case of AV block | no                            | no              | yes            | yes                           | yes                               | yes*        | yes  |

yes\*  
(\* multipoint pacing with three dedicated ventricular pacing channels)

Tab 5 CRT-D produced and actually commercialized in the Italian market by St Jude Medical

| Model            | Indication | Functions   | Remote Monitoring (follow up) | MRI conditional | ATP in FV zone | Diagnostics for heart failure | Inappropriate ICD shock diagnosis | Quadripolar | Automatic Optimization of Cardiac Resynchronization Therapy (AV and VV intervals optimization) |
|------------------|------------|---|-------------------------------|-----------------|----------------|-------------------------------|-----------------------------------|-------------|--|
| Promote +        |            | Remote monitoring, Algorithms for maintaining the BiV stimulation, AV and VV optimization QuickOPT, patient alert, Diagnostics (episodes, rhythm).  | yes                           | no              | no             | yes                           | yes                               | no          | yes  |
| Promote Quadra   |            | Remote monitoring, Algorithms for maintaining the BiV stimulation, AV and VV optimization QuickOPT, patient alert, Diagnostics (episodes, rhythm), Automatic management pacing thresholds, advanced diagnostics (FA HF), ShockGuard, ATP during charging (shock-PainFree reduction), lead quadrapolar, CRT toolkit VectSelect.  | yes                           | no              | yes            | yes                           | yes                               | yes         | yes  |
| Unify Quadra     |            | Remote monitoring, Algorithms for maintaining the BiV stimulation, AV and VV optimization QuickOPT, patient alert, Diagnostics (episodes, rhythm), Automatic management pacing thresholds, advanced diagnostics (FA HF), ShockGuard, ATP during charging (shock-PainFree reduction), lead quadrapolar, CRT toolkit VectSelect.  | yes                           | no              | yes            | yes                           | yes                               | yes         | yes  |
| Unify Assura     |            | Remote monitoring, Algorithms for maintaining the BiV stimulation, AV and VV optimization QuickOPT, patient alert, Diagnostics (episodes, rhythm), Automatic management pacing thresholds, advanced diagnostics (FA HF), ShockGuard, ATP during charging (shock-PainFree reduction), Advanced Features of discrimination, DynamicTX, Parylene coating   | yes                           | no              | yes            | yes                           | yes                               | no          | yes  |
| Quadra Assura    |            | Remote monitoring, Algorithms for maintaining the BiV stimulation, AV and VV optimization QuickOPT, patient alert, Diagnostics (episodes, rhythm), Automatic management pacing thresholds, advanced diagnostics (FA HF), ShockGuard, ATP during charging (shock-PainFree reduction), lead quadrapolar, CRT toolkit VectSelect, Advanced Features of discrimination, DynamicTX, Parylene coating                         | yes                           | no              | yes            | yes                           | yes                               | yes         | yes  |
| Quadra Assura MP |            | Remote monitoring, Algorithms for maintaining the BiV stimulation, AV and VV optimization QuickOPT, patient alert, Diagnostics (episodes, rhythm), Automatic management pacing thresholds, advanced diagnostics (FA HF), ShockGuard, ATP during charging (shock-PainFree reduction), lead quadrapolar, CRT toolkit VectSelect, Advanced Features of discrimination, DynamicTX, Parylene coating, MultiPoint stimulation | yes                           | no              | yes            | yes                           | yes                               | yes         | yes  |



## Appendix 2 - LITERATURE SEARCH

**“Implantable cardiac resynchronization therapy and defibrillator (CRT-D) in patient with heart failure”**

### MEDLINE

**Date:** 24 February 2014

**Filters:** *Language:* English, Italian - *Species:* humans - *Time range:* none (2004-2014) - *Study design:* Clinical Trial; Comparative Study; Controlled Clinical Trial; Evaluation Studies; Observational Study; Meta-Analysis; Randomized Controlled Trial

| POPULATION               |     | TECHONOLOGY     |     |                | COMPARATOR           |
|--------------------------|-----|-----------------|-----|----------------|----------------------|
| Heart failure [Mesh]     |     | cardiac         |     | Defibrillator  | cardiac              |
| OR                       |     | resynchroniza   |     | [Title/Abstra  | resynchronization    |
| “Intraventricular        |     | tion therapy    |     | ct]            | therapy [Mesh]       |
| conduction delay”        |     | [Mesh]          |     | OR             | OR                   |
| [Text Word]              |     | OR              |     | implantable    | cardiac              |
| OR                       |     | cardiac         |     | cardioverter   | resynchronization    |
| “Cardiac dyssynchrony”   |     | resynchroniza   |     | defibrillators | [Title/Abstract]     |
| [Text Word]              |     | tion            |     | [Mesh]         | OR                   |
| OR                       |     | [Title/Abstrac] |     | OR             | CRT [Title/Abstract] |
| Ventricular tachycardia  |     | OR              |     | ICD            | OR                   |
| [Mesh]                   |     | CRT             |     | [Title/Abstra  | CRT-P                |
| OR                       |     | [Title/Abstrac] |     | ct]            | [Title/Abstract]     |
| Ventricular fibrillation |     | OR              |     | OR             | OR                   |
| [Mesh]                   | AND | biventricular   | AND | “automatic     | biventricular        |
| OR                       |     | stimulation     |     | internal       | stimulation          |
| Ventricular dysfunction  |     | [Title/Abstrac] |     | defibrillator” | [Title/Abstract]     |
| [Mesh]                   |     | OR              |     | [Title/Abstra  | OR                   |
| OR                       |     | biventricular   |     | ct]            | biventricular pacing |
| cardiac asynchrony       |     | pacing          |     | OR             | [Title/Abstract]     |
| [Text Word]              |     | [Title/Abstrac] |     | “implantable   | OR                   |
| OR                       |     |                 |     | defibrillator” | (cardiac             |
| QRS interval [Text       |     |                 |     | [Title/Abstra  | resynchronization    |
| Word]                    |     |                 |     | ct]            | therapy [Mesh]       |
|                          |     |                 |     | OR             | OR cardiac           |
|                          |     |                 |     | Automatic      | resynchronization    |
|                          |     |                 |     | implantable    | ) AND                |
|                          |     |                 |     | cardioverter   | pacemaker            |
|                          |     |                 |     | defibrillator  | [Title/Abstract]     |

|  |  |   |  |  |  |  |
|--|--|---|--|--|--|--|
|  |  |   |  | [Title/Abstract]<br>OR<br>AICD[Title/Abstract] |  |  |
|  |  | OR  |  |  |  |  |
|  |  | (CRT-D OR CRT-ICD OR Lumax OR Iforia OR Ilesto OR Idova OR Livian OR "Contak Renewal" OR Incepta OR Energen OR Punctua OR Ovatio OR Consulta OR Maximo OR Insync OR Protecta OR Viva OR Brava OR Cardia OR Paradym OR Promote OR Epic OR Atlas OR Unify OR Quadra) [Title/Abstract] |  |  |  |  |
|  |  | OR  |  |  |  |  |
|  |  | Pacemaker-defibrillator [Title/Abstract]  |  |  |  |  |
|  |  | OR  |  |  |  |  |
|  |  | cardiac resynchronization therapy, devices [Mesh]   |  |  |  |  |

Yield: 376

## EMBASE

**Date:** 27 February 2014

**Filters:** *Language:* English, Italian - *Species:* humans - *Time range:* none (2004-2014) - *Study design:* ('clinical trial'/de OR 'clinical trial (topic)'/de OR 'comparative study'/de OR 'controlled clinical trial'/de OR 'controlled study'/de OR 'major clinical study'/de OR 'meta-analysis'/de OR 'multicenter study'/de OR 'observational study'/de OR 'prospective study'/de OR 'randomized controlled trial'/de OR 'randomized controlled trial (topic)'/de OR 'retrospective study'/de)

| POPULATION   |     | TECHONOLOGY   |     |   | COMPARATOR  |
|--|-----|---|-----|---|---|
| 'heart failure'/exp<br>OR<br>'heart ventricle tachycardia'/exp<br>OR<br>'heart ventricle fibrillation'/exp<br>OR | AND | 'cardiac resynchronization therapy'/exp OR<br>(cardiac AND resynchronization:ab,ti) | AND | defibrillator:ab,ti<br>OR<br>'implantable cardioverter defibrillator'/exp OR<br>icd:ab,ti<br>OR | AND<br>'cardiac resynchronization therapy'/exp<br>OR<br>(cardiac AND resynchronization:ab,ti)<br>OR |

|  |   |   |   |
|--|---|---|---|
| 'heart ventricle function'/exp<br>OR<br>'intraventricular conduction delay'<br>OR<br>'cardiac dyssynchrony'<br>OR<br>(cardiac AND asynchrony)<br>OR<br>'heart ejection fraction'/exp<br>OR<br>'qrs interval' | OR<br>crt:ab,ti<br>OR<br>(biventricular AND stimulation: ab,ti) OR<br>(biventricular AND pacing:ab,t)   | (automatic AND internal AND defibrillator: ab,ti) OR<br>(implantable AND defibrillator: ab,ti) OR<br>(automatic AND implantable AND cardioverter AND defibrillator: ab,ti) OR<br>aicd:ab,ti | crt:ab,ti<br>OR<br>'crt p':ab,ti<br>OR<br>(biventricular AND stimulation:ab,ti)<br>OR<br>(biventricular AND pacing:ab,ti)<br>OR<br>('cardiac resynchronization therapy'/exp<br>OR<br>(cardiac AND resynchronization: ab,ti) AND<br>pacemaker:ab,ti) |
|  | OR  |   |   |
|  | 'crt d':ab,ti OR 'crt icd':ab,ti OR lumax:dn<br>OR iforia:dn OR ilesto:dn OR idova:dn<br>OR livian:dn OR 'contak renewal':dn<br>OR incepta:dn OR energen:dn OR punctua:dn OR ovatio:dn OR consulta:dn OR maximo:dn OR insync:dn OR protecta:dn OR viva:dn<br>OR brava:dn OR cardia:dn OR paradym:dn OR promote:dn OR epic:dn OR atlas:dn OR unify:dn OR quadra:dn |   |   |
|  | OR<br>'pacemaker defibrillator':ab,ti   |   |   |
|  | OR<br>'cardiac resynchronization therapy device'/exp  |   |   |

Yield: 630

**Date:** 28 febbraio 2014

**Filters:** *Time range:* 2004-2014 - *Study design:* trials

| POPULATION   |     | TECHONOLOGY  |     |  | COMPARATOR |  |
|--|-----|--|-----|--|------------|--|
| Heart failure [Mesh descriptor]<br>OR<br>"Intraventricular conduction delay"<br>OR<br>"Cardiac dyssynchrony"<br>OR<br>Tachycardia, Ventricular [Mesh descriptor]<br>OR<br>Ventricular fibrillation [Mesh descriptor]<br>OR<br>Ventricular dysfunction [Mesh descriptor]<br>OR<br>cardiac asynchrony [Text Word]<br>OR<br>"Ejection fraction":ti,ab,kw<br>OR<br>QRS interval:ti,ab,kw | AND | cardiac resynchronization therapy [Mesh descriptor]<br>OR<br>cardiac resynchronization:ti,ab,kw<br>OR<br>CRT:ti,ab,kw<br>OR<br>biventricular stimulation [Title/Abstrac]<br>OR<br>biventricular pacing [Title/Abstrac]                                     | AND | Defibrillator:ti,ab,kw<br>OR<br>Defibrillators, Implantable [Mesh descriptor]<br>OR<br>ICD:ti,ab,kw<br>OR<br>automatic internal defibrillator:ti,ab,kw<br>OR<br>"implantable defibrillator":ti,ab,kw<br>OR<br>Automatic implantable cardioverter defibrillator:ti,ab,kw<br>OR<br>AICD:ti,ab,kw | AND        | cardiac resynchronization therapy [Mesh descriptor]<br>OR<br>cardiac resynchronization:ti,ab,kw<br>OR<br>CRT:ti,ab,kw<br>OR<br>CRT-P:ti,ab,kw<br>OR<br>biventricular stimulation:ti,ab,kw<br>OR<br>biventricular pacing:ti,ab,kw<br>OR<br>(cardiac resynchronization therapy [Mesh descriptor] OR cardiac resynchronization ) AND pacemaker:ti,ab,kw |
|  |     | OR   |     |  |            |  |
|  |     | (CRT-D OR CRT-ICD OR Lumax OR Iforia OR Ilesto OR Idova OR Livian OR "Contak Renewal" OR Incepta OR Energen OR Punctua OR Ovatio OR Consulta OR Maximo OR Insync OR Protecta OR Viva OR Brava OR Cardia OR Paradym OR Promote OR Epic OR Atlas OR Unify OR |     |  |            |  |

|  |  |   |  |  |
|--|--|---|--|--|
|  |  | Quadra):ti,ab,kw  |  |  |
|  |  | OR  |  |  |
|  |  | Pacemaker-defibrillator:ti,ab,kw                            |  |  |
|  |  | OR  |  |  |
|  |  | cardiac resynchronization therapy devices [Mesh descriptor] |  |  |

Yield: 110

## Appendix 3 - Excluded studies

### References to excluded studies

#### **Prognostic studies (n=49)**

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- Goldenberg I, Moss AJ, McNitt S et al. Relation between renal function and response to cardiac resynchronization therapy in Multicenter Automatic Defibrillator Implantation Trial--Cardiac Resynchronization Therapy (MADIT-CRT). Heart Rhythm : the Official Journal of the Heart Rhythm Society 2010; 7(12):1777-82.*
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**Upgrading study (n=1)**

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## Appendix 4 – Primary studies

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- Brenyo A, Link MS, Barsheshet A et al. Cardiac resynchronization therapy reduces left atrial volume and the risk of atrial tachyarrhythmias in MADIT-CRT (Multicenter Automatic Defibrillator Implantation Trial with Cardiac Resynchronization Therapy). J Am Coll Cardiol 2011; 58(16):1682-9.*
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- Buber J, Klein H, Moss AJ et al. Clinical course and outcome of patients enrolled in US and non-US centres in MADIT-CRT. *Eur Heart J* 2011; 32(21):2697-704.
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- Cleland JG, Daubert JC, Erdmann E et al. Longer-term effects of cardiac resynchronization therapy on mortality in heart failure [the CARDiac RESynchronization-Heart Failure (CARE-HF) trial extension phase]. *Eur Heart J* 2006; 27(16):1928-32.
- Curtis AB, Worley SJ, Adamson PB et al. Biventricular pacing for atrioventricular block and systolic dysfunction. *New Engl. J. Med.* 2013; 368(17):1585-93.
- Healey JS, Hohnloser SH, Exner DV et al. Cardiac resynchronization therapy in patients with permanent atrial fibrillation: results from the Resynchronization for Ambulatory Heart Failure Trial (RAFT). *Circulation. Heart Failure* 2012; 5(5):566-70.
- Knappe D, Pouleur AC, Shah AM et al. Dyssynchrony, contractile function, and response to cardiac resynchronization therapy. *Circ Heart Fail* 2011; 4(4):433-40.
- Moss AJ, Hall WJ, Cannom DS et al. Cardiac-resynchronization therapy for the prevention of heart-failure events. *New Engl. J. Med.* 2009; 361(14):1329-38.
- Muto C, Solimene F, Gallo P et al. A randomized study of cardiac resynchronization therapy defibrillator versus dual-chamber implantable cardioverter-defibrillator in ischemic cardiomyopathy with narrow QRS: the NARROW-CRT study. *Circ Arrhythm Electrophysiol* 2013; 6(3):538-45.
- Pinter A, Mangat I, Korley V et al. Assessment of resynchronization therapy on functional status and quality of life in patients requiring an implantable defibrillator. *Pacing and Clinical Electrophysiology : PACE* 2009; 32(12):1509-19.
- Pouleur AC, Knappe D, Shah AM et al. Relationship between improvement in left ventricular dyssynchrony and contractile function and clinical outcome with cardiac resynchronization therapy: the MADIT-CRT trial. *Eur Heart J* 2011; 32(14):1720-9.
- Schuchert A, Muto C, Maounis T et al. Lead complications, device infections, and clinical outcomes in the first year after implantation of cardiac resynchronization therapy-defibrillator and cardiac resynchronization therapy-pacemaker. *Europace* 2013; 15(1):71-6.

*Tang AS, Wells GA, Talajic M et al. Cardiac-resynchronization therapy for mild-to-moderate heart failure. N Engl J Med 2010; 363(25):2385-95.*

*van Geldorp IE, Vernooy K, Delhaas T et al. Beneficial effects of biventricular pacing in chronically right ventricular paced patients with mild cardiomyopathy. Europace 2010; 12(2):223-9.*

*Veazie PJ, Noyes K, Li Q et al. Cardiac resynchronization and quality of life in patients with minimally symptomatic heart failure. J Am Coll Cardiol 2012; 60(19):1940-4.*



## Appendix 5 - Included Systematic reviews and Meta Analysis

- Abdulla J, Haarbo J, Kober L, Torp-Pedersen C. Impact of implantable defibrillators and resynchronization therapy on outcome in patients with left ventricular dysfunction - A meta-analysis. Cardiology 2006; 106(4):249-55.*
- Bertoldi EG, Polanczyk CA, Cunha V, Ziegelmann PK, Beck-Da-Silva L, Rohde LE. Mortality reduction of cardiac resynchronization and implantable cardioverter-defibrillator therapy in heart failure: An updated meta-analysis. does recent evidence change the standard of care? J. Card. Fail. 2011; 17(10):860-6.*
- Chen S, Ling Z, Kiuchi MG, Yin Y, Krucoff MW. The efficacy and safety of cardiac resynchronization therapy combined with implantable cardioverter defibrillator for heart failure: A meta-analysis of 5674 patients. Europace 2013; 15(7):992-1001.*
- Chen S, Yin Y, Krucoff MW. Effect of cardiac resynchronization therapy and implantable cardioverter defibrillator on quality of life in patients with heart failure: A meta-analysis. Europace 2012; 14(11):1602-7.*
- Cleland JGF, Abraham WT, Linde C et al. An individual patient meta-analysis of randomized trials assessing the effects of CRT and CRT-D in heart failure in sinus rhythm with a prolonged QRS duration and left ventricular systolic dysfunction. Eur. J. Heart Fail. 2013; 12:S8.*
- Jiang M, He B, Zhang Q. Comparison of CRT and CRT-D in heart failure: Systematic review of controlled trials. Int. J. Cardiol. 2012; 158(1):39-45.*
- Lam SKH, Owen A. Combined resynchronisation and implantable defibrillator therapy in left ventricular dysfunction: Bayesian network meta-analysis of randomised controlled trials. Br. Med. J. 2007; 335(7626):925-8.*
- Wells G, Parkash R, Healey JS et al. Cardiac resynchronization therapy: a meta-analysis of randomized controlled trials. CMAJ 2011; 183(4):421-9.*



## Appendix 6 - Synopsis of included systematic reviews and meta-analysis

| Serial | Study ID   | Population   | Intervention          | Control   | Outcome  | Design (date of searches)  | Results  | Conclusion  | Quality AMSTAR | Notes   |
|--------|--|--|-----------------------|---|--|--|--|---|----------------|---|
| 1      | Abdulla J et al. <i>Cardiology</i> 2006;106:249–255      | LVSD   | CRT<br>ICD<br>ICD+CRT | CRT vs No CRT (univentricular pacemaker or conventional pharmacologic therapy)<br><br>primary prophylactic ICD vs. No ICD (conventional pharmacologic or antiarrhythmic therapy)<br><br>ICD+CRT vs no ICD | Mortality and Hospitalization for Heart Failure<br><br>Functional Status | Meta-analysis of parallel or cross-over randomized controlled or controlled studies: only studies with a treatment period of at least one month were selected. (June 2005) | 20 parallel or cross-over controlled trials (two studies were not randomised) (10853 participants) | CRT reduced all cause mortality and hospitalization for heart failure and improved New York Heart Association class .<br><br>Implantation of ICD reduced all-cause mortality and cardiac mortality.<br><br>Adding ICD to CRT reduced all cause mortality.   | 11/11          | Brief reporting but ICD benefits may in part be due to the young age group of recipients in the ten relevant trials |
| 2      | Lam SKH et al, 2007 doi:10.1136/bmj.39343.511389.BE      | LVSD (ejection fraction <35%);   | ICD<br>CRT<br>CRT-D   | ICD vs CRT-D<br>CRT vs CRT-D<br>CRT-D vs medical therapy  | Mortality  | Bayesian network meta-analysis. (June 2006)  | 12 studies including 1636 events in 8307 patients  | Evidence is insufficient to show the superiority of combined cardiac resynchronisation and implantable cardioverter defibrillator therapy over cardiac resynchronisation therapy alone in patients with left ventricular impairment.  | 11/11          |   |
| 3      | Wells G et al. <i>CMAJ</i> 2011. DOI:10.1503/cmaj.101685 | mildly symptomatic or advanced heart failure, with a QRS interval of more than 120 ms. | CRT<br>CRT-D          | CRT vs optimal medical therapy<br><br>CRT-D vs ICD  | mortality  | randomized trials using a parallel or crossover design. (December 2010)  | 12 studies (n = 7538) were included in meta-analysis.  | the addition of cardiac resynchronization to optimal medical therapy or defibrillator therapy significantly reduces mortality among patients with heart failure. Superiority of CRT+ICD vs ICD remained significant among patients with New York Heart Association (NYHA) class I or II disease (RR 0.80, 95% CI 0.67–0.96) but not among those with class III or IV disease (RR 0.84, 95% CI 0.69–1.07). | 11/11          |   |
| 4      | Bertoldi J et al <i>Cardiac Fail</i> 2011;17:860         | LVSD and HF  |                       | CRT<br>CRT-D<br>ICD<br>Medical therapy  | all-cause mortality.   | all randomized controlled trials reported in Medline, Embase, and the  | Twelve studies were included, with a total of 8,284 randomized patients.                           | Combined CRT and ICD therapy reduces overall mortality in HF patients when compared with ICD alone.   | 11/11          |   |

| Serial | Study ID  | Population   | Intervention | Control      | Outcome  | Design (date of searches)   | Results   | Conclusion   | Quality AMSTAR | Notes   |
|--------|---|--|--------------|--------------|--|---|---|--|----------------|---|
|        | e866  |  |              |              |  | Cochrane Library databases. (NR in main text)   |   |  |                |   |
| 5      | Chen S et al<br>Europace<br>2012; 14,<br>1602–1607<br>doi:10.1093/<br>europace/eu<br>s168 | HF, LVEF<br>≤35%, QRS<br>duration<br>≥120 ms;  | ICD<br>CRT-D | CRT-D vs ICD | QoL  | randomized<br>controlled trials<br>(RCTs) published<br>studies up to 31<br>December 2011 in<br>Medline, Embase, The<br>Cochrane Library, and<br>US Food and Drug<br>Administration<br>website. (December<br>2011)         | Four RCTs with 1655<br>patients were<br>included in this meta-<br>analysis. | CRT-D therapy improves the QoL<br>compared with ICD therapy<br>alone, especially in patients with<br>moderate to severe<br>heart failure.  | 11/11          |   |
| 6      | Jiang M et al,<br>International<br>Journal of<br>Cardiology<br>158 (2012)<br>39–45        | LVSD(ejecti<br>on fraction<br>>35%) and<br>a wide QRS<br>complex<br>(QRS<br>duration<br>N120 ms) | CRT<br>CRT-D | CRT-D vs CRT | all-cause death<br>rate.   | randomised and non-<br>randomised trials of<br>Medline database<br>from 1970 to<br>September 2010.<br>(September 2010)  | A total of 3404<br>patients were<br>retrieved from seven<br>studies         | Superiority of CRT-D over CRT,<br>such as all-cause death rate after<br>one-year follow-up   | 11/11          | However, these<br>findings must be<br>verified in larger,<br>randomised,<br>prospective trials,<br>including with<br>extended patient<br>follow-up. |
| 7      | Cleland JG<br>European<br>Heart Journal<br>(2013) 34,<br>3547–3556                        | LVSD<br>HF   | CRT<br>CRT-D | CRT-D vs CRT | all-cause<br>mortality<br><br>hospitalization<br>for HF.   | An individual patient<br>meta-analysis of five<br>randomized trials,<br>funded by Medtronic<br>Inc>6months of<br>follow up. (CARE-HF,<br>MIRACLE, REVERSE or<br>CRT-D with ICD, RAFT)<br>(Studies published<br>2002-2010) | 3782 patients   | QRS duration is a powerful<br>predictor of the effects of CRT<br>on morbidity and mortality in<br>patients with symptomatic HF<br>and left ventricular systolic<br>dysfunction who are in sinus<br>rhythm. QRSmorphology did not<br>provide additional information<br>about clinical response. | 11/11          | Funded by<br>Medtronic Inc.   |
| 8      | Chen S et al.<br>Europace<br>2013; 15 (7):<br>1532-2092                                   | HF, LVEF<br>≤35% and<br>QRS<br>duration<br>≥ 120   | ICD<br>CRT-D | CRT-D vs ICD | Mortality,<br>hospitalization,<br>improvement<br>clinical<br>conditions,<br>pre-<br>implantation<br>adverse events | From Medline,<br>Embase, The<br>Cochrane Library, and<br>US Food and Drug<br>Administration:<br>Randomized trials<br>enrolling > 50 Pts.<br>(May 2012)  | 8 randomized study<br>selected: 5674<br>Participants included.              | CRT-D had less hospitalizations<br>and all-cause mortality   | 11/11          |   |

## Appendix 7 - Search Strategy – Economic literature

### MEDLINE

**Date:** 11 March 2014

**Limits:** Humans, Publication Date from 2004/01/01 to date, English and Italian

| Health technology  |     |  | Study design  |
|--|-----|--|---|
| cardiac resynchronization therapy [Mesh] OR cardiac resynchronization therapy, devices [Mesh] OR CRT [Title/Abstract] OR “biventricular stimulation” [Title/Abstract] OR “biventricular pacing” [Title/Abstract]   | AND | Defibrillator [Title/Abstract] OR implantable cardioverter defibrillators [Mesh] OR ICD [Title/Abstract] OR “automatic internal defibrillator” [Title/Abstract] OR “implantable defibrillator” [Title/Abstract] OR Automatic implantable cardioverter defibrillator [Title/Abstract] OR AICD[Title/Abstract] | AND (Cost [title/abstract] AND analysis [title/abstract]) OR (“cost minimization” [title/abstract] OR CMA [title/abstract]) OR (“cost effectiveness” [title/abstract] OR CEA [title/abstract]) OR (“cost utility” [title/abstract] OR CUA [title/abstract]) OR (“health care” [Text Word] AND cost*[Text Word]) OR (economic [Text Word] AND (evaluation OR analysis OR aspect OR assessment) [Text Word]) OR “Budget Impact Analysis” [title/abstract] OR BIA [title/abstract] |
| OR   |     |  |   |
| (CRT-D OR CRT-ICD OR Pacemaker-defibrillator OR Lumax OR Iforia OR Ilesto OR Idova OR Livian OR “Contak Renewal” OR Incepta OR Energen OR Punctua OR Ovatio OR Consulta OR Maximo OR Insync OR Protecta OR Viva OR Brava OR Cardia OR Paradym OR Promote OR Epic OR Atlas OR Unify OR Quadra) [Title/Abstract] |     |  |   |

Yield: 23

## EMBASE

**Date:** 12 March 2014

**Limits:** Humans, Publication Date from 2004 to date, English and Italian

| Health technology   |     |  |     | Study design  |
|---|-----|--|-----|---|
| 'cardiac resynchronization therapy'/exp<br>OR<br>'cardiac resynchronization therapy, devices'/exp<br>OR<br>CRT:ab,ti<br>OR<br>'biventricular stimulation':ab,ti<br>OR<br>'biventricular pacing':ab,ti   | AND | defibrillator:ab,ti<br>OR<br>'implantable cardioverter defibrillator'/mj<br>OR<br>ICD:ab,ti<br>OR<br>'automatic internal defibrillator':ab,ti<br>OR<br>'implantable defibrillator':ab,ti<br>OR<br>(automatic AND implantable AND cardioverter AND defibrillator:ab,ti)<br>OR<br>AICD:ab,ti | AND | 'cost analysis'/exp<br>OR<br>( 'cost minimization':ab,ti OR CMA:ab,ti)<br>OR<br>( 'cost effectiveness':ab,ti OR cea:ab,ti )<br>OR<br>( 'cost utility':ab,ti OR cua:ab,ti)<br>OR<br>'health care'/exp AND cost*<br>OR<br>(economic AND ('evaluation'/exp OR 'analysis'/exp OR aspect OR assessment))<br>OR<br>( 'budget impact analysis':ab,ti OR bia:ab,ti) |
| OR  |     |  |     |   |
| ('crt d':ab,ti OR 'crt icd':ab,ti OR 'pacemakerdefibrillator':ab,ti) OR (lumax:dn OR iforia:dn OR ilesto:dn OR idova:dn OR livian:dn OR 'contak renewal':dn OR incepta:dn OR energen:dn OR punctua:dn OR ovatio:dn OR consulta:dn OR maximo:dn OR insync:dn OR protecta:dn OR viva:dn OR brava:dn OR cardia:dn OR paradym:dn OR promote:dn OR epic:dn OR atlas:dn OR unify:dn OR quadra:dn) |     |  |     |   |

Yield: 289

**Date:** 13 March 2014

**Limits:** Publication Date from 2004 to date

| Health technology   |     |   | Study design  |
|---|-----|---|---|
| MeSH descriptor:<br>[Cardiac<br>Resynchronization<br>Therapy] explode all<br>trees<br>OR<br>MeSH descriptor:<br>[Cardiac<br>Resynchronization<br>Therapy Devices]<br>explode all trees<br>OR<br>CRT:ti,ab,kw<br>OR<br>'biventricular<br>stimulation':ti,ab,kw<br>OR<br>'biventricular<br>pacing':ti,ab,kw             | AND | 'defibrillator':ti,ab,kw<br>OR<br>MeSH descriptor:<br>[Defibrillators,<br>Implantable] explode<br>all trees<br>OR<br>ICD:ti,ab,kw<br>OR<br>'automatic internal<br>defibrillator':ti,ab,kw<br>OR<br>'implantable<br>defibrillator':ti,ab,kw<br>OR<br>automatic<br>implantable<br>cardioverter<br>defibrillator:ti,ab,kw<br>OR<br>AICD:ti,ab,kw | AND<br>'cost analysis':ti,ab,kw<br>OR<br>( 'cost minimization': ti,ab,kw OR<br>cma)<br>OR<br>( 'cost effectiveness': ti,ab,kw OR<br>cea)<br>OR<br>( 'cost utility': ti,ab,kw OR cua)<br>OR<br>'health care' and cost*:ti,ab,kw<br>OR<br>economic and (evaluation or<br>analysis or aspect or<br>assessment):ti,ab,kw<br>OR<br>( 'budget impact analysis':<br>ti,ab,kw OR bia) |
| OR  |     |   |   |
| (CRT-D or CRT-ICD or pacemaker-defibrillator or Lumax<br>or Iforia or Ilesto or Idova or Livian or "Contak<br>Renewal" or Incepta or Energen or Punctua or Ovatio<br>or Consulta or Maximo or Insync or Protecta or Viva or<br>Brava or Cardia or Paradym or Promote or Epic or Atlas<br>or Unify or Quadra):ti,ab,kw |     |   |   |

Yield: 27

## Appendix 8 - Extraction sheet

### Economic studies

| <b>General information</b>                                 |   |
|--|---|
| Reviewer name:   |   |
| Date of extraction:  |   |
| Author/Year:   |   |
| Title:   |   |
| Journal:   |   |
| Source of funding:   |   |
| <b>Study Characteristics</b>                               |   |
| Objective of study:  |   |
| Study population:  |   |
| Intervention:  |   |
| Comparator:  |   |
| <b>Economic Study Type</b>                                 | <b>Perspective</b>  |
| Cost-effectiveness Analysis <input type="checkbox"/>       | NHS <input type="checkbox"/>  |
| Cost-utility Analysis <input type="checkbox"/>             | Societal <input type="checkbox"/>                                     |
| Cost-benefit Analysis <input type="checkbox"/>             | Hospital <input type="checkbox"/>                                     |
| Cost-Consequence Analysis <input type="checkbox"/>         | Not Stated <input type="checkbox"/>                                   |
| Cost-Study <input type="checkbox"/>                        | Other <input type="checkbox"/>  |
| Other (specify) <input type="checkbox"/>                   |   |
| Not reported <input type="checkbox"/>                      |   |
| <b>Modelling</b>   |   |
| Was a model used?  |   |
| Yes <input type="checkbox"/>                               |   |
| No <input type="checkbox"/>                                |   |
| If yes, state purpose and type:                            |   |
| <b>Source of Data</b>                                      |   |
| <i>Source of effectiveness data</i>                        | <i>Source of Cost Data</i>  |
| Single study <input type="checkbox"/>                      | Actual source (survey, direct contact, etc.) <input type="checkbox"/> |
| Synthesis of Previous Publication <input type="checkbox"/> | Literature source <input type="checkbox"/>                            |

## **Source of effectiveness data**

### **Effectiveness data from a single study**

#### **Study design**

- RCT
- Non-RCT with concurrent controls
- Cohort study
- Historical control
- Before and after study
- Case series
- Other (specify)
- Not reported

#### **Study population**

- Number of patients in intervention group
- Number subject in control group
- Number excluded from study

#### **Methods of sample selection:**

#### **Follow-up**

- Duration of follow-up:
- Loss to follow-up:

#### **Number of centres:**

#### **Any blinding for assessment of outcomes:**

#### **Analysis of clinical studies:**

- Treatment completers
- Intention to treat

|  |  |
|--|--|
| <b>Study inclusion criteria:</b>   | <b>Study exclusion criteria reported:</b>  |
| <b>Effectiveness results:</b><br><br><b>Study designs included:</b><br>RCT <input type="checkbox"/><br>Non-RCT with concurrent controls <input type="checkbox"/><br>Cohort study <input type="checkbox"/><br>Historical control <input type="checkbox"/><br>Before and after study <input type="checkbox"/><br>Case seies <input type="checkbox"/><br>Other <input type="checkbox"/><br>Not reported | <b>Number of primary studies included:</b>   |
| <b>Sources searched reported:</b>  | <b>Method of combination of primary study:</b>   |
| <b>Criteria used to judge validity:</b><br>Concealment of randomisation <input type="checkbox"/><br>Blind assessment <input type="checkbox"/><br>Low drop out rates <input type="checkbox"/><br>Other (specify) <input type="checkbox"/><br>Not reported <input type="checkbox"/>  | Meta-analysis <input type="checkbox"/><br>Narrative methods <input type="checkbox"/><br>Other (specify) <input type="checkbox"/> |
| <b>Results of the review (Effectiveness results):</b>  |  |
| <b><i>Economic evaluation</i></b>  |  |
| Measures of Benefits used in the Economic Analysis   |  |
| yes <input type="checkbox"/>   |  |
| no <input type="checkbox"/>  |  |
| If yes, specify:   |  |
| Side effect considered   |  |
| yes <input type="checkbox"/>   |  |
| no <input type="checkbox"/>  |  |
| <b>Direct costs: Health service</b>  |  |
| Estimation based on:   |  |
| A guess <input type="checkbox"/>   |  |
| Actual data <input type="checkbox"/>   |  |
| Derived using Modelling <input type="checkbox"/>   |  |
| Other <input type="checkbox"/>   |  |
| Not reported <input type="checkbox"/>  |  |

|  |   |
|--|---|
| <b>Direct costs: Patients</b>                    |   |
| Estimation based on:                             |   |
| A guess  | <input type="checkbox"/>                  |
| Actual data                                      | <input type="checkbox"/>                  |
| Derived using Modelling                          | <input type="checkbox"/>                  |
| Other  | <input type="checkbox"/>                  |
| Not reported                                     | <input type="checkbox"/>                  |
| <b>Source of Direct costs Data:</b>              | <b>Discounting Undertaken?</b>            |
| <b>Price Year:</b>                               | Yes <input type="checkbox"/>              |
| <b>Currency:</b>                                 | No <input type="checkbox"/>               |
|  | <b>Discount rate:</b>                     |
| <b>Indirect costs:</b>                           |   |
| Estimation based on:                             |   |
| A guess  | <input type="checkbox"/>                  |
| Actual data                                      | <input type="checkbox"/>                  |
| Derived using Modelling                          | <input type="checkbox"/>                  |
| Other  | <input type="checkbox"/>                  |
| Not reported                                     | <input type="checkbox"/>                  |
| <b>Source of Indirect costs Data:</b>            | <b>Discounting Undertaken?</b>            |
| <b>Price Year:</b>                               | Yes <input type="checkbox"/>              |
| <b>Currency:</b>                                 | No <input type="checkbox"/>               |
| <b>Conversion rates used:</b>                    | <b>Discount rate:</b>                     |
| <b><i>Statistical / sensitivity analyses</i></b> |   |
| Statistical tests carried out?                   | Types of tests used in analysis of costs: |
| yes <input type="checkbox"/>                     |   |
| no <input type="checkbox"/>                      |   |
| <b>Type of sensitivity analysis</b>              | <b>Areas of uncertainty tested:</b>       |
| One-way analysis <input type="checkbox"/>        |   |
| Two-way analysis <input type="checkbox"/>        |   |
| Multi-way analysis <input type="checkbox"/>      |   |
| Threshold analysis <input type="checkbox"/>      |   |
| Analysis of Extremes <input type="checkbox"/>    |   |
| Probabilistic analysis <input type="checkbox"/>  |   |
| Not reported <input type="checkbox"/>            |   |
| Not carried out <input type="checkbox"/>         |   |
| Other:   |   |

| <b><i>Results of study</i></b>                                |                          |
|---|--------------------------|
| <b>Clinical Outcome/Benefit:</b>                              |                          |
| Duration of benefits  |                          |
| <b>Costs results:</b>   |                          |
| <b>Cost of adverse events considered</b>                      |                          |
| yes   | <input type="checkbox"/> |
| No  | <input type="checkbox"/> |
| Not relevant  | <input type="checkbox"/> |
| <b>How were the estimates of costs and benefits combined?</b> |                          |
| Cost-Life saved   | <input type="checkbox"/> |
| Cost/Life gained  | <input type="checkbox"/> |
| Cos/QALY  | <input type="checkbox"/> |
| Not benefit   | <input type="checkbox"/> |
| Incremental net benefit                                       | <input type="checkbox"/> |
| Other   | <input type="checkbox"/> |
| Not combined  | <input type="checkbox"/> |
| <b>Results of Synthesis of costs and benefits:</b>            |                          |
| <b>Author's conclusion:</b>                                   |                          |
| <b>Reviewer's conclusion:</b>                                 |                          |
| <b>Overall assessment of study quality (CHEERS):</b>          |                          |

Adapted from Bamford J, et al. Current practice, accuracy, effectiveness and cost-effectiveness of the school entry hearing screen. *Health Technol Assess* 2007;11(32).

## Appendix 9 - Excluded studies

### List of excluded studies with reasons for exclusion

#### Not available (n=3):

Biffi, M.; Bertini, M.; Ziacchi, M.; Moschini, C.; Maztotti, A.; Mantovani, V.; Gardini, B.; Cervi, E.; Martignani, C.; Diembtrger, I.; Vaizanta, C.; Domenickini, G., and Boriani, G. Health economy: The true cost of ICDs as based on their longevity in the real-life scenario. *Europace*. 2010; 12i100; ISSN: 1099-5129.

Bruggenjurgan, B.; Israel, C. W.; Klesius, A. A.; Ezzat, N., and Willich, S. N. Health services research in heart failure patients treated with a remote monitoring device in Germany: a retrospective database analysis in evaluating resource use. *J. Med. Econ.* 2012; 15(4):737-745; ISSN: 1369-6998. 1941-837X .

Medical technology advances must be rapidly made available to patients. *Expert Rev. Pharmacoecon. Outcomes Res.* 2005; 5(4):373-375; ISSN: 1473-7167. 1744-8379.

#### Earlier version of previous study (n=1):

Bertoldi, E.G.; Rohde, L.E.; Zimmerman, L.I.; Pimentel, M., and Polanczyk, C.A. Cost-effectiveness of cardiac resynchronization therapy in patients with heart failure: the perspective of middle-income country's public health system. *Europace*. 2011; 13; ISSN: 1099-5129.

#### No technology (n=3):

Wang, P. J. and Al-Ahmad, A. Advances in ICD Therapy. *Card. Electrophysiol. Clin.* 2011; 3(3):xv; ISSN: 1877-9182. 1877-9190.

Whang, W. Single-lead, shock-only ICD therapy reduces sudden death in people with congestive heart failure. *Evid.-Based Cardiovasc. Med.* 2005; 9(2):112-114; ISSN: 1361-2611.

Williams, I. Viewpoint: ICD cost-effectiveness. *Circulation*. 2006; 114(6):f121-f122; ISSN: 0009-7322.

#### No comparison (n=9):

Aidelsburger, P.; Grabein, K.; Klaus, V., and Wasem, J. Cost-effectiveness of cardiac resynchronization therapy in combination with an implantable cardioverter defibrillator (CRT-D) for the treatment of chronic heart failure from a German health care system perspective. *Clin Res Cardiol.* 2008 Feb; 97(2):89-97.

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## Appendix 10 - Included studies

### Cost-effectiveness, cost-utility analysis:

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